



Family Group Questions

For Parents To Ask Students

1. Name one person, place, or thing that is taking up space mentally and emotionally right now or this week?
2. How do you know when you're obsessed with something/someone?
3. Who do you text/Snapchat/DM from 10 p.m. to 8 a.m.? What are you talking about?
4. What do you miss out on when you're too serious about someone or something?
5. Who are you not spending time with?
6. Who do you have in your life that can help you see that you're too into it?
7. Aside from dating, what are the top one or two things you do not want to miss out on in high school? How can obsession cause you to miss out (including youth group)?

For Students To Ask Parents

1. How old were you when you started dating?
2. What was the worst date you ever went on?
3. Looking back on some of your past relationships, would you ever call yourself obsessed? Was anyone ever obsessed with you? If so, how did that make you feel?
4. What was it like dating someone before text/SnapChat? How did you usually talk to each other? How often did you?
5. What are some mistakes you made while you were dating that you don't want me to make? Why don't you want me to?
6. What things in my life would you be sad to see me give up in exchange for a relationship?