



Session 2 — You Were Created to Become Like Christ

Key Passage: 1 John 2:6; 1 Peter 2:21; Ephesians 4:22–24; Ephesians 5:1–2

NOTE TO LEADER

This session focuses on the biblical purpose of DISCIPLESHIP — becoming like Christ. Before your meeting, watch the video, read through this session, and prayerfully choose the questions that best fit your Bridge Group. Encourage participants to keep a Bible open during discussion so they can engage directly with God's Word. Create a safe, grace-filled environment where growth is encouraged, not rushed.

SESSION GOALS

Main Idea:

God's plan for every believer is spiritual maturity — becoming more like Jesus — and this growth happens best in community, not isolation.

Head Change:

To understand from Scripture that discipleship is the lifelong process of becoming like Christ.

Heart Change:

To feel encouraged, hopeful, and motivated to grow spiritually through grace-filled relationships.

Life Change:

To take intentional steps toward Christlikeness by engaging Scripture, community, and obedience.

OPEN

When you hear the word “*discipleship*,” what thoughts or feelings come to mind? Does it feel exciting, intimidating, confusing, or something else? Why?

Who is someone (past or present) who has helped you grow spiritually? What about their influence made a difference?

READ

Read 1 John 2:3–6 aloud together.

Ask someone in the group to summarize what this passage teaches about following Jesus.

WATCH

Before watching the session, listen for these key ideas:

- • What does it truly mean to become like Christ?
- • Why can't spiritual growth happen alone?
- • How does grace, not guilt, fuel discipleship?

Watch Session 2 — You Were Created to Become Like Christ (video).

DISCUSS

1. Living as Jesus Lived

Read: 1 John 2:3–6

Observe:

What does John say is the evidence that someone truly knows Christ?

Interpret:

Why do you think John connects knowing Jesus so closely with living like Jesus?

Apply:

What is one specific area of your life where God may be inviting you to reflect Jesus more clearly this week?

2. Jesus as Our Example

Read: 1 Peter 2:21–23

Observe:

What aspects of Jesus' life and response to suffering stand out in this passage?

Interpret:

What does it mean to “follow in His steps” in everyday, ordinary life?

Apply:

Think of a current situation where you could respond more like Jesus.
What would that look like this week?

3. How Spiritual Growth Happens

Read: Ephesians 4:11–16

Observe:

What roles does God give to the church, and what result are they meant to produce?

Interpret:

Why is spiritual maturity tied to being connected to the body of Christ?

Apply:

How has God used other believers to help you grow in the past? How might He be doing that right now?

4. Putting Off and Putting On

Read: Ephesians 4:22–24

Observe:

What contrasts do you see between the “old self” and the “new self”?

Interpret:

Why does Paul describe discipleship as a process rather than a one-time event?

Apply:

What is one old pattern God may be asking you to put off—and one Christlike habit to put on this week?

5. Rooted in Love, Not Guilt

Read: Ephesians 5:1–2

Observe:

How does Paul describe our identity before giving instructions on how to live?

Interpret:

Why is it important that discipleship flows from being dearly loved children?

Apply:

How does knowing you are already loved by God change how you approach spiritual growth this week?

6. Discipleship Needs Community

Read: Proverbs 27:17; Hebrews 10:24–25

Observe:

What do these passages say about the role of others in spiritual growth?

Interpret:

Why did God design discipleship to happen in community rather than isolation?

Apply:

Who is one person God may want to use to help you grow—and how will you lean into that relationship this week?