

A Season for a Psalm: Week 6, The Cry of the Aged

Dan Jarrell, July 19, 2020
Small Group Discussion Questions

Getting Started

Take some time to catch up and connect as a group. Pray before discussion. Expect God to move through your time together!

Pacing Your Group

Move quickly through "observation" leaving enough time for "reflection", "discussion", and "surrender."

Scripture Reading

Re-read the scripture passages as needed when you discuss the questions.

Observation: What does this scripture passage say?

Read: Psalm 90

1. What frailty, limitations, or weaknesses are expressed in the first half of this psalm? (V1-11)

2. What does Moses ask for in the second half of this psalm? (v12-17)

Reflection and Discussion: What are some first thoughts flowing from the scriptures? Talk together about how the scriptures connect to everyday life.

- 3. The context of this Psalm is Numbers Chapter 20:
 - Miriam, Moses' sister and strongest personal supporter dies. (20:1)
 - The people quarrel with Moses and Aaron over wandering in the wilderness and the lack of water. (20:2-9)
 - In anger Moses strikes the rock that God told him merely to speak to, providing abundant water for others but bringing consequences to both he and Aaron. (20:10-13)
 - Edom, the children of Esau and Israel's brother refuse to allow Israel to cross their land, causing great hardship. (20:14-21)
 - Aaron dies and all Israel weeps. (20:22-29)

Given the context above, what feelings or thoughts may have been on Moses' mind as he wrote Psalm 90?

- 4. How can realizing that "life is short" influence the life of a Christian? (v12)
- 5. Moses asks for three things for himself and his people. Dan calls this "The Man of God's Prayer".
 - Perspective, so that life makes sense.
 - Joy, so that life is full.
 - Legacy, so our lives make a difference for generations to come.

Which of these things feels most important or resonates with you right now? Why?

Surrender: Responding to God's voice.

- 6. What is one thing God is saying to you through this study and discussion?
 - ** Take some time to pray for one another in response to what has been discussed today **