



HABITS OF A
Healthy Heart

Second Sunday after Epiphany
8:00 am worship service

FAITH LUTHERAN CHURCH | Inviting, Growing, Serving...

Becoming fully devoted followers of Jesus Christ.

January 18, 2026

WELCOME TO WORSHIP

Faith is a growing faith community in the Aurora area. We're people just like you, who are hungry to know God better. We're looking for the answers to life's tough questions. We're struggling to be better parents, spouses, friends, and neighbors. We don't have all the answers but we're growing as we go.

Faith is a great place to find healing for broken hearts and broken lives. In every Sunday message you'll learn new skills and attitudes to help you live life with the kind of joy that God intends for us. You'll also meet people who are also growing in their journey through the joys and challenges of life. You'll find lots of "walking partners" for your journey here. There are no closed doors at Faith, just lots of opportunities to grow in Christ, friendship, and love.

Faith is a church with a great vision; however, accomplishing a great vision requires the participation of many great people like you. There's a place in our vision for you to use your unique gifts and talents.

CURRENT WORSHIP SERIES: HABITS OF A HEALTHY HEART

In new seasons, we often focus on what we should do more of. But sometimes, we just need to simplify. In our series, Habits of a Healthy Heart, we'll take a deep breath, make space for God, and allow Him to work in our lives.

The Gathering

WELCOME & ANNOUNCEMENTS

OPENING HYMN

please stand

You Servants of God | ELW #825

1 You ser - vants of God, your Mas - ter pro - claim, and pub - lish a -
2 As - cend - ed on high, al - might - y to save, yet still he is
3 Sal - va - tion to God who sits on the throne! Let all cry a -
4 Then let us a - dore and give him his right, all glo - ry and

broad his won - der - ful name; the name, all - vic - to - rious, of
nigh, his pres - ence we have. The great con - gre - ga - tion his
loud and hon - or the Son. The prais - es of Je - sus the
pow'r and wis - dom and might, all hon - or and bless - ing, with

Je - sus ex - tol; his king - dom is glo - rious and rules o - ver all!
tri - umph shall sing, as - crib - ing sal - va - tion to Je - sus, our king!
an - gels pro - claim, fall down on their fac - es, and wor - ship the Lamb.
an - gels a - bove, and thanks nev - er ceas - ing, and in - fin - ite love!

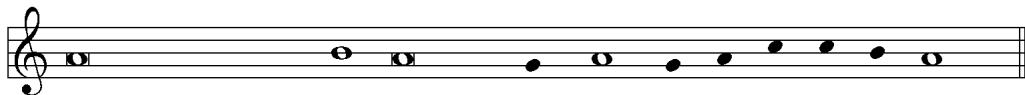
GREETING

P: The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
C: **And also with you.**

KYRIE



A In peace, let us pray to the Lord. C Lord, have mercy.



A For the peace from a- bove, and for our sal- vation, let us pray to the Lord.



C Lord, have mercy.



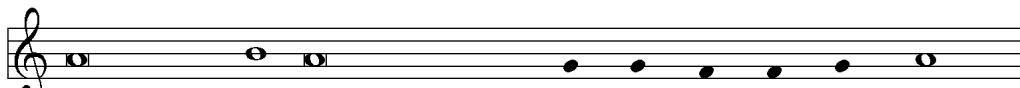
A For the peace of the whole world, for the well-being of the Church of God,



and for the u - ni - ty of all, let us pray to the Lord.



C Lord, have mercy.



¶ For this holy house, and for all who offer here their wor - ship and praise,



let us pray to the Lord. ¶ Lord, have mer - cy.



¶ Help, save, comfort, and de - fend us, gra-cious Lord. ¶ A - men

HYMN OF PRAISE

Refrain



This is the feast of vic - to - ry for our God.



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.



1 Wor - thy is Christ, the Lamb who was slain, whose
2 Sing . . with all the peo - ple of God, and



blood set us free to be peo - ple of God.
join in the hymn of all cre - a - tion:



Pow - er and rich - es, wis - dom and strength, and
Bless-ing and hon - or, glo - ry and might be to

Refrain



hon - or and bless - ing and glo - ry are his.
God and the Lamb for - ev - er. A - - men.



