



## Romance Inventory

I would describe romance as: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Right now, I see these obstacles blocking our way to making romance a priority in our marriage: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The three most romantic things my partner has done for me are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I would like my partner to do more of these romantic things: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I would like my partner to do less of these romantic things: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Use the following statements to evaluate your feelings about your sexual relationship: Use a scale of 1-3 (1 – let's work on it; 2 – doing ok; 3 – doing great! I love it!)

- \_\_ We view sex and passion with positive anticipation
- \_\_ We have no trouble deciding when and how to enjoy physical intimacy
- \_\_ We both communicate during love-making by telling each other what is pleasing
- \_\_ We make love often enough
- \_\_ Gentleness and tenderness are a sufficient part of our sex life
- \_\_ We have enough variety in our love-making
- \_\_ We both sufficiently understand each other's sexual needs and preferences.

In leading up to sex, I like my partner to:

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When we are making love, I like for my partner to:

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When it comes to sex, I become discouraged when:

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I struggle with the following fears or issues regarding sex:

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My partner could help me with those issues by:

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These things help fuel the fire of romance for me (mark Y for "yes" or N for "no.")

Small gifts like candy

Flowers

Non-sexual physical touch

Lingerie

Love notes

Praise in front of others

Praise in private

Sharing fun activities

Extravagant gifts

Dancing

Eating out

Undivided attention

Quality time

Watching you play with the kids

Help with chores or projects (choreplay)

Thoughtful text messages/phone calls

Time away from the kids

Time away from home

Other \_\_\_\_\_

Other \_\_\_\_\_

One thing I have always wanted to tell my partner about sex is:

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