

One Word

Sorry

7 Part series on words!

If you want to change your world, change your words.

That truth goes all the way back to King Solomon as he wrote about in Proverbs

Proverbs 18:21 “The Tongue has the power of life and death!”

-WE CAN FEEL BUILT UP OR TORN DOWN QUICKLY!

says that “Reckless words pierce like a sword”

WE HAVE ALL FELT THE WOUNDS OF WORDS!

James 3:3-5 When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. 4 Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. 5 Likewise the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark.

SO THE WORDS THAT COME FROM OUR LIPS MATTER!!!

7 weeks of POSITIVE words that can shape us!

Luke 6:45 A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.

SERIES: 7 words that connect to our hearts!

PLEASE: A humble heart

THANKS: A Grateful heart

YES: A Surrendered heart

NO: A Protected heart

SORRY: A Contrite Heart

GO: A Willing Heart

GROW: A Hungry Heart (REVEAL HEARTS)

Today we're talking about a word we don't say enough and definitely don't live enough

The word is: "SORRY"

But not the fake kind of sorry

- Not the "I'm sorry you feel that way"
- Not the "My bad" with a shoulder shrug

I'm talking about a deep, soul-level, pride-slaying, spirit-softening kind of "SORRY."

- The kind of sorry that opens the door to
 - healing
 - forgiveness
 - transformation

1: A CONTRITE HEART IS GOD'S LOVE LANGUAGE

Psalm 51:10, 17

10 "Create in me a pure heart, O God, and renew a steadfast spirit within me...

17 My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise."

David didn't come to God with a "Hey, I messed up, but I'm still king!"

- He came BUSTED. BROKEN. BARE.
 - He didn't bring status
 - He brought sorrow

You wanna get God's attention?

- Don't flex. Don't front. Don't fake it.
- Come with a broken and contrite heart
 - That's the real access point

PHONE SCREEN

You ever drop your phone and crack the screen?

- Still works, but it's not the same.

Some of us come to God like that

- cracked, but pretending it's fine

God's not looking for a working phone, He's looking for a willing heart!!

- He can do more with your brokenness
than you ever could with your image

Have you ever been sorry for something you have done?

- Now, the real question is, were you sorry for what you did?
Or were you just sorry you got caught?

2: REPENTANCE ISN'T GUILT—IT'S GRACE IN MOTION

2 Corinthians 7:9-10 yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

I want to talk about 2 types of Sorrow

Godly Sorrow > Repentance > Salvation

Worldly Sorrow > Remorse/Guilt > Spiritual Death (Selfishness)

Repentance isn't about sitting in shame

- It's not self-hate. It's soul-healing.

- It's not punishment—it's permission to walk in the light again.

Real repentance isn't when you cry

- It's when you change

- It's when you don't just say "sorry" with your mouth

- you say it with your movement

- My kids react completely opposite when they say sorry.

Judah, will be quick to say "Sorry Dad!" And he means it like 50% of the time.

My Daughter however has a really hard time saying sorry because she realizes what she has done and that it was wrong and so she almost always starts crying. Because she realizes what she did was wrong, and so it is hard to get her to say sorry because she feels so bad for the mistake that she has made that she can't get out "I'm Sorry".

- They are so different in that I know when Harlow says sorry she truly means it, when Judah says he is sorry, he might mean it or he might just want to get back to playing with his toys.

Our theme of this whole series is about revealing our Heart

We have to let God change our heart!!

Ever made a wrong turn with GPS?

It doesn't say, "I told you so!" It says, "Recalculating."

God's grace is the same

Repentance isn't about the detour

- it's about deciding to get back on the right route

The reason this is,

The enemy does not want us to have a heart of repentance (a heart of acknowledging what we have done wrong)

1. The Enemy wants to keep us living in Shame
2. Keep us distant from God
3. Keep you from Fulfilling your calling

I would love to admit something today if I am in the company of good people, hopefully you won't hold it against me.

