

What is Love? - Love is Kind

1 Corinthians 13:4-19; Micah 6:6-8; Colossians 3:12-14; Romans 8:31-39

What is kindness?

It seems like it should be pretty _____. Unfortunately, it's not. In fact, the Bible doesn't _____ it, at least not clearly or explicitly. Kindness is often lumped in with similar ideas. We define it by the _____ it keeps. Kindness is one of those things we usually know when we _____ it AND when we don't. *Kindness begins with an _____ of the heart that says, "I am FOR this person."* *Kindness then shows itself in body language, words, and actions FOR others.* What are some ways that others have shown you kindness? _____

What are some ways you have shown kindness to others? _____

What keeps us from kindness?

Even though we tend to know what kindness is and that the world needs more of it, *we often _____ to show kindness to others.* It's hard to be FOR others if we don't believe anyone is FOR _____. In order to take our eyes off of ourselves and our needs we need to be _____ someone is FOR us and has our _____. We can't _____ what we don't _____. We can't give from an _____ cup.

How can we grow in kindness?

First, we have to see that _____ is FOR us, not AGAINST us. Second, we have to understand that if God is FOR us, _____ could ever be against us? How does your life show your _____ beliefs about God? Do you believe in a God that is out to get you or others? Or do you believe God is on your side? What evidence do you see in your thoughts, behaviors, and actions towards others? _____

*God is absolutely, positively, 100% FOR you!
We know this because of the incredible kindness he has shown us in his Son, Jesus.*

How do you see God's kindness at work for you in Jesus? _____

How is God calling you to show God's kindness to others? _____

Who are two people you can show kindness to this week? _____

What are some ways you can equip yourself for unplanned acts of kindness this week? _____