

The Turnaround

A Series on Romans 1-8

Hillside Church of Marin - Small Group Discussion Guide

Part 5: Life in the Spirit, from [Romans 8:1-15 \(link\)](#), on 03/10/24

Main Point: To live in accordance with the Spirit, Christians set their minds on the Spirit in practices

Getting Started

1. What jumped out to you about this week's talk? Why?

Read [Romans 8:1-15 \(link\)](#) aloud together, discuss

2. What does the Holy Spirit do in Christians?
3. How should believers engage the Holy Spirit's work?
4. Is there a tension between the what we do and what the Spirit does? Explain.
5. How can we set our minds on the Spirit?

Application

6. We can help determine what has captured our attention by evaluating our:
 - 6.1. *Thoughts and feelings // Conversations // Calendars // Wallet*
 - 6.2. If you took stock using these four things, what would you find your mind is set on?
7. We talked about Christian practices in two categories:
 - 7.1. **Engaging & Receiving:** *Gathering for Worship // Scripture Reading // Prayer // Sabbath*
 - 7.2. **Refining:** *Confession // Generosity // Fasting*
 - 7.3. Have you ever done any of these consistently? What was your experience / struggle / enjoyment?
8. Can you explain the difference between just doing something on this list, and intentionally doing it to set your mind on the Spirit?
9. What is one practice from the list that you can start doing in the next 48 hours, with the intentionality of setting your mind on the Spirit?
10. How can this group support you as you integrate this practice? Make a plan!

Prayer

11. What specific things can we pray for you as we seek to set our minds on the Spirit through practices?
12. Have each person pray for someone else in the group, based on what they requested.