

# God Moments

January 14, 2026

**Psalm 34:4** *I sought the Lord and he answered me and delivered me from all my fears.*

Have you ever had that moment? That moment when you knew you were on God's radar. That God moment that sticks with you. There are many God moments in scripture, the suddenly moments where God's people cried out to Him. They sought him in their distress. One woman in particular comes to mind in **Mark 5:25-31**. The woman with the issue of blood, she was in a vicious cycle of doctors, illness, and lost finances. After all of this, the bible says she was no better but rather grew worse. This went on for 12 years; that's approximately 4,380 days. I complain when I am sick for a week! Can you relate? Keep in mind because of her impurity she was not supposed to touch anyone. She was very much like a leper, an outcast. The Bible says she suffered terribly, feeling forgotten and alone.

I have had my share of sickness and multiple surgeries. I can remember years ago, laying in a hospital bed at night alone. I could feel the weight of despair bearing down on me. It was at that moment; I began to seek God. I cried out in my fear and loneliness just like **Psalm 34:4**. I prayed, "God, I need to feel your presence. I need to know you are with me". Tears streaming down my face, weeping loudly. I waited, desperate for God to answer. That's when it happened, that God moment. I felt God's hand hold mine. I could feel God clasping my hand. At first, I thought it was my imagination but no, I could feel God holding my hand. It was in that moment, I felt God's peace and strength and I was able to close my eyes and rest. The fear and despair left me and the weight lifted.

The women with the Issue of blood had her God moment. She sought after Jesus. I have seen a beautiful painting that depicts that moment. She is on her knees on the dusty ground. She is crawling through the crowd just to touch the hem of Jesus' garment. She said, "If I touch even his garments, I will be made well". One version of the Bible says, she pushed through the crowd. That's what it takes, faith to believe. Jesus told her, "Daughter, your faith has made you well; go in peace and be healed of your disease".

Look for the God moments. Don't be afraid to seek Him and believe He will answer. I know He will hold your hand.

Reflection:

- Don't be afraid of the God Moments!
- What is the deepest need you have right now?
- Be willing to seek God and believe he will meet your need.

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