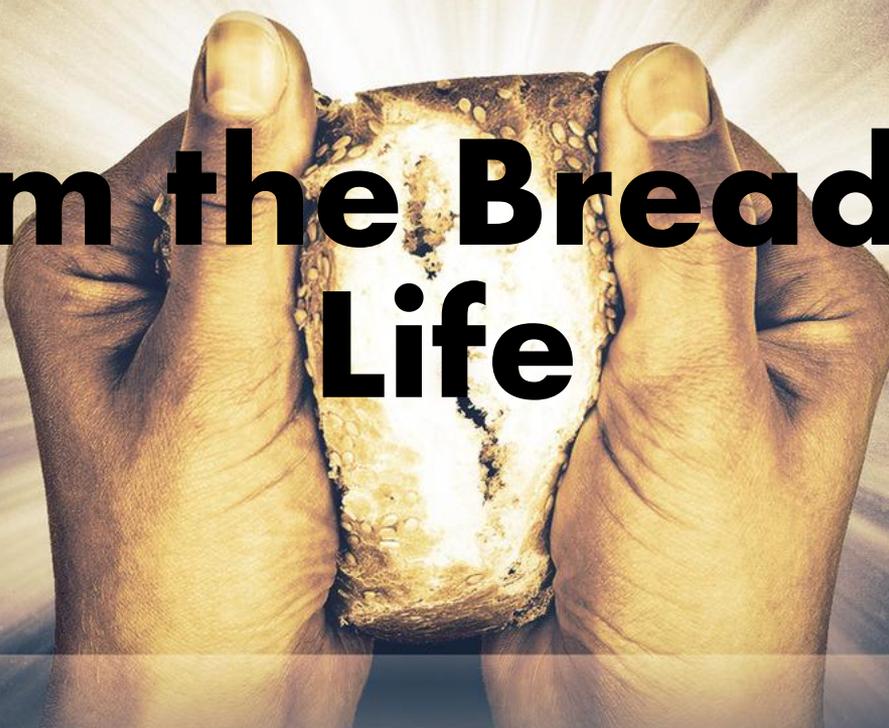


# **The Pathway to Heaven**

**I am the Bread of  
Life**

A pair of hands is shown holding a piece of bread, which is the central focus of the image. The bread is a round, golden-brown loaf with a visible texture. The hands are positioned on either side of the bread, with fingers slightly curled. The background is a dark blue gradient with numerous bright, golden-yellow light rays emanating from behind the bread, creating a dramatic, glowing effect. The overall composition is centered and symmetrical.

# Challenging words from Jesus

## John 6:53-58

<sup>53</sup> Jesus said to them, “Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. <sup>55</sup> For my flesh is real food and my blood is real drink. <sup>56</sup> Whoever eats my flesh and drinks my blood remains in me, and I in them.



# Challenging words from Jesus

<sup>57</sup> Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. <sup>58</sup> This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.”



# Many left Jesus

## John 6:60

<sup>60</sup> On hearing it, many of his disciples said, “This is a hard teaching. Who can accept it?”

## John 6:66

<sup>66</sup> From this time many of his disciples turned back and no longer followed him.



**We must remember  
the context of these  
words**



# Manna from Heaven

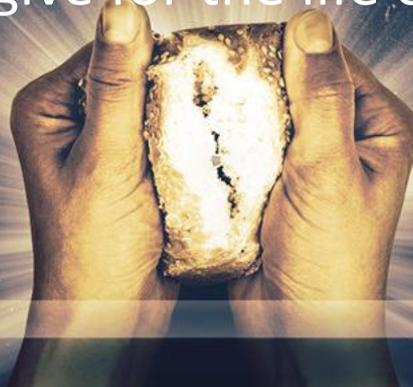


# Jesus is the Bread of Life

**John 6:35** <sup>35</sup> Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

**John 6:48** <sup>48</sup> I am the bread of life.

**John 6:51** <sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”



# We practice this weekly

## Matthew 26:26-28

<sup>26</sup> While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, “Take and eat; this is my body.”

<sup>27</sup> Then he took a cup, and when he had given thanks, he gave it to them, saying, “Drink from it, all of you. <sup>28</sup> This is my blood of the<sup>[a]</sup> covenant, which is poured out for many for the forgiveness of sins.



# The bottom line

**John 6:47**

<sup>47</sup> Very truly I tell you, the one who believes has eternal life.



# Peter's awakening

## John 6:67-69

<sup>67</sup> “You do not want to leave too, do you?” Jesus asked the Twelve.

<sup>68</sup> Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life. <sup>69</sup> We have come to believe and to know that you are the Holy One of God.”

