

**Attention:**

Have you ever felt like life kept pulling you under faster than you could recover? Like every time you caught your breath, another wave hit your soul? Psalm 69 does not begin with a calm prayer—it begins with a man drowning. David cries, ‘Save me, O God; for the waters are come in unto my soul.’ He is not standing on the shore talking about trouble; he is submerged in it. Some people in this room know exactly what that feels like. You can smile in public while silently sinking in private. You can sit in church while your mind feels flooded with fear, exhaustion, betrayal, and unanswered prayers. Psalm 69 is for the person who is tired of pretending they are okay while the deep waters keep rising.

**Need:**

Some people begin questioning God’s love in the waiting. Others begin forcing doors open because patience became too painful. Flesh becomes dangerous when faith grows tired. The waiting season also exposes what we truly trust. Many people trust God when prayers are answered quickly, but what happens when Christ delays? Martha and Mary struggled when Jesus delayed coming while Lazarus died. The disciples struggled when Jesus appeared asleep during the storm. Even David cried, “My eyes fail while I wait for my God.” Waiting reveals whether our faith depends on our commitment or God’s character.

**Background:**

The petitioner is Christ; not as a divine Person, as such He is blessed forever, and stands in no need of help and assistance; but as man, and in distressed and suffering circumstances. David pleaded with God to rescue him from destruction because he bore reproach and rejection by his brethren for the Lord’s sake. Praying that God would avenge the inhumanity of his oppressors, he looked forward to universal praise and restoration. David is giving a distress call to the Lord to rescue him from his trouble.

In his troubles David turned to the Lord. He used the imagery of drowning to describe his being at the brink of death and would have died if God had not rescued him. His problem was brought on by numberless enemies who sought to destroy him. They hated him for no reason and forced him to give up his possessions (which he did not steal). His salvation from the Lord has caused David to live a blessed life. Upon being blessed by the Lord, people have hated him without a sufficient cause. This psalm provides comfort and assurance for those passing through difficult times.

David's life was full of danger and betrayal—[whether fleeing the jealous King Saul or dealing with the rebellion of his son Absalom](#). **He was right with God**, but at times, **he felt lost and defeated**. Prior to God anointing David, he referred to him as *a man after my own heart: someone who would do all My will (Acts 13:22)*. [When you have power with God, your power will be tested](#). **David was often public enemy number one**. When you are ineffective you are not a threat. When you are being attacked for righteousness, you are at the brink of a breakthrough if you are willing to endure ([Gal. 6:9](#)).

## 1. Pleading to Be Saved (v. 1-3).

- a. The psalmist (David) is in deep distress, praying for God to show up.
- b. It is like trying to stay afloat in sinking water, slowly losing your grip.
  - i. David is crying out to God in prayer.
  - ii. Delayed seasons create frustration/fatigue.
- c. Waiting can break a person when they begin interpreting silence as abandonment.
  - i. *“My God, My God, why have You forsaken Me? Why are You so far from helping Me, And from the words of My groaning? O My God, I cry in the daytime, but You do not hear; And in the night season, and am not silent.”* (Psalm 22:1–2).
  - ii. In **Mat. 14:30**, Peter steps out in faith, but begins to sink when he focuses on the storm, crying, “Save me Lord.”
- d. Some come to Christ but never delivered—Demas—**2 Tim. 4:10**.
  - i. Salvation is by grace through faith (**Eph. 2:8**).
  - ii. Put off the old man, which was crucified (**Rom. 6:6**).
- e. Don't let waiting on God cause a relapse in your faith.
- f. **The prayer Line Nobody Wanted:**
  - i. People crowded the altar when the preacher called for healing, breakthrough, and blessing.
  - ii. *The pastor said, “Everyone who is in a waiting season, come.”* Only few come.
    1. People shout over miracles, but few celebrate divine process.

## 2. Losing While Waiting (v. 4-6).

- a. David's problems seem to outnumber his blessings, even life-threatening.
  - i. *The brook had to dry up to find five smooth stones to defeat Goliath.*
- b. When Satan sees your impatience, he will whisper lies.
  - i. He'll say: *God forgot you; God skipped over you*—
    1. *Satan understands exhausted people are vulnerable people.*
  - ii. *“I would have lost heart, unless I had believed That I would see the goodness of the LORD In the land of the living.”* (Psalm 27:13, NKJV).
- c. **The Oil and the Crushing—**
  - i. Olive oil does not come without crushing.
  - ii. *We love the anointing on people's lives, but we rarely understand the pressure they survived to carry it.*
  - iii. *Martha/Mary* struggled when Jesus delayed coming for Lazarus.
  - iv. *The disciples* struggled when Christ slept during their storm.
  - v. *Job* got sicker before he was restored (**John 10:10**).
- d. **A boy watched a caterpillar struggle from its cocoon:**
  - i. To help, he cut the cocoon open, but *the butterfly became weak and never flew.*
  - ii. The struggle was necessary because the pressure strengthened its wings.
    1. Waiting seasons are for strength later.
- e. Imagine how powerful a church would be if it was filled with worshipping people while they waited.
  - i. The season that should've broke you has transformed you.

- ii. *“And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, “which,” He said, “you have heard from Me;” (Acts 1:4, NKJV).*

### 3. Determined to See God Move (v. 7-9).

- a. David had been changed by the power of pursuit for his God, looking like a stranger.
  - i. He was treated like an illegal immigrant because of the anointing on his life.
- b. A man who never prayed suddenly cried out to God in an emergency room.
  - i. *“... there is but a step between me and death.”” (1 Samuel 20:3, NKJV)*
  - ii. Paul and Silas praised God despite prison bars.
    - 1. The difference between emotional praise and mature faith.
    - 2. Anybody can praise God when things are well or after a breakthrough.
- c. Be determined to see God show up at any time.
  - i. *“But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.” (Isaiah 40:31, NKJV).*
  - ii. Waiting seasons deepen prayer lives and teach dependence.
  - iii. Friday on Calvary’s hill looked like a failure, but Sunday brought redemption.
  - iv. The Cross: God’s deepest work is often hidden.
- d. Expect God to manifest Himself in your waiting season.
  - i. *“And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.” (Galatians 6:9, NKJV).*