



## MESSAGE NOTES

PRACTICAL TEACHING FOR EVERYDAY LIVING

Title: **Enough Is Enough: Contentment in a Culture of More**  
Series: **God's Top 10**  
Text: **Exodus 20:17**  
Speaker: **Kevin T. Hardy** Date: **September 14, 2025**

*"You shall **not covet** your neighbor's house. You shall **not covet** your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor." (Exodus 20:17)*

### How to Overcome the Desire for MORE?

#### 1. \_\_\_\_\_ COVETOUSNESS

*"You shall not covet" (Exodus 20:17)*

*"The 10th commandment is perhaps the most revealing and devastating of all commandments, for **it deals explicitly with the inward nature** of the law. **Covetousness is an attitude of the inward nature** that may or may not express itself in an outward acquisitive act."*  
James Montgomery Boice

*Nothing in all creation is hidden from God's sight. **Everything is uncovered** and **laid bare before the eyes of him** to whom we must give account." (Heb. 4:13)*

*"The **heart is deceitful above all things** and beyond cure. Who can understand it?" (Jer. 17:9)*

*"For from within, **out of men's hearts**, come evil thoughts, sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and make a man 'unclean.' "" Mark 7:21–23*

**Covetousness is \_\_\_\_\_ on steroids. It shifts our eyes off God's provision and puts them on someone else's portion.**

**How do you confront coveting? \_\_\_\_\_!**

**"Lord, my heart has wandered from trusting You."**

## 2. \_\_\_\_\_ CONTENTMENT

*“Watch out! Be on your guard against **all kinds of greed**; life does not consist in an abundance of possessions.” (Luke 12:15)*

*“**Put to death**, therefore, **whatever belongs to your earthly nature**: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.” (Col. 3:5)*

*I know what it is to be in need, and I know what it is to have plenty. **I have learned the secret of being content** in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything **through him who gives me strength**. (Php 4:12–13).*

### **What is Contentment?**

- Contentment can be defined as an \_\_\_\_\_ or peace with one's circumstances, regardless of external conditions.
- It is described as an “\_\_\_\_\_ **sufficiency**” or a “mental or emotional satisfaction with things as they are”.

### **Cultivate contentment by:**

A. **Practicing** \_\_\_\_\_ **daily**.

B. **Redefining** \_\_\_\_\_ —not by what’s in your bank account, but by what’s in your heart.

C. **Seeking** \_\_\_\_\_ God’s Kingdom and trusting He’ll provide.

## 3. PUT YOUR \_\_\_\_\_ IN CHRIST

*“Keep your lives free from the love of money and **be content with what you have**, because God has said: **‘Never will I leave you; never will I forsake you.’**” (Heb. 13:5)*

\_\_\_\_\_ says, **“I need more to be happy.”**

\_\_\_\_\_ says, **“You have Me, and I am enough.”**