

# Hearts Set Ablaze

January 28, 2026

**Luke 24:32** *Were not our hearts burning within us while He talked with us on the road and opened the Scriptures to us?*

The Problem, when faith feels cold. There are moments when faith feels quiet. Prayer feels routine. Worship feels familiar but not alive. You still believe. You still show up. You still love God. But if you are honest, something feels missing. Not rebellion. Not doubt. Just distance. A heart can grow cold not because it turns away from God, but because it settles for information instead of intimacy. We know the stories. We know the verses. We know the right answers. Yet our hearts stop burning. And deep down, we miss that fire.

In **Luke 24**, two disciples are walking away from Jerusalem. Away from hope. Away from what they thought God was doing. Jesus is alive, but they do not recognize Him. What is beautiful is that Jesus does not correct them right away. He walks with them. He listens. He opens the Scriptures. He explains the story of God slowly and patiently. And later they say something that reveals everything. “Were not our hearts burning within us while He talked with us on the road?” Their hearts did not burn because circumstances changed. Their hearts burned because Jesus was near. Sometimes what reignites our faith is not a breakthrough, but a conversation with Jesus we did not even realize we needed.

The Truth, Fire Comes From His Presence. Jesus still does this. He walks with us when we are disappointed. He meets us when we are confused. He speaks when we feel numb. He does not shame cold hearts. He warms them. **Psalm 32** reminds us that God does not guide us like a distant instructor. He counsels us with His loving eye on us. He is close. Attentive. Personal. He does not rush the process. He lights the fire slowly. Prayer and fasting are not about forcing passion. They are about positioning ourselves where Jesus can speak again. Where truth moves from our head to our heart. Why do we seek him? We do not fast to prove discipline. We do not pray to impress God. We seek Him because we want our hearts to burn again. We want faith that is alive. We want conviction that moves us. We want intimacy that changes us. And the promise is this. If you walk with Jesus long enough, if you listen closely enough, if you create space for Him to speak, your heart will not stay cold. Fire always follows His presence.

Today Ask yourself honestly where your heart feels dull or distant.

- Invite Jesus into that place instead of avoiding it.
- Read Scripture slowly today and ask God to speak personally, not generally.
- End your prayer by sitting quietly and listening.
- Pray this, “Jesus, walk with me again. Speak to me again. Set my heart ablaze.” And trust this truth. He is already closer than you think.

Ps. Jason D