

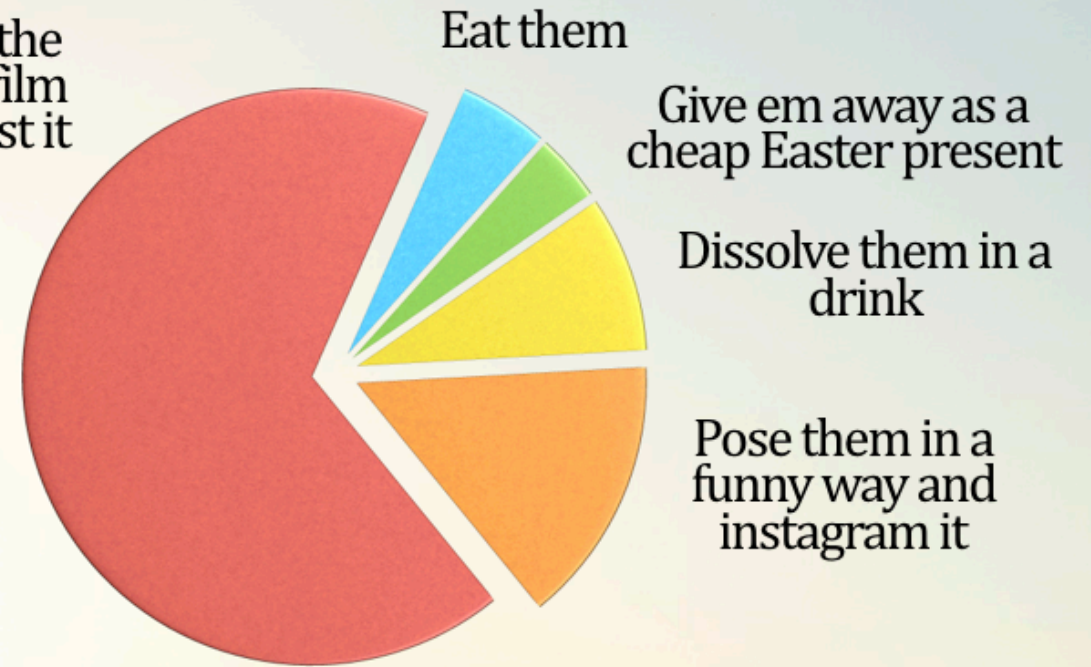


RESURRECTION  
FREEDOM

## What you do with a box of peeps



Put them in the microwave, film them and post it









shape-shifting for friends

achievement

buying lots of stuff

looking for love

"Am I worthy to be loved?"

trying to fill this big hole  
came at great cost



# Because of Easter, we're forgiven from our sin

He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins.

Ephesians 1:7

# Because of Easter, we're given the power to break free from sin

We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. For when we died with Christ we were set free from the power of sin. And since we died with Christ, we know we will also live with him. We are sure of this because Christ was raised from the dead, and he will never die again. Death no longer has any power over him.

Romans 6:6-9



# Because of Easter, we're given the power to break free from sin

Our old way of life was nailed to the cross with Christ, a decisive end to that sin-miserable life—no longer at sin's every beck and call!      Romans 6:6 (The Message)

Now you are free from your slavery to sin      Romans 6:18

## Because of Easter, the anxious are given peace

Don't worry about anything; instead, pray about everything.  
Tell God what you need, and thank him for all he has done.

Then you will experience God's peace, which exceeds  
anything we can understand. His peace will guard your  
hearts and minds as you live in Christ Jesus.

Philippians 4:6-7



# Because of Easter, the deep healing power of Jesus is released

He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed.


1 Peter 2:24

# Because of Easter, you can have the assurance of eternal life

It is by his great mercy that we have been born again, because God raised Jesus Christ from the dead. Now we live with great expectation, and we have a priceless inheritance—an inheritance that is kept in heaven for you, pure and undefiled, beyond the reach of change and decay. And through your faith, God is protecting you by his power until you receive this salvation, which is ready to be revealed on the last day for all to see.

1 Peter 1.3-5





Our *nows* and *tomorrows* are sometimes held hostage  
by what gave us life or protected us *yesterday*

We hold onto a lot of stuff that weighs us down







A woman in a white dress is captured in a dynamic, joyful pose, running or leaping across a grassy field. She is silhouetted against a bright, golden sunset sky, with her arms outstretched and her hair flowing. The background shows rolling hills and mountains under a clear, warm sky. The overall mood is one of freedom, happiness, and liberation.

## Easter gives rest to the weary

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

Matthew 11:28-30





What kind of baggage are you carrying?




*... give it to me ...*



*... come to me ...*



A woman in a white dress is captured in a dynamic, joyful pose, running or leaping across a grassy field. She is silhouetted against a bright, golden sunset sky. Her arms are outstretched, and her hair is blowing in the wind. In the background, rolling hills and mountains are visible under the warm light of the setting sun.

give your burdens to Jesus and receive the  
great exchange of your worth

receive prayer from one of prayer team  
burdens • work + family • health issues

especially if you placed your hand on your  
heart when you prayed to Jesus earlier

A woman in a white dress is captured in a dynamic, leaping pose, her arms and legs extended. She is silhouetted against a bright, golden sunset sky. The background features rolling hills and mountains under a clear, warm sky. The overall mood is one of freedom, joy, and resilience.

# Strengthening Your Soul

facing life with courage from the inside out

new series begins April 24