

WEEK 1: ANCHORED IN THE STORM

Small Group Study Guide

Series: Weathering the Storm

Date: January 11, 2026

Scripture: Acts 27:1-44

OVERVIEW

When life feels out of control, God provides anchors to keep us grounded. This week we discover four anchors: God's presence, God's promises, community, and obedience.

KEY VERSE

"Last night an angel of the God whose I am and whom I serve stood beside me... not one of you will be lost." — Acts 27:23-24

MAIN POINTS

1. **THE REALITY:** Life gets out of control—storms come to all of us
 2. **THE ANCHORS:** God's presence, God's promises, community, obedience
 3. **THE OUTCOME:** God keeps His word through the storm
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DISCUSSION QUESTIONS

OPENING

1. What "storm" are you currently facing? How does it make you feel about God's presence?

UNDERSTANDING THE TEXT

Read Acts 27:13-20, 23-24, 30-36

2. Verse 20 says they "gave up all hope." Have you ever felt this way? What helped you hold on?
3. Paul was following God's will yet faced this storm. How does this challenge the idea that obedience protects us from hardship?

THE FOUR ANCHORS

4. Which anchor do you most need to strengthen: God's presence, God's promises, community, or obedience?
5. **God's Presence:** Have you experienced God's presence powerfully during a difficult time? Share about it.
6. **God's Promises:** What Bible promise do you need to hold onto right now?
7. **Community:** What keeps us from being honest about our struggles and asking for help?
8. **Obedience:** What practical step is God calling you to take in your storm?

APPLICATION

9. How can we support others in our group who are in their storm season?
 10. Complete this sentence: "This week, I will anchor myself by..."
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PRAYER TIME

Pray for the storms people are facing. Ask God for strength to drop anchors in His presence, promises, community, and obedience.

THIS WEEK'S CHALLENGE

Choose ONE anchor to strengthen:

- **Presence:** 10-15 min daily prayer/Scripture
 - **Promises:** Find one promise, write it down, speak it daily
 - **Community:** Reach out—don't isolate
 - **Obedience:** Take one practical step
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MEMORY VERSE

"God is our refuge and strength, an ever-present help in trouble." — Psalm 46:1

Next Week: "Not One Will Be Lost: God's Faithfulness in Impossible Situations"