

## LET'S GO.....LET'S SLOW

We can all get so carried away with the business of life!

THERE IS ALWAYS WORK THAT NEEDS TO BE DONE!!!

-It will NEVER EVER BE DONE!

WORK ALL DAY>>>>ALL WEEK>>>>STILL MORE TO DO!

We learn a valuable lesson from Luke 10 in the story of Mary & Martha

**Luke 10:38-42** As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup>She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup>But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

*41"Martha, Martha," the Lord answered, "you are worried and upset about many things, 42but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."*

- *Martha was DISTRACTED!*

**Luke 10:40** But Martha was distracted by all the preparations that had to be made.

-HAVE YOU EVER HOSTED A HUGE PARTY?

Here is the scene: The “they” in this scene is Jesus, the disciples, others following Christ shortly after the 72 returned from their missionary journey.

-It could have been a handful, could have been many.

The Bible says "Martha opened her home" ....

To "open" your home carries with it more than just a greeting.

-in this culture you provided for their comfort and honored them.  
-Often this included a meal or even lodging.

Martha was busy!!

Mary is so excited that Jesus is with them!

Martha is consumed with all that needs to be done!

So many people are busy doing REALLY GOOD THINGS!!

**MORE THAN ANYTHING.....JESUS WANTS TO BE CONNECTED TO YOU!**

**John 15:4-5 Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.** <sup>5</sup> **"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.**

-YOU CAN DO NOTHING! THAT IS HOW YOU WERE CREATED!!

- **Martha was CRUSTY!**

**Luke 10:40-41 But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"**

**41 "Martha, Martha," the Lord answered, "you are worried and upset about many things,**

Crusty people can take on a victim mentality!

-I am doing ALL the work! I AM THE ONLY ONE!

JESUS....."TELL HER TO HELP ME"

Now understand.....It is sometimes true that you are the only one working!

-Probably NOT the first time Martha was ticked at her sister!

BUT.....why is that sometimes OK, and other times makes us mad!

**MOST OF THE TIME IT IS OUR ATTITUDE THAT CHANGES!**

**1 Peter 4:8-10 Above all, love each other deeply, because love covers over a multitude of sins.<sup>9</sup> Offer hospitality to one another without grumbling.<sup>10</sup> Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.**

SO HERE IS THE CLINKER!

Martha is WORKING HARD clanging dishes and making dinner.....

JESUS TEACHES ALL OF US A VALUABLE LESSON....

**Luke 10:41-42 "Martha, Martha," the Lord answered, "you are worried and upset about many things, 42but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."**

BETTER?????? SERIOUSLY????

**Martha was MISSING OUT!**

**Luke 10:42** “but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”

**EVERYTHING THROUGH SCRIPTURE IS FILTERED THROUGH THE LENS OF RELATIONSHIP!**

The Bible cover to cover! Restoration of a broken humanity!

**We were created to be HIS KIDS!**

**Matthew 11:28-30** “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.”

Definition of YOKE: A wooden bar or frame by which two draft animals can be joined at the heads or necks for working together.

-A single ox by itself can pull 5,000 pounds

-but two oxen yoked together can pull 15,000 pounds!

-Lots of people just think of a YOKE for WORK.....or POWER.....but it is ALSO much about CONNECTION!

Not just about doing work FOR God.....It is about doing work WITH God!

-HUGE DIFFERENCE!

*When we take on the Yoke of Jesus, we connect ourselves to HIM the way two oxen are connected in a Yoke.*

*Jesus does more than GUIDE us in our work. He works WITH us. He doesn't just give us strength to pull the load, he actually pulls alongside us.*

ONE STEP FURTHER: HE PULLS THE LOAD FOR US!

IF YOUR LOAD IS TOO HEAVY..... YOU MAY BE GOING TO FAST!

-Group lifting something heavy!

-You have to be in RHYTHM or you can actually be working AGAINST each other!

LIFE IS A DANCE!! And some of us have no rhythm!

SO THE KEY.....SLOW DOWN AND TAKE TIME TO SYNCH UP!!

**John 15:4-5 Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.** <sup>5</sup> **“I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.**

I WANT TO BE FRUITFUL! TO DO THAT MEANS TO SLOW DOWN & ABIDE!

AND STOP WORKING!!!!

**Psalm 127:1-2** Unless the Lord builds a house, the work of the builders is wasted. Unless the Lord protects a city, guarding it with sentries will do no good. <sup>2</sup> It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones.

Are you DISTRACTED?

Are you CRUSTY?

Are you MISSING OUT?

-God doesn't want you to work FOR Him!

-God wants you to work WITH him!

-YOU NEED TO GET IN STEP!

-God wants to DO LIFE WITH YOU!!