

A person is captured in mid-air, jumping joyfully in a grassy field. The scene is bathed in the warm, golden light of a sunset or sunrise, with the sun low on the horizon behind rolling hills. The person's arms are outstretched, and their hair is flowing, conveying a sense of freedom and movement.

Creating a Culture of Courage

facing life with courage from the inside out

A person is captured in mid-leap, their body arched and arms extended, against a backdrop of a bright sunset. The sun is low on the horizon, creating a strong silhouette effect and a warm, golden glow across the entire scene. The person is wearing a light-colored, short-sleeved shirt and dark pants. The background shows rolling hills and a clear sky with soft clouds.

let's become people of courage

let's begin to work out our courage muscles

let's help each other by creating a culture of courage









A woman is captured in mid-air, jumping joyfully in a grassy field. She is silhouetted against a bright, golden sunset sky. Her arms are outstretched, and her legs are in a dynamic jumping pose. In the background, rolling hills are visible under the warm light of the setting sun. The overall mood is one of freedom, joy, and inspiration.

**courage is
40 years of taking one courageous step at a time**

A person is captured in mid-air, jumping joyfully in a grassy field. The scene is set during sunset or sunrise, with a warm, golden light illuminating the landscape and the person's silhouette. In the background, there are rolling hills and a clear sky with soft clouds. The overall mood is one of freedom and optimism.

Joshua 1

¹ After the death of Moses the Lord's servant, the Lord spoke to Joshua son of Nun, Moses' assistant. He said, ² "Moses my servant is dead.

courage is
facing the reality
of the situation
we're in

Joshua 1

Therefore, the time has come for you to lead these people, the Israelites, across the Jordan River into the land I am giving them. ³ I promise you what I promised Moses: 'Wherever you set foot, you will be on land I have given you— ⁴ from the Negev wilderness in the south to the Lebanon mountains in the north, from the Euphrates River in the east to the Mediterranean Sea in the west, including all the land of the Hittites.' ⁵ No one will be able to stand against you as long as you live. For I will be with you as I was with Moses. I will not fail you or abandon you.

God has a calling
for you

Its an
invitation from
Him to take
Canaanite
territory

He's laid out
boundaries for
you to possess

He promises
His presence for
you as you step
in.

Joshua 1

⁶ "Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. ⁷ Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. ⁸ Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. ⁹ This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

the greatest
challenge of
courage is the
day-to-day

external challenges

internal challenges

i can't-i-tis

yeahbut's

Joshua 1

⁶ "Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. ⁷ Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. ⁸ Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. ⁹ This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

the greatest
challenge of
courage is the
day-to-day

are you
numbing
yourself?

external challenges

addictive
distractions
?

internal challenges

i can't-i-tis

yeahbut's

"I don't
wanna talk
about it"

Joshua 1

⁶ "Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. ⁷ Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. ⁸ Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. ⁹ This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

the greatest
challenge of
courage is the
day-to-day

when we avoid
our insides, we
weaken who we
are

Joshua must
learn to bring his
insides to God

I can only
quiet my
internal parent by
knowing my
Father in
Heaven

A person is captured in mid-air, jumping joyfully in a grassy field. The background is a warm, golden sunset over rolling hills, with the sun low on the horizon, creating a silhouette effect on the person and a soft glow across the landscape. The overall mood is one of freedom, joy, and peace.

be a child

God knows me
I can know Him

this is where the
easy yoke comes

Matthew 11

²⁵ At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. ²⁶ Yes, Father, for this is what you were pleased to do.

²⁷ "All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."



A person is captured in mid-air, jumping joyfully in a grassy field. The background is a warm, golden sunset over rolling hills, with the sun low on the horizon. The person's arms are outstretched, and their legs are bent in a playful leap. The overall mood is one of freedom and happiness.

be a child

God knows me
I can know Him

this is where the
easy yoke comes

we must
learn to be
kind to
ourselves

Matthew 11

²⁵ At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. ²⁶ Yes, Father, for this is what you were pleased to do.

²⁷ "All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am **gentle and humble** in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

A person in a white dress is running across a grassy field towards the right. The background is a warm sunset with orange and yellow light, and distant hills are visible. The person's arms are outstretched, and their hair is flowing. A semi-transparent dark box is on the left, and a yellow circle is on the right.

Joshua 1

¹⁰ Joshua then commanded the officers of Israel,
¹¹ "Go through the camp and tell the people to get their provisions ready. In three days you will cross the Jordan River and take possession of the land the Lord your God is giving you."

We must take
our first step

A person is running across a field towards the right, silhouetted against a bright sunset sky. The sun is low on the horizon, creating a warm, golden glow. The person's arms are outstretched, and their hair is flowing. The background shows rolling hills and a clear sky with some light clouds.

Joshua 1

¹² Then Joshua called together the tribes of Reuben, Gad, and the half-tribe of Manasseh. He told them, ¹³ "Remember what Moses, the servant of the Lord, commanded you: 'The Lord your God is giving you a place of rest. He has given you this land.' ¹⁴ Your wives, children, and livestock may remain here in the land Moses assigned to you on the east side of the Jordan River. But your strong warriors, fully armed, must lead the other tribes across the Jordan to help them conquer their territory. Stay with them ¹⁵ until the Lord gives them rest, as he has given you rest, and until they, too, possess the land the Lord your God is giving them. Only then may you return and settle here on the east side of the Jordan River in the land that Moses, the servant of the Lord, assigned to you."

We must take
our first step



Joshua 1

¹⁶ They answered Joshua, "We will do whatever you command us, and we will go wherever you send us.

¹⁷ We will obey you just as we obeyed Moses. And may the Lord your God be with you as he was with Moses. ¹⁸ Anyone who rebels against your orders and does not obey your words and everything you command will be put to death. So be strong and courageous!"

These tribes gave Joshua courage by being *with him*

Joshua 1

¹⁶ They answered Joshua, "We will do whatever you command us, and we will go wherever you send us.

¹⁷ We will obey you just as we obeyed Moses. And may the Lord your God be with you as he was with Moses. ¹⁸ Anyone who rebels against your orders and does not obey your words and everything you command will be put to death. So be strong and courageous!"

the bible
quoter

*God won't give you
more than you can
handle*

the scolder
*how could you let
this happen?*

the out-doer
*well, if you think
that's bad, this is
what happened
to me*

the
condescender
*Oh, you poor thing.
I feel so sorry for
you!*

These tribes gave
Joshua courage by
being **with him**

mr or mrs fix-it

Joshua 1

¹⁶ They answered Joshua, "We will do whatever you command us, and we will go wherever you send us.


¹⁷ We will obey you just as we obeyed Moses. And may the Lord your God be with you as he was with Moses. ¹⁸ Anyone who rebels against your orders and does not obey your words and everything you command will be put to death. So be strong and courageous!"



These tribes gave Joshua courage by being *with him*

courage means
owning our story



A woman is captured in mid-air, jumping joyfully in a grassy field during a golden sunset. The sun is low on the horizon, creating a warm, orange glow across the sky and the landscape. In the background, there are rolling hills and mountains. Overlaid on the right side of the image are several semi-transparent yellow and orange circles, each containing a line of prayerful text. The woman is wearing a light-colored t-shirt and shorts, and her arms are outstretched as she jumps.

I need help to face
the reality of my
situation

I need to have
God in my life. I
want him to be the
leader in my life.

God help me to
find courage in my
day to day

Lord, I say "yes"
to your invitation to
take back enemy
territory

Because I
haven't received
the kindness of the
Father to me, I'm
harsh with myself
and others

Lord, help me to
be with others
around me