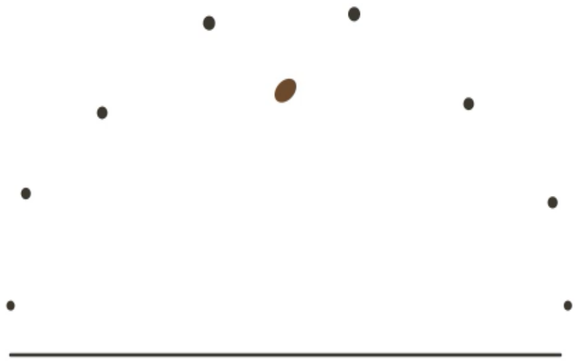

Spirit, Soul & Body

Part 1
Introduction to the Series

Cornerstone Text

1Thessalonians 5:23 Now may the God of shalom Himself make you completely holy; and may your whole spirit and soul and body be kept complete, blameless at the coming of our Lord Yeshua the Messiah.

- To be completely holy, God will impart himself into our entirety, Spirit, Soul & Body.
- "May your whole" This is "all" of our entirety.
- God created us in His image, all 3 are present at creation: Ruach HaKodesh (**Gen 1:2**), Yeshua (**Heb 1:1**) and God (**Gen 1:1**).

  Genesis 1:26 Then God said, "Let Us make man in Our image, after Our likeness!

- God created us to live in these three distinct "dimensions"

First Dimension: Spirit

- It's what Paul listed first [Spirit] (we'll see this again in both the Torah and Tanakh) but more importantly its listed first because through God the Spiritual spoke the physical into existence. Spirit is first!

John 4:24 God is Spirit, and those who worship Him must worship in spirit and truth."

- Worship is a connection with God…
- We can connect with God because we are Spiritual beings.
- We connect to God through our Spirit.
- You couldn't worship God without a Spirit!

Spirit First

- **God's breath (Ruach/Spirit) brought us to life:**

Genesis 2:7 Then Adonai Elohim formed the man out of the dust from the ground and He breathed into his nostrils a breath of life—so the man became a living being.

- **We were created to have fellowship with God:**

Genesis 2:15 Then Adonai Elohim took the man and gave him rest in the Garden of Eden in order to cultivate (Avodah, work/worship) and watch over (Shamar, guard/protect) it.

Genesis 3:8a And they heard the sound of Adonai Elohim going to and fro in the garden in the wind of the day.

The Spiritual World

- God created Humanity to live in three separate dimensions. Most of us are quite familiar with two dimensions; mental and physical, but the deepest and most important part of us is spiritual. It is our connection point to God.

- If God is Spirit (John 4:24) then Spiritual beings are not wispy or less than real forms. It may seem fuzzy to us because we are so wrapped up in this world that we have a hard time connecting to God in the Spiritual world.

- God is real and spiritual things are real, just because they are "hazy" to us doesn't mean it isn't real. The Spiritual created the Natural world. It's more real than this world!

Identities Beyond Our Body

Luke 16:19-31 “Now there was a rich man dressed in purple and fine linen, living it up in luxury every day. But a poor man named Lazarus had been laid at his gate, covered with sores and longing to be fed with what fell from the rich man’s table. Besides, even the dogs were coming to lick his sores. It happened that the poor man died and was carried by the angels to Abraham’s side. Then the rich man also died and was buried. And from Sheol, as he was in torment, he raised his eyes. **And he sees Abraham far off, and Lazarus at his side**. So he cried out and said, ‘Father Abraham, have mercy on me! And send Lazarus so he may dip the tip of his finger in water and cool off my tongue, **because I am suffering torment in this flame**.’ “But Abraham said, ‘Son, remember that in your life you received your good things, even as Lazarus received the bad things. But now he is comforted here, and you are tormented. Besides all this, between us and you a great chasm is firmly set, so that those who want to cross over to you cannot, nor can those from there cross over to us. “Then the rich man said, ‘I beg you then, Father Abraham, send Lazarus to my father’s house! **For I have five brothers to warn, so that they will not also come to this place of torment**.’ “But Abraham says, ‘They have Moses and the Prophets. Let them listen to them.’ “But he said, ‘No, Father Abraham, but if someone from the dead goes to them, they will repent.’ “But Abraham said, ‘If they do not listen to Moses and the Prophets, neither will they be convinced even if someone rises from the dead!’”

