



How to Bring Joy to the World

Luke 1:39-45

Looking In

Think of a moment in your life that brought you joy. Take time this week to hold this moment to relive it. Whisper a prayer of thanksgiving to God.

When you think about it, what is it that tries to get inside to hinder your joy this season?

If you can't feel joy, deal joy to someone else!

Living Out

Like Mary, what enables us to deal joy is Christ within us!

Will you be like Mary, who went “with haste” and brought joy?

One thing I will do to “deal joy” to someone else this week is:
