

First, watch  
this week's  
video!

**Kindness:  
Showing  
others they  
are valuable  
by how you  
treat them**

### Memory Verse

You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient. Colossians 3:12, NIV

### Bible Story

God Was Kind to Us  
Ephesians 4:32

### Key Question

What does kindness look like?

Use this guide to help your family learn how God wants us to be kind to everyone.

## Activity

### Reaction

#### WHAT YOU NEED:

Paper and crayons, colored pencils, or markers

#### WHAT YOU DO:

Tell your kid that you're going to give them a scenario. It's their job to decide what the "kind" reaction to that scenario would be. But instead of telling you, they have to act it out!

#### Scenarios:

- Your brother spilled chocolate milk all over your homework assignment. Your first response is to yell at him, but what would it look like to show kindness first?
- A new kid moved into your neighborhood. You don't know what to say to them, and you feel awkward because you don't know them, so your first response is to avoid them. But what would it look like to show kindness first?
- You are really mad at your friend. Your first response is to give them the silent treatment, but what would it look like to show kindness first?
- Two of your friends are having an argument. Your first response is to pick a side, but what would it look like to show kindness first?
- Your little brother is nervous about the first day of kindergarten. Your first response is to tease him about being nervous and tell him that kindergarten is no big deal, but what would it look like to show kindness first?

## Talk About the Bible Story

What's something kind someone did for you lately?

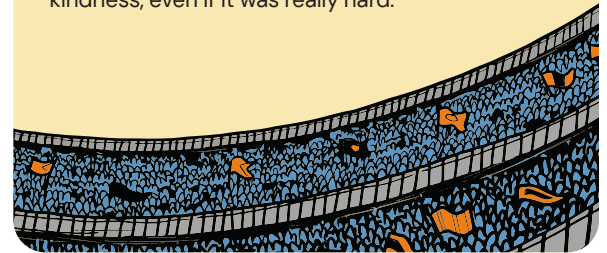
What's something kind you did for someone else lately?

Often our first response isn't to show kindness. What can you do to remind yourself to respond with kindness first?

Why is kindness important? How do you feel when someone is kind to you versus when someone is unkind to you?

God showed us kindness by sending Jesus. What are some ways Jesus showed others they were valuable? How was Jesus kind to others? (*He forgave people, didn't fight, was humble, fed people, helped people when they were sick, listened to people, encouraged people, etc.*)

Parents, talk about a time you chose to show kindness, even if it was really hard.



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for loving us and for always choosing to show kindness to us. You know how we feel, and You care about each one of us. Help us show kindness to others and show them that they're valuable and important. Help us to forgive like You have forgiven us. We love You, God. In Jesus' name we pray, amen."

# Kindness means showing others they are valuable by how you treat them.



## DAY 1

### Read Ephesians 4:32

In the space below, list five of your most valued possessions (things):

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Are the things on your list expensive? Did you save up your own money to purchase something on this list? Was something on this list given to you by someone you love?

This month is all about kindness! Kindness is showing others they are valuable by how you treat them. **You can show kindness to others because God is kind to you!** You are highly valued by God. He made you and proved His love for you when He sent Jesus.

Pray and thank God for His love and kindness toward you. Ask Him to help you see just how valuable you are to Him.

