

# Fear Falls in His Presence

January 8, 2026

**Isaiah 41:10** *Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.*

**John 4:14** *But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life."*

**2 Timothy 1:7** *For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.*

**Reflect:** Are you encountering God's Presence during our spiritual emphasis time? Are you being filled with His "living water" during your fast? Are you more sensitive to His presence? Or are you still struggling with fear, discouragement, and doubt?

Before I came to faith in Christ, I was thirsty all the time for things of the world that were never satisfied. I loved alcohol and parties. I have had dead-end relationships that could never give unconditional Biblical love. A spirit of fear, discouragement, and doubt hounded me. I was deeply insecure. I was looking for love and for God in all of the wrong places.

## **What is this "living water"?**

To me, living water represents several things, primarily the Presence of the Holy Spirit and the joy of the Lord, which is our strength (Nehemiah 8:10). The Holy Spirit lives within our recreated human Spirit when we accept Jesus Christ as our Lord and Savior.

I remember the first time I sensed the absence of fear and the joy of the Lord. It was only moments after I surrendered my life to Jesus. The weight of fear and sin was lifted from me. Fear and Sin are real – and they have a weight to them, so when they were lifted from me, I FELT it!

At that moment, a weight (what felt like 15 pounds of body weight!) lifted off me, and the peace of God descended upon me. From the center of that peace came what I described at the time as a "wellspring of joy." It was not mere happiness (pleasant feelings based on circumstances). No, this was a great, abounding exhilaration that seemed to come from deep down inside of me. I laughed with a freedom I'd never had before. The laughter was not linked to anything humorous. It was an expression of pure, unbridled liberty and delight.

Today, be reminded, as we stay in God's Presence, fear must fall. Again, God promised through His prophet Isaiah: ***"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."***

**Prayer:**

Lord, fill me with your presence more clearly and purge my fear from my soul. I will not fall to fear but be filled with your living water, and today I rejoice, for I know I have eternal life with you, Christ Jesus.

Ps. Chris