

the gospel Jesus' **good news** for all

noun | Greek εὐαγγέλιον (euangelion)



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Qualitative Research Methods

WATCHING YOU EAT
Why You Act How You Do in the Dining-Hall

Abstract

Eating alone is an inevitable aspect of the college life, but why is it the case that so many individuals would rather get take-out than eat alone? In this study, observations were conducted in a college campus dining-hall and interviewees were conducted with fourteen students. Getting take-out is preferred to eating alone in the dining-hall and there are many benefits to getting take-out. Students who have a negative perception of lone-eaters are also the ones who are the most uncomfortable with eating alone – these individuals also tend to have set eating groups. One's family upbringing does not have a significant impact on how individuals will behave on campus. All students, no matter from what kind of a background, enjoy socializing with friends over meals. However, other factors, such as homework or available time, often prevent students from enjoying a meal with friends in the dining-hall. Studying over meals is not as efficient as just studying itself, but it is somewhat helpful and many students will still attempt to do it. Eating alone leads to low food intake while eating with others leads to an increase. Eating with others leads to an increased meal time, which then leads to an increase in food consumption.

40 A man with leprosy came to him and begged him on his knees, "If you are willing, you can make me clean." **41** Jesus was indignant. He reached out his hand and touched the man. "I am willing," he said. "Be clean!" **42** Immediately the leprosy left him and he was cleansed. **43** Jesus sent him away at once with a strong warning: **44** "See that you don't tell this to anyone. But go, show yourself to the priest and offer the sacrifices that Moses commanded for your cleansing, as a testimony to them." **45** Instead he went out and began to talk freely, spreading the news. As a result, Jesus could no longer enter a town openly but stayed outside in lonely places. Yet the people still came to him from everywhere.

Mark 1:40-45

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"Anyone with such a defiling disease must wear torn clothes, let their hair be unkempt, cover the lower part of their face and cry out, 'Unclean! Unclean!' As long as they have the disease they remain unclean. They must live alone; they must live outside the camp."

– Leviticus 13:45-46

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indignant feeling or showing anger or annoyance at what is perceived as unfair treatment
adjective

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Jesus loved outcasts...

and he pursued justice on their behalf...

even at great personal cost.

How will we respond to the outcasts and injustices we see today?

ENGAGE THE (REFUGEE) CRISIS



Who are the outcasts in our society today? And what would it look like practically for us to love them and pursue justice for them just as Jesus did 2000+ years ago?