3 For the Lamb who was slain has be -
gun his reign. Al - - le - lu - ia.

Refrain

PRAYER OF THE DAY

P: Let us pray,

Holy God, our strength and our redeemer, by your Spirit hold us forever, that through your grace we may worship you and faithfully serve you, follow you and joyfully find you, through Jesus Christ, our Savior and Lord. Amen.

The Word

FIRST READING

Isaiah 49:1-7

Listen to me, O coastlands;
pay attention, you peoples from far away!
The Lord called me before I was born;
while I was in my mother's womb he named me.
He made my mouth like a sharp sword;
in the shadow of his hand he hid me;
he made me a polished arrow;
in his quiver he hid me away.
And he said to me, "You are my servant,
Israel, in whom I will be glorified."
But I said, "I have labored in vain;
I have spent my strength for nothing and vanity;
yet surely my cause is with the Lord
and my reward with my God."

And now the Lord says,
who formed me in the womb to be his servant,
to bring Jacob back to him,
and that Israel might be gathered to him,
for I am honored in the sight of the Lord,
and my God has become my strength—
he says,
"It is too light a thing that you should be my servant
to raise up the tribes of Jacob
and to restore the survivors of Israel;
I will give you as a light to the nations,
that my salvation may reach to the end of the earth."

Thus says the Lord,
the Redeemer of Israel and his Holy One,
to one deeply despised, abhorred by the nations,
the slave of rulers,

“Kings shall see and stand up;
princes, and they shall prostrate themselves,
because of the Lord, who is faithful,
the Holy One of Israel, who has chosen you.”

SECOND READING

1 Corinthians 1:1-9

Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

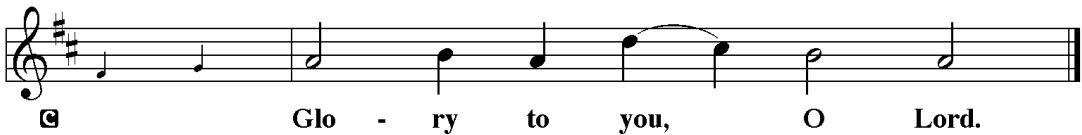
I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind— just as the testimony of Christ has been strengthened among you— so that you are not lacking in any gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful, by whom you were called into the partnership of his Son, Jesus Christ our Lord.

GOSPEL ACCLAMATION *please stand*

Al - le - lu - ia. Lord, to whom shall we go? You have the

words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

P: The Holy Gospel according to John, the 1st chapter.



GOSPEL

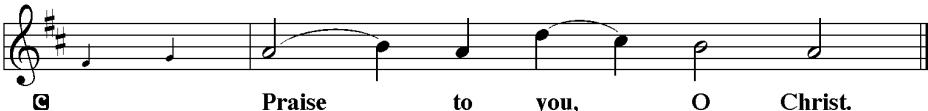
Mark 1: 29-39

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed by demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also, for that is what I came out to do." And he went throughout all Galilee, proclaiming the message in their synagogues and casting out demons.

P: The Gospel of the Lord.



MESSAGE

The Habit of Solitude | Pastor Rob

HYMN OF THE DAY

please stand

As with Gladness Men of Old | ELW #302



1 As with glad - ness men of old did the guid-ing star be - hold;
2 As with joy - ful steps they sped, Sav - ior, to thy low - ly bed,
3 As they of - fered gifts most rare at thy cra - dle, rude and bare,
4 Ho - ly Je - sus, ev - 'ry day keep us in the nar - row way;
5 In the heav'n - ly coun - try bright need they no cre - a - ted light;



as with joy they hailed its light, lead-ing on - ward, beam-ing bright;
there to bend the knee be - fore thee, whom heav'n and earth a - dore;
so may we with ho - ly joy, pure and free from sin's al - loy,
and when earth-ly things are past, bring our ran - somed souls at last
thou its light, its joy, its crown, thou its sun which goes not down;



so, most gra - cious Lord, may we ev - er - more be led by thee.
so may we with will - ing feet ev - er seek thy mer - cy seat.
all our cost - liest trea - sures bring, Christ, to thee, our heav'n - ly king.
where they need no star to guide, where no clouds thy glo - ry hide.
there for - ev - er may we sing al - le - lu - ias to our king.



