

When Faith Isn't Fun: Brokenness

February 15, 2026

1. Brokenness Is Godly Sorrow For Our Sin

- Psalm 51 (CSB). *1 Be gracious to me, God, according to your faithful love; according to your abundant compassion, blot out my rebellion. 2 Completely wash away my guilt and cleanse me from my sin. 3 For I am conscious of my rebellion, and my sin is always before me. 4 Against you — you alone — I have sinned and done this evil in your sight. ... 8 Let me hear joy and gladness; let the bones you have crushed rejoice. 9 Turn your face away from my sins and blot out all my guilt. 10 God, create a clean heart for me and renew a steadfast spirit within me. 11 Do not banish me from your presence or take your Holy Spirit from me. 12 Restore the joy of your salvation to me, and sustain me by giving me a willing spirit. ... 16 You do not want a sacrifice, or I would give it; you are not pleased with a burnt offering. 17 The sacrifice pleasing to God is a broken spirit. You will not despise a broken and humbled heart, God.*
- Joel 2 (CSB). *12 Even now — this is the LORD's declaration — turn to me with all your heart, with fasting, weeping, and mourning. 13 Tear your hearts, not just your clothes, and return to the LORD your God. For he is gracious and compassionate, slow to anger, abounding in faithful love....*
- James 4 (CSB). *7 Therefore, submit to God. Resist the devil, and he will flee from you. 8 Draw near to God, and he will draw near to you. Cleanse your hands, sinners, and purify your hearts, you double-minded. 9 Be miserable and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. 10 Humble yourselves before the Lord, and he will exalt you.*

2. We Either Resist Brokenness (Easy) Or Repent (Hard)

- 2 Corinthians 7 (CSB). *8 For even if I grieved you with my letter, I don't regret it. And if I regretted it — since I saw that the letter grieved you, yet only for a while — 9 I now rejoice, not because you were grieved, but because your grief led to repentance. For you were grieved as God willed, so that you didn't experience any loss from us. 10 For godly grief produces a repentance that leads to salvation without regret, but worldly grief produces death. 11 For consider how much diligence this very thing — this grieving as God wills — has produced in you: what a desire to clear yourselves, what indignation, what fear, what deep longing, what zeal, what justice! In every way you showed yourselves to be pure in this matter.*

3. Worldly Grief Can Fool Us

4. Godly Grief Leads to Repentance

- Are you broken often enough?
- Are you broken deeply enough?

5. Repentance Always Brings Divine Joy

- Isaiah 57 (NIV). *15 For this is what the high and exalted One says— he who lives forever, whose name is holy: "I live in a high and holy place, but also with the one who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite.*

Challenge:

Do you need brokenness in an area of sin right now. If yes, choose repentance.