

Getting Past your Past

1. COMPARE condemnation and conviction

There are a number of ways to distinguish between the two:

CONDEMNATION > CONVICTION

utilize guilt > utilize Godly sorrow

deals with confessed sin > deals with unconfessed sin

creates distance between you & God > creates closeness between you & God

shows you the problem > shows you the Answer

leads to shame > leads to repentance

Romans 8:1-2

Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

2. COMPREHEND what Jesus did for you

Romans 8:3

For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh,

John 14:6

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me.

- Our view of our past changes, when we include a view of the cross, of what Jesus did for us
- Our past is forgiven

3. COMMIT to live according to the Spirit

- A big way to defeat your past is to dedicate your present to Jesus

Romans 8:4

in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

- You can't hold onto trash and the truth at the same time.

FINAL THOUGHT

Our actions to try to make things right can help restore human relationships, but trying to earn forgiveness from God is still operating in the flesh, not the Spirit. Only God's act of standing in for us can restore our relationship with God.