Identities Beyond Our Body

- **Identity: Lazarus is still Lazarus, and Abraham is still Abraham.**
- **Memory: The rich man remembers his five brothers and his earthly life.**
- **Recognition: The rich man recognizes Abraham and Lazarus.**
- **Consciousness: He experiences distress and engages in conversation.**
- **Moral accountability: His earthly decisions have consequences beyond death.**

- **The rich man has lost his earthly life, but he has not lost his personal identity.**

Identities Beyond Our Body

Mark 9:2-6 After six days, Yeshua takes with Him Peter and Jacob and John, and brings them up a high mountain by themselves. And He was transfigured before them. His clothes became radiant and brilliantly white, whiter than any launderer on earth could bleach them. Then Elijah appeared to them with Moses, and they were talking with Yeshua. Peter responds to Yeshua, "Rabbi, it's good for us to be here. Let's make three sukkot—one for You, and one for Moses, and one for Elijah." (He didn't know what to say, for they were terrified.)

- Consider what is happening:
- Moses had died centuries earlier (Deuteronomy 34:5–6).
- Elijah had been taken up to heaven (2 Kings 2:11).
- Both retain their individual identities.
- They are distinguishable from one another. Peter recognizes both!
- Luke 9:31 says they speak about Yeshua's coming departure (exodos) in Jerusalem.

Identities Beyond Our Body

Revelation 6:9-11 When the Lamb opened the fifth seal, I saw under the altar the souls of those slaughtered for the sake of the word of God and for the witness they had. And they cried out with a loud voice, saying, "O Sovereign Master, holy and true, how long before You judge those who dwell on the earth and avenge our blood?" Then a white robe was given to each of them, and they were told to rest a little while longer, until the number of their fellow servants was complete—their brothers and sisters who were to be killed as they had been.

- These souls:
- **Remember** the injustice of their deaths.
- **Speak** and cry out to Adonai.
- **Desire** righteous judgment.
- **Receive** white robes.
- Are told to rest until the appointed time.
- They have experienced physical death, yet they retain memory, awareness, and a personal relationship with God.

Scripture	Example	What it teaches
Hebrews 12:22-23	Spirits of the righteous made perfect	The righteous are described as distinct spirits in the heavenly assembly.
Matthew 22:31-32	Abraham, Isaac, and Jacob	Yeshua declares that God is not the God of the dead, but of the living.
Luke 23:42-43	The thief on the cross	Yeshua promises the repentant man that he will be with Him in Paradise.
Philippians 1:21-24	Paul's desire to depart	Paul describes departing this life and being with Messiah as gain.
2 Corinthians 5:6-8	Away from the body	Paul contrasts being at home in the body with being at home with the Lord.
Revelation 7:9-17	The great multitude	Redeemed people retain distinctions of nation, tribe, people, and language in John's heavenly vision.
1 Corinthians 15:35-49	Resurrection of the body	The person who dies is the person God raises, although the body is transformed.

BODY • SOUL • SPIRIT

1 THESSALONIANS 5:23 | THE WHOLE PERSON

BODY

Hebrew: Basar | בשר

Greek: Sōma | σῶμα

PHYSICAL EXISTENCE

Our earthly, physical being through which we interact with creation.

Senses • Actions • Strength

Genesis 2:7 | 1 Cor. 6:19–20
Romans 12:1

SOUL

Hebrew: Nephesh | נפש

Greek: Psychē | ψυχή

PERSONAL IDENTITY / LIFE

The living self — our desires, emotions, personality, and individual life.

Desires • Feelings • Identity

Genesis 2:7 | Psalm 42:5
Matthew 10:28

SPIRIT

Hebrew: Ruach | רוח

Greek: Pneuma | πνεῦμα

SPIRITUAL LIFE

The spiritual dimension of our being through which we relate to Yah.

