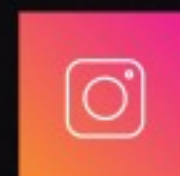


PRAYER & FASTING

Luke 2:36-37

Ps. Helen Ibom

<https://aom.church>



OUR VISION:

To raise up anointed disciple-makers who are empowered to change their world for Christ.

**PRAYER
& FASTING**
Luke 2:36-37

2024 - OUR YEAR OF
GREATERTER GLOERY

**PRAYER
& FASTING**
Luke 2:36-37

INTRODUCTION

**PRAYER
& FASTING**
Luke 2:36-37

Luke 2:36–37 (NIV)

36 There was also a prophet, Anna, the daughter of Penuel, of the tribe of Asher. She was very old; she had lived with her husband seven years after her marriage, 37 and then was a widow until she was eighty-four. She never left the temple but worshiped night and day, fasting and praying.

**PRAYER
& FASTING**
Luke 2:36-37

QUOTE

The more time you spend with God, the more you will look like Him.

Ps. Helen Ibom

**PRAYER
& FASTING**
Luke 2:36-37

QUOTE

Praying is a two-way communication between you and God. You must **PRAY AND LISTEN!**

PRAYER
& FASTING
Luke 2:36-37

QUOTE

Prayer is not learned in a classroom but in the closet.

E. M. Bounds

PRAYER
& FASTING
Luke 2:36-37



MAKE PRAYER

A LIFESTYLE

PRAYER
& FASTING
Luke 2:36-37

A silhouette of a person with their arms raised in prayer, set against a background of a city skyline at sunset. The person is in the foreground, and the city lights are visible in the distance.

1 Thessalonians 5:17 (NKJV)

17 pray without ceasing,

PRAYER
& FASTING
Luke 2:36-37

- 
- **PRAY EVERYWHERE**
 - **PRAY EVERY TIME**
 - **PRAY FOR YOUR FUTURE**
 - **PRAY FOR OTHERS**
 - **P.U.S.H. – PRAY UNTIL SOMETHING HAPPENS**

PRAYER
& FASTING
Luke 2:36-37

QUOTE

He who kneels the most, stands the best.

D.L. Moody

**PRAYER
& FASTING**
Luke 2:36-37



PRAY
GOD'S WILL

PRAYER
& FASTING
Luke 2:36-37

James 4:3 (ESV)

3 You ask and do not receive, because you ask wrongly, to spend it on your passions.

**PRAYER
& FASTING**
Luke 2:36-37

QUOTE

The more you pray, the less you'll panic. The more you worship, the less you worry. You'll feel more patient and less pressured

Rick Warren

**PRAYER
& FASTING**
Luke 2:36-37

PRAY IN FAITH

**PRAYER
& FASTING**

Luke 2:36-37



James 1:6a (ESV)

6 But let him ask in faith, with no doubting

**PRAYER
& FASTING**
Luke 2:36-37

QUOTE

We have to pray with our eyes on God, not on the difficulties.

Oswald Chambers

**PRAYER
& FASTING**
Luke 2:36-37



PRAY & FAST

REGULARLY

PRAYER
& FASTING
Luke 2:36-37

Acts 13:3 (NLT)

3 So after more fasting and prayer, the men laid their hands on them and sent them on their way.

**PRAYER
& FASTING**
Luke 2:36-37

CONCLUSION

**PRAYER
& FASTING**
Luke 2:36-37

QUOTE

When you spend time with God, He takes His time to remold you and beautify you.

Ps. Helen Ibom

**PRAYER
& FASTING**
Luke 2:36-37

Luke 2:37 (NIV)

37 and then was a widow until she was eighty-four. She never left the temple but worshiped night and day, fasting and praying.

PRAYER
& FASTING
Luke 2:36-37

PRAYER & FASTING

Luke 2:36-37

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