



MESSAGE NOTES

PRACTICAL TEACHING FOR EVERYDAY LIVING

Title: **THE BLESSED LIFE**
Series: **Living Out Loud**
Text: Psalm 1
Speaker: **Kevin T. Hardy** Date: **July 7, 2024**

INTRODUCTION TO THE SERIES:

- **THE PSALM EXPRESS TWO SIDES OF THE CONVERSATION OF FAITH**
 - _____ TO GOD
 - _____ TO YOU
- **THE GENERAL TYPES OF PSALMS**
 - **PSALMS OF _____** - Human life consists in satisfied seasons of well-being that evoke gratitude for the constancy of blessing
 - **PSALMS OF _____** - Human life consists in anguished seasons of hurt, alienation, suffering, and death.
 - **PSALMS OF _____** - Human life consists in turns of surprise when we are overwhelmed with the new gifts of God, when joy breaks through the despair.

The Blessed Life - Psalm 1 (Psalm of Orientation)

*Jesus said, "Enter through the narrow gate. For wide is the gate and **broad is the road that leads to destruction**, and many enter through it. 14 But small is the gate and **narrow the road that leads to life**, and only a few find it. (Mt 7:13-14).*

Who Is Blessed?

1. The Blessed Man Does Not _____

Blessed is the man
who does not walk in the counsel of the wicked
or **stand in the way** of sinners
or **sit in the seat** of mockers.

- Don't _____ the **CROWD**
- Don't _____ to what the **CROWD** says
- Don't _____ what the **CROWD** does

*For our sake he [God] made him [Jesus] **to be sin who knew no sin**, so that in him **we might become the righteousness of God**. (2 Corinthians 5:21)*

2. The Blessed Man Loves God's _____

But **his delight is in the law of the Lord**,
and on his law **he meditates day and night**. (Ps 1:2).

Do not let this Book of the Law depart from your mouth; **meditate on it day and night**, so that you may be careful **to do everything written in it**. Then you will be **prosperous and successful**. (Jos 1:8).

The law of the Lord is **perfect**,
reviving the soul.

The statutes of the Lord are **trustworthy**,
making wise the simple.

8 The precepts of the Lord are **right**,
giving joy to the heart.

The commands of the Lord are **radiant**,
giving light to the eyes.

9 The fear of the Lord is **pure**,
enduring forever.

The ordinances of the Lord are **sure**
and altogether righteous.

10 They are **more precious than gold**,
than much pure gold;
they are **sweeter than honey**,
than honey from the comb.

11 **By them is your servant warned;**
in keeping them there is great reward. (Ps 19:7–11).

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, **think about these things**. (Philippians 4:8-9)

3. DEVELOP WEATHER _____ FAITH

He is like **a tree planted by streams of water**,
which **yields its fruit in season**
and whose leaf does not wither.
Whatever he does prospers. (Ps 1:3).