Press Play: Get in the Mix

Use this guide to help your family learn how God can help us live with confidence.

First, watch this week's video!

Confidence: learning to see yourself the way God sees you

Memory Verse

"I remain confident of this: I will see the goodness of the Lord in the land of the living." Psalm 27:13, NIV

Bible Story

God So Loved the World John 3:16

Bottom Line

You can be confident because God loves you.

Activity

Never-Ending Story

What You Need:

Eight Index cards (or squares of cut paper), writing utensil

What You Do:

Ask your child to write down four random objects, one per index card, while you do the same. (If your child is just beginning to spell or read, let them draw pictures instead.) Shuffle the index cards and place all eight cards between the two of you, face down.

Say, "You're going to flip over two index cards. Then, you're going to tell a story that has the two things on your index cards in it—no matter how silly it sounds!"

Take turns flipping over the index cards and telling each other madeup stories. If time allows, shuffle the cards again and play another round.

When time is up, say, "Those stories could have gone on forever, right? Kind of like the story we heard today—a never-ending story!"



Talk About the Bible Story

How was our Bible story a "never-ending" story? (Because God loves us forever and Jesus wants to be our friend forever)

Why did Nicodemus visit Jesus? (To ask Him questions, learn more)

Let's read John 3:16 together. (Read John 3:16.)

The writer of this verse is telling us about eternal life. Who gets to have eternal life? (Anyone who believes in Jesus as their Savior)

What does eternal life mean? (To be in God's family forever, while in this life, and after this life is over)

How does it give you confidence to know that God sent Jesus for you?

Parent: If you're a follower of Jesus, share about how you came to be a believer. If you haven't put your trust in Jesus, make a pact with your child that both of you will look up at least three more verses about what it means to put your faith and trust in Jesus. Then, if you have more questions, be sure to follow up with some at your church or a friend who follows Jesus.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You so much for hearing us when we talk to You. You've given us so many things to be thankful for—a roof over our heads, food in our bellies, and friends and family who care about us. But the biggest gift we've ever been offered is the gift of eternal life. You tell us that if we put our faith and trust in Jesus, we can have this gift. Thank You for loving us so much that You sent Your one and only Son so that we could be in Your family forever. Amen."

Confidence means learning to see yourself the way God sees you.



DAY 1

DAY 2

Read John 3:16

This month is all about confidence. When you think about that word, what comes to mind? Write your own definition in the space below:

Maybe you think of confidence as being sure of something or of a belief in yourself. But confidence isn't about how YOU feel about yourself. We're defining confidence as learning to see yourself the way GOD sees you.

How do you think God sees you? What do you think God thinks about when He thinks about you?

We'll let you in on a little secret. God thinks you are amazing. After all, He made you. He's so crazy about you that He did something no one else would do. He sent His only Son, Jesus, so He could have a relationship with you, forever.

Ask an adult for a dry erase marker. On your bathroom mirror, write out John 3:16 all around the sides so that you can still see your own reflection. As you look in the mirror each morning, read the verse and remember just how much you are LOVED. **You can have confidence because God loves you.**

Read John 3:17

God sent Jesus to fix a big problem. You see, God made us to be in relationship with Him. But instead of trusting that God's way is the best way, people sinned. People chose to disobey God and do their own thing. By sending Jesus to die on the cross and take the punishment for our sin, God made a way for us to be forgiven. He sent Jesus because He loves us. God made a way for us to be in a relationship with Him, forever.

Grab your dry erase marker from yesterday and write out this verse somewhere on your mirror. You can even cover where your face goes if you've run out of space.

As you look in mirror, remember that God loves you so much that He sent Jesus, not to make you feel bad when you mess up, but to save you when you do. **That's how much God LOVES you.**

Read Romans 6:23

When you have a job, you earn a wage or paycheck. Your boss or company pays you what you are owed for the work you've done. Because our sin—the things we do in disobedience to God—we should earn to be separated from God.

But there is GOOD news. When we believe in Jesus and turn from our sin (meaning, we choose to go God's way instead of our own), we will NOT be separated from God!

Grab a piece of paper and write out the words of today's verse in big block letters. Draw a box around the words "wages" and "gift." Then draw an arrow from "wages" to the word "death" and "gift" to the words "eternal life." Draw a big X over the word "death." Circle the word "but" three times for emphasis. Finally, highlight or draw sunshine lines around eternal life to emphasize the huge GIFT God has given you through Jesus. Remember, you can have confidence because God loves you.

Show your verse to an adult. Point out all your boxes and arrows and other markings you've made. Then explain this verse in your own words.

You can be confident because God loves you,



Read Romans 10:9-10

Read the following questions and then answer them according to what's written below.

- → Do you like pizza? (Say "yes" and nod your head "yes.")
- → Do you like homework? (Say "no" and nod your head "no.")
- → Do you like to go to the pool? (Say "yes" but nod your head "no.")

Which example felt the weirdest? The last one! Today's verse reminds us that when it comes to trusting Jesus, our heart and our voice have to agree. In other words, it's not just enough to SAY we believe in Jesus and what He's done for us. **We need to believe it in our hearts.**

How do you feel about today's verse? Does your heart and your voice agree?

Have you made a choice to trust Jesus, to believe in your heart that He died and rose again, so you could be forgiven? Have you told anyone about this decision?