PRAYERS OF THE CHURCH

- A: As God's beloved children united in Christ, let us pray for the church, the whole human community, and the well-being of the earth, our home.
- A: Gracious God, gather the church into one great fellowship. Equip your people to work together for justice and peace, following the example of Martin Luther King Jr., renewer of society, whose birth we remember this week. Merciful God,
- C: receive our prayer.**
- A: Creating God, sustain the web of life on this planet. Protect wild places, endangered species, and vulnerable habitats. Come to the aid of those affected by natural disasters. Merciful God,
- C: receive our prayer.**
- A: Just God, you desire respect and equality for everyone. Raise up prophets who speak truth to the nations. Embolden leaders and those in authority to advocate for people in need. Merciful God,
- C: receive our prayer.**
- A: Healing God, you lift up those who are bowed down by trouble, oppression, or illness. Bring an end to social injustice and inequities of every kind, so that all people may have abundant life. Merciful God,
- C: receive our prayer.**
- P: Gracious and loving God, we pray for the family and friends of Faith... Merciful God,
- C: receive our prayer.**
- P: Confident that the Holy Spirit receives our prayers and answers us, we commend all for whom we pray to God's loving-kindness made known to us in Christ Jesus our Savior.
- C: Amen.**

The Meal

PEACE

P: The peace of the Lord be with you always.

C: And also with you.

OFFERING

OFFERING RESPONSE *please stand*



Let the vine - yards be fruit- ful, Lord, and fill to the brim our
cup of bless - ing. Gath - er a har - vest from the
seeds that were sown, that we may be fed with the bread of life.

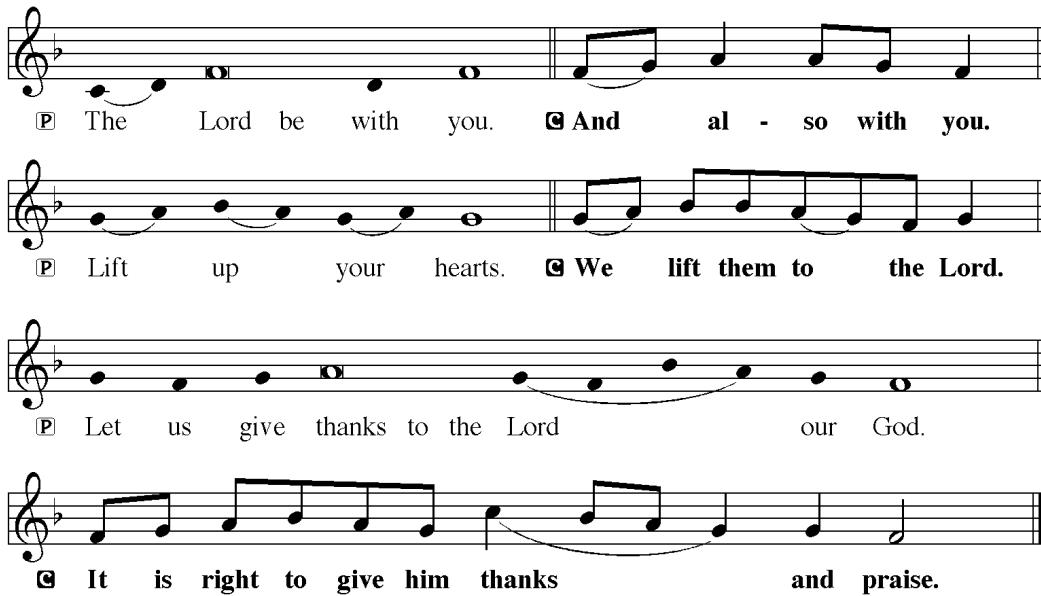
Gath-er the hopes and the dreams of all; u - nite them with the
prayers we of - fer now. Grace our ta - ble with your
pres - ence, and give us a fore-taste of the feast to come.

