

Week 10 Summer on the Mount
Weathering Storms
Matthew 6:25-34 & 7:7-11

Matthew 6:25–34 (CSB)

²⁵ “Therefore I tell you: Don’t worry about your life, what you will eat or what you will drink; or about your body, what you will wear. Isn’t life more than food and the body more than clothing? ²⁶ Consider the birds of the sky: They don’t sow or reap or gather into barns, yet your heavenly Father feeds them. Aren’t you worth more than they? ²⁷ Can any of you add one moment to his life span by worrying? ²⁸ And why do you worry about clothes? Observe how the wildflowers of the field grow: They don’t labor or spin thread. ²⁹ Yet I tell you that not even Solomon in all his splendor was adorned like one of these. ³⁰ If that’s how God clothes the grass of the field, which is here today and thrown into the furnace tomorrow, won’t he do much more for you—you of little faith? ³¹ So don’t worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ ³² For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them. ³³ But seek first the kingdom of God and his righteousness, and all these things will be provided for you. ³⁴ Therefore don’t worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 7:7–12 (CSB)

⁷ “Ask, and it will be given to you. Seek, and you will find. Knock, and the door will be opened to you. ⁸ For everyone who asks receives, and the one who seeks finds, and to the one who knocks, the door will be opened. ⁹ Who among you, if his son asks him for bread, will give him a stone? ¹⁰ Or if he asks for a fish, will give him a snake? ¹¹ If you then, who are evil, know how to give good gifts to your children, how much more will your Father in heaven give good things to those who ask him. ¹² Therefore, whatever you want others to do for you, do also the same for them, for this is the Law and the Prophets.

“Don’t worry about your life”

- Anxiety is the normal human emotion of feeling dread, uncertainty, or concern about what **MIGHT** happen in the future.
- Worry on the other hand is “Worry: Meditating on the anxiety of what you cannot control”.
- Jesus says its Unproductive, Unnecessary, and Unworthy.

Matthew 6:27 (CSB) **Can any of you add one moment to his life span by worrying?**

Matthew 6:25b (CSB) “...Isn’t life more than food and the body more than clothing?”

Matthew 6:33 (CSB) **But seek first the kingdom of God and his righteousness, and all these things will be provided for you.**

Two commands “Don’t worry” – “seek the kingdom first” What’s the motivating promise.

Matthew 7:7–12 (CSB)

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FOR Every Alaskan Challenge

Seek first the Kingdom of God for someone you’re worrying about.

Pray for them by name. Put their future in the hands of the good Father. And then ask, “What would I want someone to do for me if I were in their shoes?” Do that this week.