Awareness • Worship • Communion

Ecclesiastes 12:7 | Romans 8:16
1 Corinthians 2:11

BODY • SOUL • SPIRIT

Deuteronomy 6:4-7 "Hear O Israel, the Lord our God, the Lord is one. Love Adonai your God with all your heart (Levavcha – לְבָבְךָ, Heart/Inner Being/Spirit) and with all your soul (Nafshecha – נַפְשְׁךָ, Soul/Living Self) and with all your strength (Me'odecha – מְאֹדֶךָ, Might/Capacity/Body). These words, which I am commanding you today, are to be on your heart (Levav'cha – לְבָבְךָ, Heart/Inner Being/Spirit) . You are to teach them diligently to your children, and speak of them when you sit in your house, when you walk by the way, when you lie down and when you rise up."

- Same order as Paul in 1 Thessalonians 5!
- The Shema calls us to love God with our entire being, while 1 Thessalonians 5:23 calls for our entire being to be sanctified.

Humanities Problem:

Genesis 6:5-6 Then Adonai saw that the wickedness of humankind was great on the earth, and that every inclination of the thoughts of their heart was only evil all the time. So Adonai regretted that He made humankind on the earth, and His heart was deeply pained.

Jeremiah 17:9 "The heart is deceitful above all things, and incurable—who can know it?

Mark 7:20-23 And He continued, "It is what comes out of the man that makes the man unholy. For from within, out of the heart of men, come evil intentions, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, lustfulness, envy, slander, pride, and foolishness. All these evil things come from within and make the man unholy."

The Problem is Humanities Spirit:

- It is from the Heart (Spirit) that we are corrupted and messed up! God, Jeremiah and Yeshua, all confirmed it.
- Humanities Heart is wrong because we were cut off from the life source; God. We were cut off from God when we sinned…
- Prior to sin:

Genesis 2:25 Now both of them were naked, the man and his wife, and they were not ashamed. (Clothed in light Rev 3:18, Mat 17:2, Psa 104:2)

- Post sin:

Genesis 3:7 Then the eyes of both of them were opened and they knew that they were naked; so they sewed fig leaves together and made for themselves loin-coverings.

- Adam and Chavah experienced immediate spiritual separation from God. Though physically alive, sin brought shame, fear, and broken fellowship with God and the beginning of death's reign over humanity.

Fallout from Sin

- Now Death is coming out of our Heart/Spirit (Like Yeshua said) and not life and the Glory of God surrounding us.
- Immediately after sin Adam experiences a **new** emotion and heart attitude towards God: **Fear** and **Shame**

Genesis 3:7-10 Then the eyes of both of them were opened and they knew that they were naked; so they sewed fig leaves together and made for themselves loin-coverings. And they heard the sound of Adonai Elohim going to and fro in the garden in the wind of the day. So the man and his wife hid themselves from the presence of Adonai Elohim in the midst of the Tree of the garden. Then Adonai Elohim called to the man and He said to him, "Where are you?" Then he said, "Your sound—I heard it in the garden and **I was afraid**. **Because I am naked**, I hid myself."

Fruit of Sin: FEAR

- The problem is since that moment, the Heart of Man is totally changed, disconnected and cut off from God.
  - **Murder / Hatred:** Fear of losing power, position, or acceptance can turn into hatred and violence. (Genesis 4:3–8; John 11:47–53)
  - **Greed / Stinginess:** Fear of not having enough leads to hoarding and withholding from others. (Luke 12:15–21; Matthew 6:25–34)
  - **Manipulation / Control:** Fear of losing control drives deception, coercion, and manipulation. (Genesis 27:5–17; 1 Samuel 15:24)
  - **Lying / Deception:** Fear of consequences causes us to conceal the truth. (Genesis 20:11; Proverbs 29:25)
  - **Jealousy / Envy:** Fear of being replaced or losing significance breeds resentment. (1 Samuel 18:6–12)
  - **Disobedience / Compromise:** Fear of people becomes greater than reverence for God. (Exodus 32:1–4; Galatians 2:11–13)

The Fallout Sequence

- Fear is one of the first fruits of sin. It drives us to hide, lie, control, hoard, hate, and compromise. When we fear losing what we have, we attempt to control what only God can secure.

- **LUST / COVETOUS DESIRE**

- Genesis 3:6 The tree was good for food and pleasing to the eyes.

- **PRIDE**

- Genesis 3:5–6 Desirable for gaining wisdom; the temptation to be like God.

