



Getting Back In Spiritual Shape

Joel Engle, December 29, 2019

Small Group Discussion Questions

Getting Started

Take some time to catch up and connect as a group. Pray before discussion. Expect God to move through your time together!

Pacing Your Group

Move quickly through “observation” leaving enough time for “reflection”, “discussion”, and “surrender.”

Scripture Reading

Re-read the scripture passages as needed when you discuss the questions.

Observation: *What does this scripture passage say?*

Read: Colossians 1:9-10, Philippians 4:7, Mark 11:24, John 15:7, 1 Thessalonians 5:17

1. What prayer principles can we learn from these scriptures?

Read: Hebrews 4:12, 1 Peter 1:23, Jeremiah 15:16

2. What do these scriptures tell us about the Word of God?

Read: 1 John 3:6-10

3. What warning does John give in this passage?

Reflection and Discussion: *What are some first thoughts flowing from the scriptures?*

Talk together about how the scriptures connect to everyday life.

4. What does it mean to be in “good spiritual shape”? What does that look like for you personally?

5. A legalist looks at salvation as a wage earned on deeds done. Grace sees salvation as a gift based on Christ’s death. How can we protect ourselves from the dangers of both legalism (religious activity that magnifies personal works and obedience as a means to earn salvation or God’s favor) and laziness (a lack of response to the amazing gift of God’s grace)?

6. *I do sin. I do not want to sin, but I do sin. I am still a Christian. I want to live a righteous life.*

Righteousness is rightness. It’s about alignment not achievement. It’s about willfully surrendering our lives, not about willpower to try and beat sin. When we sin we let the Devil win. Let’s just call it what it is. We will never completely stop sinning, but one way we can live holy lives is by the power of the Holy Spirit. Ask the Holy Spirit every day to show you how to live in alignment with Him. Living in alignment with God is what life is all about.

- What sin are you contending with in your life right now? Would you courageously allow others to support you, pray for you, and know this aspect of your life?

Surrender: Responding to God’s voice.

7. What is one thing God is saying to you through this study and discussion?

**** Take some time to pray for one another in response to what has been discussed today ****

We’re here!

We would love to hear about how things are going in your small group!

Reach out any time with questions, ideas, thoughts, or concerns.

Contact Care & Community Pastor, Michael Warren, (907) 646-4830, michaelw@changepointalaska.com