## DAY 2

### Read Joel 2:13

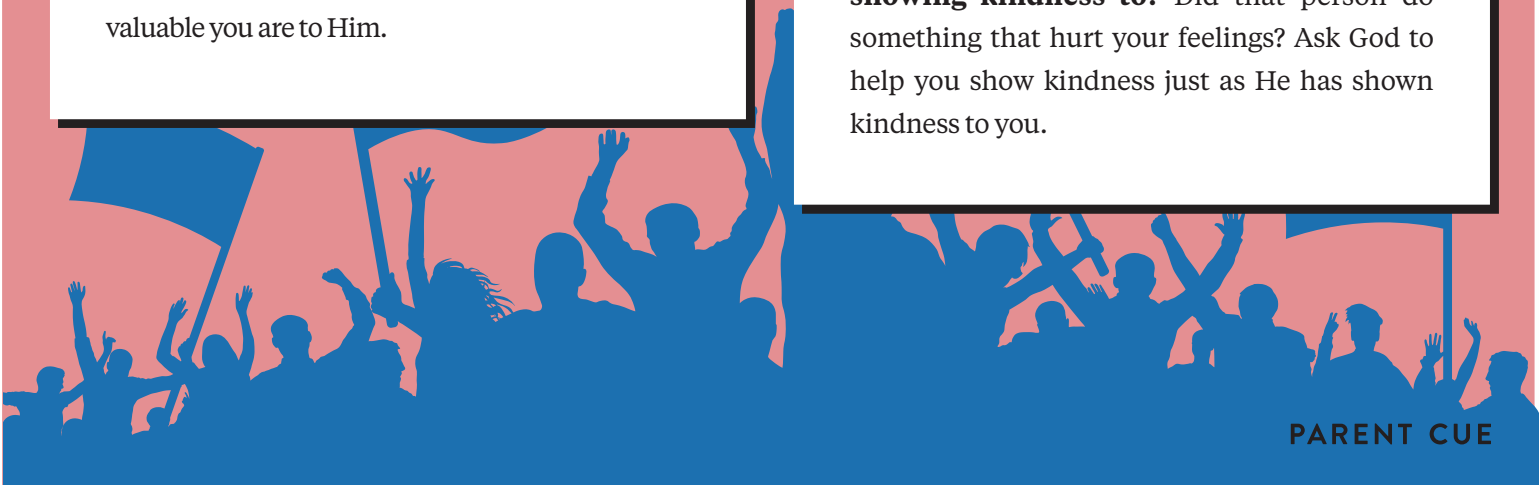
Have you ever messed up? Maybe you told a lie and got caught. Maybe you took something that didn't belong to you. Maybe you said something really hurtful in the middle of an argument that you wish you could take back.

Did you know that 100% of the time, no matter what you've done, that God will treat you with kindness? Below is an incorrect version of today's verse. Cross out the incorrect underlined words and write the correct ones.

**"He is angry and unkind. He is quick to get angry. He is completely out of love."**

All have sinned (messed up). No one is perfect as God is perfect. But God doesn't hold our mistakes and mess ups against us. He is tender and kind, slow to get angry and full of love. And because God is kind to us, even when friends around us mess up, we can choose to be kind to them, too.

**Is there someone you've having trouble showing kindness to?** Did that person do something that hurt your feelings? Ask God to help you show kindness just as He has shown kindness to you.





DAY 3

### Read Titus 3:4-5

Let's say you break something valuable, like your brand-new tablet. When your mom comes home to find it broken, your little sister steps in and says that she did it. So your little sister gets punished and you walk away, even though the broken tablet was your fault.

This is similar to what Jesus did for you. Because God is perfect and we are not, we are separated from God. And no matter how hard we try; we cannot do enough good things to earn our way into a relationship with Him. We cannot make ourselves into perfect humans.

So Jesus stepped in. He took the punishment for all of our mess ups by choosing to die on the cross even when He had done nothing to deserve that punishment. Talk about kindness! Jesus came to save us. He didn't save us because of any good thing we might have done. He saved us by choosing to give His life on the cross to pay the price for our sins.

**Did you know this about Jesus?** If not, read today's GodTime to an adult you trust that follows God. Talk about the kindness Jesus has shown to all of us and how you can choose to follow Him.

DAY 4

### Read Psalm 143:8

What are some things you do as part of your morning routine? Circle all that apply from the list below:

**Brush teeth    Eat breakfast**

**Make my bed**

**Make my lunch    Finish homework**

**Put on my shoes**

**Get dressed    Feed a pet**

**Check my hair**

Psalm 143:8 reminds us that God's love is faithful. That means His kindness is constant. And when we trust in Him, He will show us how to share that kindness with others.

**Grab three index cards or scraps of paper and write out the words of today's verse on each one.** Then select three of the things from the list above that you do each morning to prepare for the day and post each card near those tasks. As you read this verse three times each morning, ask God to help you show kindness to others throughout the day, knowing that He is kind to you.

**Be kind to others because  
God is kind to you.**