- **DISOBEDIENCE**

- Genesis 3:6 She took its fruit and ate.

- **SHAME**

- Genesis 3:7 They knew they were naked and covered themselves.

- **FEAR**

- Genesis 3:10 I was afraid because I was naked.

- **HIDING & BLAME**

- Genesis 3:8–13 They hid from God and shifted responsibility.

The Fallout Sequence

1John 2:16 For everything in the world—the desire of the flesh, the desire of the eyes, and the boasting of life—is not from the Father but from the world.

James 1:14-16 But each one is tempted when he is dragged away and enticed by his own desire. Then when desire has conceived, it gives birth to sin; and when sin is full grown, it brings forth death. Do not be deceived, my dear brothers and sisters.

- The serpent promised opened eyes and godlike wisdom. What they received was shame, fear, and separation from God's presence. This is what Humanity inherited.

A Change IS Necessary:

- With Humanities Heart (Spirit) pumping out death, all things vile driven by Fear and Shame. Disconnected from God…
- You have to be changed!

John 3:3-7 Yeshua answered him, “Amen, amen I tell you, unless one is born from above (born again), he cannot see the kingdom of God.” “How can a man be born when he is old?” Nicodemus said to Him. “He cannot enter his mother’s womb a second time and be born, can he?” Yeshua answered, “Amen, amen I tell you, unless one is born of water and spirit, he cannot enter the kingdom of God. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be surprised that I said to you, ‘You all must be born from above.’

- Being Born again isn’t a brand-new concept here, Nicodemus is expected to know it because **Moses** (Deut 30:6) **Jeremiah** (31:33) & **Ezekiel** (36:26-27) all were talking about this! A New Heart & Spirit with the Torah written on it!

A New Creation / New Man / New Spirit

- Being Born again with a New Heart/Spirit re-connects us with God and allows us to see Him! "*You cannot see the Kingdom of God unless you are born again*" ~ Yeshua
- New Creation: 2 Corinthians 5:17
- Puts the Torah on your Heart: Deut 30:6, Jer 31:33, Ezek 36:26–27
- Unites you as one new man with Israel: Ephesians 2:15
- God does these things through a rebirth because the opposite of FEAR is LOVE:

1John 4:18 There is no fear in love, but perfect love drives out fear. For fear has to do with punishment, and the one who fears has not been made perfect in love.

2John 1:6 Now this is love: that we walk according to His commands. This is the commandment—just as you heard from the beginning—that you walk in love.

Seeing God & His Kingdom

- Reading the Bible without being born again is like pulling teeth
- Once saved, the Word of God connects with your Spirit and becomes alive! You'll see things you were never able to prior.
- Same with faith, old spirit thinks God promises are fairytales.

1Corinthians 2:12-16 Now we have received not the spirit of the world, but the Spirit who is from God—so we might come to know the things freely given to us by God. These things we also speak—not in words taught by human wisdom but in words taught by the Ruach, **explaining the spiritual to the spiritual**. Now a natural man does not accept the things of the Ruach Elohim, for they are foolishness to him; and he cannot understand them, because they are spiritually discerned. But the one who is spiritual discerns all things, and he himself is discerned by no one. For "who has known the mind of Adonai, that he will instruct Him?" But we have the mind of Messiah.

BEFORE REPENTANCE

A HEART APART FROM GOD

SPIRITUALLY DEAD
Ephesians 2:1
"...you were dead" in your trespasses" and sins."

HARD HEART
Ezekiel 36:26
"A heart of stone..."

SLAVE TO SIN
John 8:34
"Everyone who sins is a slave to sin."

SPIRITUALLY BLIND
2 Corinthians 4:4
"...the god of this age has blinded the minds of unbelievers."

DISTANT FROM GOD
Isaiah 59:2
"Your iniquities have separated you from your God."

SELF-CENTERED AND PROUD
Proverbs 16:18
"Pride goes before destruction."

FRUITLESS
Matthew 7:17-18
"A tree is known by its fruit..." bad tree..." bears bad fruit."

The heart is deceitful above all things,
And desperately wicked;
Who can know it?

