



SBSG – Sermon Series – Quitter: Toxic Relationships

The Purpose of a Sermon Based Small Group (to be read at the beginning of each gathering)

The purpose of our small group is to actively pursue Christ through relationships, as we worship, serve, and belong together.

READ ALOUD BY ALL (allow this prayer to shape your time together)

Dear God, help me in this dialogue to be humble & suspend judgment. I recognize that we are all created in your image. Give me courage to stay curious about each other by asking questions. Thank you, God, for this opportunity to meet together and in so doing grow closer to you. AMEN

Sermon Series: Quitter: Toxic Relationships

Opening question: Have you ever had to quit a toxic relationship?

Sermon Synopsis: Boundaries are a healthy aspect of life. While we can't choose lots of the relationships we find ourselves in, we can choose how to navigate them.

Bible Reading

Reading the Bible is about reading for practice and spiritual formation – spiritual formation, in which the reader seeks to be formed by the Spirit of God.

Passage(s) from the sermon: (NRSV) Romans 16:17-18, Proverbs 13:20, Proverbs 16:17, Romans 12:18 (NLT)

What questions do you have about the passages/sermon?

Discipleship Point: Some endings are necessary.

What do you feel God saying to you through these passages and sermon?

Prayer

Share a one or two sentence prayer request with the Small Group for this next week. Remember these prayer requests are about your life not someone else's.

(Sample Prayer)

God, we thank you for your presence with us. We lift up these requests to you knowing that you care deeply about us...we pray for _____ and _____ and (fill in prayer requests) ... God we know that you have heard our request and we release all outcomes to you and your glory. It's in your Son's name Jesus that we pray...**AMEN.**