OFFERTORY PRAYER

A: God of majesty,
no eye has seen, no ear has heard
what you have prepared for those who love you,
yet in this meal you reveal the wideness of your mercy.
Use what we have gathered
to feed us with the reign of God come near,
Jesus Christ, our Savior and Lord.

C: Amen.

GREAT THANKSGIVING



[P] The Lord be with you. [C] And al - so with you.

[P] Lift up your hearts. [C] We lift them to the Lord.

[P] Let us give thanks to the Lord our God.

[C] It is right to give him thanks and praise.

P: It is indeed right and salutary . . . we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of pow'r and might:
 Heav-en and earth are full of your glo- ry. Ho - san - na. Ho - san - na.
 Ho - san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est.

PRAYER OF THANKSGIVING

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

LORD'S PRAYER

**Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
 as we forgive those
 who trespass against us;
and lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen**

INVITATION TO COMMUNION

P: Here is the Lamb of God who takes away the sin of the world!
 Come to the table; taste and see.
C: **Thanks be to God.**

COMMUNION DISTRIBUTION

AN INVITATION

We invite you to share in Holy Communion this morning, regardless of your church background or lack thereof. We believe that God is present in the bread and wine as it becomes the body and blood of Jesus Christ and that this presence is a gift of grace in the lives of those who receive it. All are welcomed to the table to enjoy this gift of God's love and mercy. Apple/Grape juice is in the center of the communion tray. Gluten free wafers available at the usher stand, please ask an usher to assist you.

C: Lamb of God, you take a-way the sin of the world; have
 mer-cy on us. Lamb of God, you take a-way the sin of the
 world; have mer-cy on us. Lamb of God, you take a-way the
 sin of the world; have mer-cy on us. Lamb of God, you take a-way the
 sin of the world; have mer-cy on us. grant us peace.

P: The body and blood of our Lord Jesus Christ strengthen you and keep you in His grace.

C: Amen.

C: Thank the Lord and sing his praise; tell ev'-ry-one what he has done.

Let all who seek the Lord rejoice and proudly bear his name.

He re-calls his prom-is-es and leads his peo-ple forth in joy with shouts of thanks-giv-ing.

Al-le-lu-ia.

POST-COMMUNION PRAYER

please stand

A: Radiant God,
we have seen your glory in the face of Jesus Christ.
In the sacrament of his body and blood
you have drawn us to your heart.
Send us from this table with delight,
that our lives may reflect the beauty of your love,
and bear witness to all we have seen and heard,
through Jesus Christ, our Savior and Lord.

C: Amen

The Sending

BLESSING

P: May the triune God,
who has put a new song in your mouth
and tuned your heart for praise
† bless you now and forever.

C: Amen.

CLOSING HYMN

please stand

Immortal, Invisible, God Only Wise | ELW #834



1. Immortal, invisible, God only wise,
2. Unresting, un hast'ing, and silent as light,
3. To all, life thou giv' est, to both great and small;
4. Thou reign' est in glory; thou dwell' est in light;
in light in - ac - ces - si - ble hid from our eyes,
nor want - ing, nor wast - ing, thou rul - est in might;
in all life thou liv - est, the true life of all;
thine an - gels a - dore thee, all veil - ing their sight;
most bless - ed, most glo - rious, the An - Ancient of Days,
thy jus - tice like moun - tains high soar - ing a - bove
we blos - som and flour - ish like leaves on the tree,
all laud we would ren - der; oh, help us to see
al - might - y, vic - to - rious, thy great name we praise!
thy clouds which are foun - tains of good - ness and love,
and with - er and per - ish, but naught chang - eth thee,
'tis on - ly the splen - dor of light hid - eth thee!

DISMISSAL

P: Go in peace. Do justice. Love mercy.

C: Thanks be to God.

NEWS & ANNOUNCEMENTS

Welcome to Faith!

We are so glad that you have chosen to worship with us today! Have questions about Faith? Wondering how to get connected or get more involved? We'd love to help. No matter where you are in life or how many times you've visited, we're here to guide you towards your next best step. Stop by the welcome center located near the main entrance. If this is your first time at Faith, let us know, we've got a special gift just for you!

