

When Jesus Asks You: Why do you worry?

October 22nd, 2023 Small Group Discussion Questions

Getting Started

Take some time to catch up and connect as a group. Pray before discussion. Expect God to move through your time together!

Pacing Your Group

Move quickly through "observation" leaving enough time for "reflection", "discussion", and "surrender."

Scripture Reading

Re-read the scripture passages as needed when you discuss the questions.

Observation: What does this scripture passage say?

Take some time to look up and read out loud together: Matthew 6:25-34

- 1. What kinds of things does Jesus tell them not to worry about?
- 2. What does Jesus tell us to seek instead of worry about?

Reflection and Discussion: What are some first thoughts flowing from the scriptures? How do the scriptures connect to everyday life.

- 3. We tend to worry about things that are outside of our control. How does that relate to how we exhibit faith?
- 4. Jesus said "Is not life more than food, and the body more than clothes?" In what ways to you struggle to look beyond the everyday needs of life?
- 5. What is the difference between "worrying about tomorrow" and "planning for tomorrow"?
- 6. In what ways does "seeking His righteousness" combat the desire to worry?

Surrender: Responding to God's voice.

7. What is one thing God is saying to you through this study and discussion?

** Take some time to pray for one another in response to what has been discussed today **