

A silhouette of a person standing in a field, with their right hand raised towards a bright sun in a hazy, golden sky. The person's hand is open, palm facing forward. The sun is positioned directly behind the person's head, creating a strong backlight effect. The overall scene is peaceful and contemplative.

# Worship

Training the Eyes of our Heart

# We Must Train the Eyes of Our Heart to See Rightly

Ephesians 1

<sup>17</sup> I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. <sup>18</sup> **I pray that the eyes of your heart may be enlightened** in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, <sup>19</sup> and his incomparably great power for us who believe.

Paul prays that the eyes of our heart be enlightened

we must steward **and train** the eyes of our heart

this is so that what we see with the eyes of our head can be rightly interpreted

# Focus the Eyes of our Heart on the Risen Christ

Colossians 3

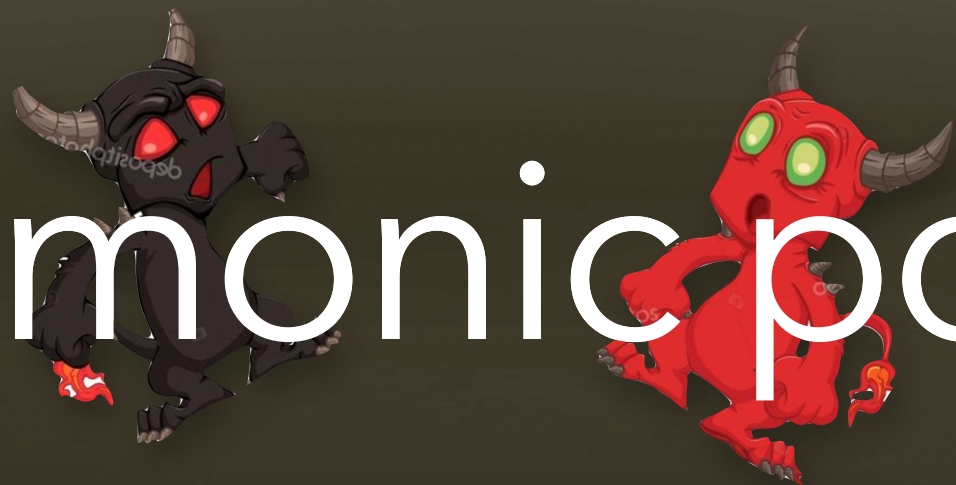
<sup>1</sup> Since, then, you have been raised with Christ, **set your hearts on things above**, where Christ is, seated at the right hand of God. **Set your minds on things above**, not on earthly things. <sup>3</sup> For you died, and your life is now hidden with Christ in God.

Paul tells us to set our hearts and minds on things above - on the Risen Christ

the heavenly realms



all demonic powers



human manipulation,  
deceit and sin



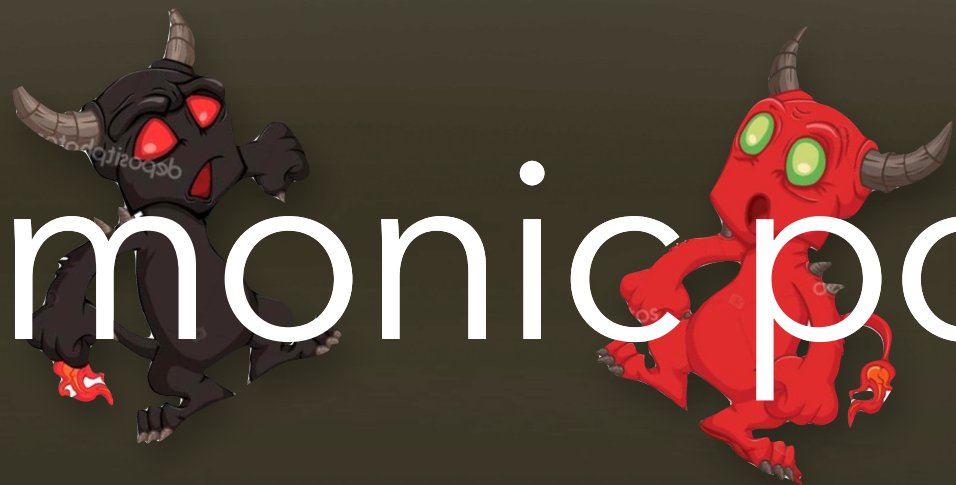
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See Ephesians 1:19-21

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Paul tells us to set our hearts and minds on things above - on the Risen Christ

This is so that we don't preoccupy ourselves by what's happening here at the human level

Worship is a key spiritual practice and discipline to help do this

# Worship Trains Our Eyes on God rather than Earthly Things



Psalm 100

<sup>1</sup> Shout for joy to the Lord, all the earth.

<sup>2</sup> Worship the Lord with gladness;  
come before him with joyful songs.

Worship is  
meant to be  
physical

# Worship Trains Our Eyes on God rather than Earthly Things



Psalm 100

<sup>3</sup> Know that the Lord is God.

It is he who made us, and we are his;  
we are his people, the sheep of his pasture.

Worship is  
meant to be  
physical

Declaring  
and focusing  
on God's  
goodness and  
sovereignty  
trains us

Our feelings  
follow our  
actions



# Worship Trains Our Eyes on God rather than Earthly Things



Psalm 100

<sup>4</sup> Enter his gates with thanksgiving  
and his courts with praise;  
give thanks to him and praise his name.

Worship is  
meant to be  
physical

Declaring  
and focusing  
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goodness and  
sovereignty  
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Our feelings  
follow our  
actions

Thanksgiving  
and praise are  
the paths to  
entering into His  
presence

# Worship Trains Our Eyes on God rather than Earthly Things

Psalm 100

<sup>5</sup> For the Lord is good and his love endures forever;  
his faithfulness continues through all generations.

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physical

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and focusing  
on God's  
goodness and  
sovereignty  
trains us

Our feelings  
follow our  
actions

Thanksgiving  
and praise are  
the paths to  
entering into His  
presence

We root  
ourselves in His  
love and  
faithfulness

# Proverbs 22:6

Train up a child in the way he should go; even when he is old he will not depart from it. ESV

# Proverbs 22:6

Train up a child in the way he should go; even when he is old he will not depart from it. ESV

Point your kids in the right direction - when they're old they won't be lost. MSG

# Proverbs 22:6

Train up a child in the way he should go; even when he is old he will not depart from it. ESV

Point your kids in the right direction - when they're old they won't be lost. MSG

Dedicate your children to God and point them in the way that they should go, and the values they've learned from you will be with them for life. MSG

# *Leading Your Children into Vibrant Worship*

Develop a personal  
worship lifestyle your  
children can walk into

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Develop a personal  
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Lead your children into  
vibrant, passionate and  
free worship

home

LG

Sunday

# Leading Your Children into Vibrant Worship

Develop a personal worship lifestyle your children can walk into

Lead your children into vibrant, passionate and free worship

home

LG

Sunday

Your own facetimes

Leave worship music on

Get rid of impurity

Dads must model!



A silhouette of a person standing in a field, with their right hand raised towards a bright sun. The sun is positioned directly behind the person's head, creating a strong backlighting effect. The person is wearing a long-sleeved shirt and pants. The background shows a vast, open landscape with some grass in the foreground. The overall mood is one of hope, reflection, or spiritual connection.

# Testimonies from Youth Retreat