CONVERSATIONS WITH COUNCIL

Sun 1/18

Council will hold an informational Q&A today at 9:30am at the fireplace and at 10:30am in the sanctuary to discuss agenda and content for annual meeting. Bring your coffee and questions!

ANNUAL CONGREGATIONAL MEETING

Sun 1/25 | 10:45 AM

All members are invited to attend Faith's annual congregational meeting. Agenda items will include a review and celebration of 2025, approval of the 2026 spending plan, the election of council members and nominating committee members.

ADULT ONLINE STUDY GROUP

Tues 1/20 | 7:00 PM

Don't Give the Enemy a Seat at Your Table

In this six-session video Bible study, bestselling author and pastor Louie Giglio unpacks Psalm 23 to offer insight into how to overcome the enemy's lies and find peace and spiritual security in any circumstance or situation. You can find freedom from the battles in your mind if you allow Jesus, the Good Shepherd, to lead the battle. Learn how to find encouragement, hope, and strength no matter what valleys you face.

This 6-week online study is facilitated by Becky Marchiando. Please register online or at the welcome center so that we may send you Zoom credentials required to participate and come join us!

FEED MY STARVING CHILDREN SERVE EVENT

Weds 1/21 | 7:15 PM

Join with other people from Faith as we serve at FMSC on Wednesday, January 21st from 7:15-8:45pm. Sign up today online or at the welcome center. Open to everyone 5 years old and up. Go, Serve, Love!

CHILI COOK OFF

Sat 1/31 | 5:00 PM

Do you make the best Chili? Don't Cook? Join us in the tasting and judge your favorite Chili! Sign up soon at the welcome center to enter your favorite Chili recipe, or to bring desserts or sides, e.g. corn bread. Open to all ages. If you're competing, please have your Chili entry at the church by 4:30 PM. Please bring any fixings for your chili, e.g. cheese, sour cream, etc. Prizes will be awarded along with bragging rights of course

WOMENS BIBLE STUDY

Mon 1/26 | 7:15 PM

Unfolding over 6 sessions, Nicki Koziarz walks women through the Book of Ruth, focusing on the Moabite woman's 5 practical habits that kept her eyes on God: Ruth accepted the assignment of refinement, followed through on her commitments despite her feelings, remained open to the movement of God, gave others what she needed, and moved forward in faith. Meeting Mondays at Faith Jan 26, Feb 9 & 23, Mar 9 & 23

TUESDAY AM WOMENS BIBLE STUDY

Tuesdays | 9:00 AM

Esther - Character Under Pressure by Patty Pell.

This nine-session Bible Study looks at the Old Testament book of Esther and how she faced life-threatening pressure to save her people. Through Biblical reflection the study explores how to develop godly character through the contemporary pressures that challenge us today. The workbook will be made available at the meetings (\$8). It is also available in Kindle format. For additional information contact Sue Bozell at sue.bozell@discoveringfaith.com.

REVOLUTION

Sun 1/18 & 2/1 | 5:00 PM

On Sunday Nights at Faith, we've created an event that attracts **middle & high school students just like you.** After all, we figure you want to be wherever your friends are. We make this time as fun and relevant as we possibly can. The goal is for you to leave feeling energized to go out there and tackle another week! Meets 1st and 3rd Sundays in the auditorium. Register online- discoveringfaith.com

DINING NIGHT FOR FAITH

Thurs 1/29 | 4:00 PM

Faith is hosting our next Dining Night for Faith on Thursday, January 29, 2026 from 4:00pm-8:00pm at Panera Bread at the corner of Rt. 59 & 75th St (across from Home Depot).

Please make sure to use flyer at the welcome center and share with your friends. This event is only at the Panera at 491 IL-59, Aurora, IL . Panera will donate 25% of all sales that mention the flyer directly to Faith Lutheran Church.

KIDWERKS**Sundays | 9:30 AM**

Join us in the auditorium as we dive into learning about new virtues each month through stories from the bible so that we can grow in our understanding and relationship with God. To register go to discoveringfaith.com or for more information please contact jenn@discoveringfaith.com PreK – 5th grade

NEXT**Sun 2/1 | 9:00 & 10:30 AM**

If you've ever wondered how to get involved at Faith or how to take the next step, don't worry. We've created a simple next step for you. It's a small gathering called NEXT. This informal gathering lasts approximately 20 minutes and will provide you with an overview of our mission, strategy, and environment to help you determine your best next step in continuing your faith journey. Pastor Rob and Jenn Richardson, Faith's volunteer coordinator, will be on hand for conversation and to welcome you to Faith. Meets fireside.