I am expert at finding faults in others

- You may be like me and have the spiritual gift of criticism

-My 2 best spiritual gifts: criticism and sarcasm

- It is really easy for me to make excuses for my own shortcoming

-while I pick out everybody else's

- If you have ever listened to a message and thought "oh, I know so and so needs this message because they are messed up"

You share it on facebook because you hope they see it

Matt 7:3-5 "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye."

It is really easy to point out the speck in someone else's eye

-but rationalize and justify the log in my own eye

-We accuse others and excuse ourselves

It is kind of crazy that the world we live in today wants to sanitize or rebrand sin.

-Even the fact that I've used the word sin, for some of you, is too much.

Many prefer to say "I made a mistake" instead of acknowledging sin.

-We change lying into it was just a "Fib" or it was only a "white lie"

- Gossip as just “venting” or “sharing my concern”.
- No one gossips, we are just “sharing prayer requests”

I am being sarcastic because the bible is pretty clear and uses pretty harsh terminology

- Slanderer, Pride, Liar, Drunkard
- We live in a world that has made things pretty
- Things we see in movies, tv, our social media our sin
- Many times we are entertained by sin

Isaiah 5:20 Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter.

Changing the wording doesn't change the sin

What is sin?

- It comes from the Greek word Hamartia
- It is an archery term that means to miss the target, to miss the mark
- What is the mark?
- The mark is Jesus

In other words, if we believe that there is a God, then there is absolute truth.

- Truth is not an idea
- Truth is a person
- Jesus is the way and the truth and the life.
- So if there is a God, and God is God, then God says the truth.
- If we miss His standard of truth, that's called hamartia (SIN). That's sin that's coming under or missing God's standard in the way that He calls us to live.

Now if you are like, Pastor Jake you are calling me out and being judgmental!!

-Well here is the thing, I am not calling you out, I am calling myself out. I am calling out every sin. Every single person who has ever lived has sinned.

- Except Jesus

Romans 3:23 For everyone has sinned; we all fall short of God's glorious standard. 24 Yet God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins.

-The reason why we talk about this and it is so important, is that we recognize that we sinned against God

- Until you see yourself as a sinner

-You won't be in need of a savior

-This is why we have times of communion, we offer communion at the end of every service here at the Waters

- Communion is the time that we take time to examine ourselves

1 Corinthians 11:28 That is why you should examine yourself before eating the bread and drinking the cup.

When I take communion, I stop and thank God for what he has done in my life

- I stop and reflect on who I was, how I sinned against God

- I look now at where I am at, to have Him in my life, with my family, my kids

- Taking communion shakes me every time I take it because I am reminded that I am in need of a savior

We have these 2 words Remorse and Repentance

- Remorse leads to guilt

- Repentance leads to a humble heart

3: HUMILITY OPENS HEAVEN

James 4:6 (NIV) "God opposes the proud but shows favor to the humble."

- Pride says: "I got this."

- Humility says: "I need You."

Some of us are too busy protecting our image to receive God's intimacy

- You can't be full of God and full of yourself at the same time

- You gotta pour one out!!

Jesus told a story in **Luke 18:10–14**

“Two men went to the Temple to pray. One was a Pharisee, and the other was a despised tax collector. The Pharisee stood by himself and prayed this prayer: ‘I thank you, God, that I am not like other people—cheaters, sinners, adulterers. I’m certainly not like that tax collector! I fast twice a week, and I give you a tenth of my income.’ “But the tax collector stood at a distance and dared not even lift his eyes to heaven as he prayed. Instead, he beat his chest in sorrow, saying, ‘O God, be merciful to me, for I am a sinner.’ I tell you, this sinner, not the Pharisee, returned home justified before God. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

Two men went to pray

-One bragged	One begged
-One stood tall	The other beat his chest

Jesus said the humble one—the sorry one—went home justified

- God's not impressed by your spiritual résumé.
- He's moved by your repentant response to say “I'm Sorry God”

TURN “SORRY” INTO A SPIRITUAL SHIFT

Acts 3:19 (NIV) “Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.”

If you're tired... If you're broken...

If you're carrying the weight of things you haven't said “sorry” for...

This is your moment

God's inviting you to a posture: A contrite heart - A humble Heart - A Sorry heart

