

“LIFE HACKS”

Part 1

Relationships

RELATIONSHIPS ARE TOUGH!

THE KEY: ADD VALUE TO PEOPLE’S LIVES!

John Maxwell says -all people are either a plus or minus.

We are bent to be a Minus because of our human selfishness
-when you are a plus you already stand out.

Scott Wilson “You can IMPRESS PEOPLE from afar....but
you IMPACT PEOPLE close up!

-Who IMPACTED YOU GROWING UP?

-WHAT DID THEY DO THAT MADE A DIFFERENCE?

Ephesians 5:1-2 MSG “Watch what God does, and then you do it, like children who learn proper behavior from their parents. Mostly what God does is love you. Keep company with him and learn a life of love. Observe how Christ loved us. His love was not cautious but extravagant. He didn’t love in order to get something from us but to give everything of himself to us. Love like that.”

Philippians 2:1-8 Imitating Christ’s Humility

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, ² then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility VALUE others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others. ⁵ In your relationships with one another, have the same mindset as Christ Jesus: ⁶ Who, being in very nature God, did not consider equality with God something to be used to his own advantage; ⁷ rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. ⁸ And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross!

HOW CAN I ADD VALUE TO THE PEOPLE I LOVE!

1) ADD VALUE BY.....TELLING THEM THEY ARE LOVED!

1 John 3:1 See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!

PARENTS: So many times we feel like failures!

Matthew 7:24-27 “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. ²⁵ The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. ²⁶ But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. ²⁷ The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

HERE IS OUR FIRM FOUNDATION!!!!

Romans 8:35 & 38-39 Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? ³⁸ For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers,³⁹ neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

2) ADD VALUE BY-SPEAKING THEIR LANGUAGE!

5 Love Languages (Gary Chapman)

- 1) Words of Affirmation
- 2) Quality Time
- 3) Gifts
- 4) Acts of Service
- 5) Physical Touch

-SOMETIMES WE MISCOMMUNICATE!!!!!

3) ADD VALUE BY -BEING ATTENTIVE!

WE ADD VALUE BY PAYING ATTENTION TO SOMEONE!

ATTENTIVE: Paying CLOSE attention to something!

Matthew 6:8 your Father knows what you need before you ask him.

Luke 12:6-7 “What is the price of five sparrows—two copper coins? Yet God does not forget a single one of them.⁷ And the very hairs on your head are all numbered. So don’t be afraid; you are more valuable to God than a whole flock of sparrows.

- Seeing and DOING something before you are even asked!
- Telling them they are loved!
- Speaking their love language!
- Being attentive!

4) ADD VALUE BY SPEAKING LIFE!

Proverbs 18:21 “The Tongue has the power of life and death!”

Proverbs 28:16 “The tongue of the wise brings healing”

Proverbs 15:4 “The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit.”

1 Corinthians 14:3 But one who prophesies strengthens others, encourages them, and comforts them.

Jeremiah 29:11 For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.

- 1) Compliments are FREE!!
- 2) Encouragement is FREE!!
- 3) Prayer is FREE!
- 4) Saying “I AM SORRY” is FREE!
- 5) Saying Thank You is FREE!
- 6) Asking how someone is doing is FREE!

Phrases like these will really help:

I'M SO PROUD OF YOU

I BELIEVE IN YOU

YOU DO THAT SO WELL

THANKS FOR ALL YOU DO

RESPONSE:

-HOW can I show value to someone THIS WEEK!

-WHO can I show value to THIS WEEK!

-NEED RELATIONSHIP WITH JESUS! Text FOLLOWJESUS to 21000