SCOUT SUNDAY**Sun 2/8**

Scout Sunday will be observed February 8. Faith Lutheran Church's Cub Scout Pack 643 and Scout Troop 508 will be present at both 8:00 and 9:30 AM services to greet parishioners and assist with the service. This is a great opportunity for our congregation and our Scouts to come together.

PANCAKES FOR A PURPOSE**Sun 2/8 | 7:30 AM**

Join us in supporting Scouts BSA Troop 508 at their Pancake Breakfast on Sunday, February 8, from 7:30–11:30 AM right here at Faith Lutheran Church.

Enjoy pancakes, sausage, coffee, milk, juice, and fruit while helping fund Scout programs, service projects, and leadership development. \$20 per family | \$5 per individual
Bring your family, bring your friends, and come support our local Scouts—we can't wait to see you! (Pre-registration is advised, www.discoveringfaith.com)

MEMBERSHIP @ FAITH**Mon Feb 16 & 23 | 6:30 PM**

This two-part course invites participants to explore the vision, mission and values of Faith, as well as a broad overview of the Christian faith from a Lutheran perspective. Participants will also discover their unique gifts and how they can use them in serving others. This course is open to everyone, and is required of those who wish to become members at Faith! Register on line or at the welcome center.

HESED HOUSE SERVING EVENT

Weds 2/18 | 6:30 PM

Faith's next serving opportunity at Hesed House is February 18. We will need roughly 5 to 10 volunteers to help with meal setup, serving, and cleanup. Volunteers can conveniently signup online or at the welcome center. All that's needed is a serving heart. Sign up today! If you have questions about Faith's Hesed House ministry, please reach out to the ministry team at hesedhouse@discoveringfaith.com.

A MOMENT FOR MOM

Sat 2/21 | 10:00 AM

THIS MONTH WE ARE MEETING THE THIRD SATURDAY 2/21

A Moment for Mom is a group for moms of kiddos ages 0-10 that meets the 2nd Saturday each month through May 2026. Sessions provide a delicious breakfast and amazing speakers on topics relating to motherhood. We offer affordable childcare while you attend. Our website is ready for you to explore our speakers and costs for the 2025-2026 year. Come join us and other moms to laugh, learn, and connect. Register today and/or reach out to us for more information at www.discoveringfaith.com/amomentformom.

NIGHT OF FAITH (21+ Event)

Sat 2/21 | 6:00 PM

Join us for a night of fellowship, fortune, and fun! You're invited to a night of food and drinks, silent and live auctions, and our Golden Ticket raffle drawing. Event tickets are \$25/person or \$40/couple. Adults only (21+ event).

Introducing the Night of Faith - Golden Raffle Extravaganza! Exotic cruise? Tropical vacation? That giant TV you've always wanted? Nah, we're going with Cash! That's right! This year, the Night of Faith Golden Ticket Raffle winner will receive cold, hard, cash! \$2000 of it, in fact! Each raffle ticket is \$100. While there are no limits to the number of \$100 tickets any individual can purchase, WE WILL LIMIT total ticket sales to 60 tickets, maximizing your odds at scoring the \$2000 golden prize. Buy 1, buy 2, heck, buy 10, and get in the game before they are gone!

Event and Golden tickets on sale now. Purchase tickets online or at the church between Sunday services. Winner need not be present to win.

As Easy as Click & Give



As followers of Jesus Christ, we embrace irrational generosity. We know it changes lives—ours and the people we're reaching. At Faith, taking action on your generosity is simple. Just scan the QR code with your camera and give. Simple, safe, and secure.



Pastor Rob Douglas
DISCOVERINGFAITH.COM

3000 LIBERTY ST. AURORA, IL. 60502 | (630) 862-3500 | OFFICE@DISCOVERINGFAITH.COM