JEREMIAH 17:9

AFTER REPENTANCE

A HEART ALIGNED WITH GOD

NEW HEART
Ezekiel 36:26
"I will give you a new heart and put a new spirit within you."

SPIRITUAL LIFE
Ezekiel 37:14
"I will put My Spirit within you and you shall live."

CLOSE TO GOD
James 4:8
"Draw near to God and He will draw near to you."

FILLED WITH HIS LIGHT
John 8:12
"I am the light of the world."

BEARING FRUIT
John 15:5
"...apart from Me you can do nothing."

VICTORY OVER SIN
Romans 6:14
"Sin shall not be master over you."

I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.

EZEKIEL 36:26

REPENT, TURN TO GOD, AND LIVE.

ACTS 3:19

IF WE CONFESS OUR SINS, HE IS FAITHFUL AND JUST
TO FORGIVE US OUR SINS AND TO CLEANSE US FROM ALL UNRIGHTEOUSNESS.

1 JOHN 1:9

Rebirth of Water and Spirit

John 3:5-6 Yeshua answered, “Amen, amen I tell you, unless one is born of water and spirit, he cannot enter the kingdom of God. What is born of the flesh is flesh, and what is born of the Spirit is spirit.

- When we accept Yeshua publicly and are Mikvah/Baptized/Immersed into Him, it’s a NEW SPIRIT BEING BIRTHED! A literal re-birth!
- Baptism isn’t just some symbolic thing, it’s a REAL happening!
- And through being born again we will get a New Body! (Stamping of the Spirit) Rom 8:10-11 at the return of the Messiah!

Colossians 2:10-13 and in Him you have been filled to fullness. He is the head over every ruler and authority. In Him you were also circumcised with a circumcision done not by hand, in the stripping away of the body of the flesh through the circumcision of Messiah. You were buried along with Him in immersion, through which you also were raised with Him by trusting in the working of God, who raised Him from the dead. When you were dead in your sins and the uncircumcision of your flesh, God made you alive together with Him when He pardoned us all our transgressions.

Born Again Righteous!

- In other words, when you are born again, you are right then and there completely changed in Spirit.
- There is no more redemptive work to be done by God on our Spirit
- Our responsibility after God changes our Spirit: Feed your Spirit
- As great as the Apostle Paul was, or as great as Billy Grahm was, the moment even the greatest sinner (like the thief on the cross) accepts Yeshua, we are made righteous in Gods eyes, we are made right with God, and we are now re-connected with God! Just like all the righteous before us!

Our Responsibilities:

1Thessalonians 5:23 Now may the God of shalom Himself make you completely holy; and may your whole spirit and soul and body be kept complete, blameless at the coming of our Lord Yeshua the Messiah.

- Once saved and we become a new creation, we have three core responsibilities (we will cover in this series):

- **1. Grow Your Spirit**
- **2. Renew Your Mind/Soul**
- **3. Control your Body**

Earnest Money; The Ruach HaKodesh

2Corithians 1:21-22 Now it is God who establishes us with you in Messiah. He anointed us, set His seal on us, and gave us the Ruach in our hearts as a pledge.

- **Set His seal = No more redemptive work! It's done provided we continue with Him.**
- **He gave us in our hearts the Spirits security deposit, the holy spirit in us and communicating to our spirit is the earnest money God puts down on the contract.**
- **The contract isn't closed yet, it will close when Yeshua returns and resurrects us with a brand-new Body and Soul (mind)!**
- **The valley of dry bones, become alive with Gods breath! Then we are completely re-born in the resurrection.**
- **What happens if someone doesn't complete a contract, the earnest money is lost… God will get full credit when the contract is complete.**

Born Again, Righteous!

Isaiah 52:1-3 Awake, awake! Clothe yourself in your strength, Zion! Clothe yourself in beautiful garments, Jerusalem, the holy city, for the uncircumcised and the unclean will never invade you again. Shake off the dust and arise! Be enthroned, Jerusalem. Loose the bonds off your neck, captive Daughter of Zion. For thus says Adonai: "You were sold for nothing. So you will be redeemed without silver."

- Because we are redeemed by the Blood of Yeshua with the seal of the Spirit. Far more valuable than money!

- You can't buy it!

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Part 1
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Questions, Comments & Answers