

# BATTLE



EMPOWERED BY FAITH





Battle: Empowered by Faith  
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### WEEK 3

## The Battle of the Mind

By: Dr. John Freeland



“Take the Helmet of salvation and the sword of the Spirit,  
which is the word of God.”

(Ephesians 6:17)

“Do not conform to the pattern of this world but be transformed by  
the renewing of your mind. Then you will be able to test and approve  
what God’s will is—his good, pleasing, and perfect will.”

(Romans 12:2)



## INTRODUCTION

Much of what we think, believe and feel is centered in the mind. It's no wonder then there is a battle for the mind. Everything you experience in life is filtered through your mind. In this way the mind plays an important part in the Christian life. We cannot settle simply for "Jesus in our hearts." We need Jesus in our minds. Salvation is not just about the soul. It is about the whole self. Especially the mind. If we can win the battle for the mind, we can win the war!

The Corinthians dealt with "arguments" and "pretensions" (2 Corinthians 10:5) because they were a mixed culture of Jews and Gentiles, religious piety, and idol worship. Corinth, during the time of Paul's visit (around 50-55 AD), was a bustling and cosmopolitan city. It was a large polytheistic center of Greek religion, with a prominent temple dedicated to Aphrodite and temples of other major deities like Zeus, Poseidon, and Apollo. Several "mystery religions" offered personal salvation and secret knowledge through rituals and initiations. The cults of Isis and Dionysus are prime examples. There was a significant Jewish population in Corinth, with its own synagogue where Paul began preaching when he first reached Corinth (Acts 18:4).

Corinth was the capital of the Roman province of Achaia. Roman rule generally allowed for some local autonomy, but the final say rested with Roman authorities. Wealthy

citizens held significant influence, offering patronage to artists, philosophers, and even religious leaders. Corinth's strategic location on the Isthmus of Corinth made it a major hub for trade between the eastern and western parts of the Roman Empire. This brought wealth and diversity to the city. Wealthy merchants and landowners resided alongside a large population of free laborers and slaves. Prostitution was also prevalent, contributing to the city's reputation for moral laxity.

This unique blend of religion, politics, and economics had a significant impact on the early church in Corinth. The economic disparity within the city could lead to tensions within the church community and the city's reputation for immorality presented challenges for Christians seeking to live a holy life. Overall, Corinth in Paul's day was a dynamic and complex city. Into this culture Paul said "For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ" (2 Corinthians 10:3-5).







**DAY 1 | WEEK 3**  
**Battle of the Mind: The Enemy of the Mind**  
By: Dr. John Freeland

“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”  
(2 Corinthians 10:3-5)



## BATTLE OF THE MIND: THE ENEMY OF THE MIND

### DAY 1 | WEEK 3

“There is a battle being waged between good and evil, Light and darkness.” That sounds so dramatic it’s hard to believe. “Hollywoodesque”, if you will. The battlefield for many of life’s struggles is not only a physical one, but one within our own minds. Therefore, negative thoughts, anxieties, and doubts wage war against our faith causing us to doubt and struggle in our Christian walk. It can be overwhelming. Slowly and deliberately negative thoughts, anxieties and doubts creep into the mind disrupting thought processes and creating speculations and ideas that run contrary to the mind and will of God. However, 2 Corinthians 10:3-5 has a “secret sauce” that equips us for this battle. Our weapons “have divine power to demolish strongholds.” (2 Corinthians 10:4). That is good news because we don’t have to depend on our own weapons.

Spiritual warfare is foreign to most Christians. That’s not a judgment or a rebuke, just an observation that by and large the Western church has enjoyed ignorance of the spiritual realm. 2 Corinthians 10:3-5 and Ephesians 4:22-24 sound the alarm to wake us from our spiritual slumber. And awake we must. “Awake, sleeper, And arise from the dead, and Christ will shine on you” (Ephesians 5:14).

#### **Recognizing the Enemy**

Our enemy isn’t another person or circumstance. There are many enemies of our faith in Christ. 2 Corinthians 10 tells us “arguments and every pretension that sets itself up against the knowledge of God” are enemies of our faith (verse 5). Arguments and pretensions, negative thought patterns, lies we believe about ourselves and about God and anxiety (a lot of anxieties) all come together in a devastating way to create a battlefield in the mind that is pockmarked with confusion and doubt. Just who exactly are we fighting anyway? It’s hard to know when the enemy exist in an unknown and unseen realm.

Our enemy is not external in the way we think of an external enemy. Maybe you remember the cartoon character Pogo (1948-1975). Walt Kelly, Pogo’s creator, turned a battle report from the war of 1812 into an environmental campaign by tweaking the phrase “We have met the enemy, and they are ours” to “We have met the enemy and he is us.” Few people remember the battle report, but time and again Pogo’s voice rings loud and clear. But the battle of the mind is more complicated because there is an external, yet invisible, force.

2 Corinthians 10:3-5 and Ephesians 4:22-24 make it clear that force is the force of darkness, a spirit of evil that exists in our world (see also 1 Peter 5:8; Ephesians 2:2; James 4:7; Colossians 1:13).

It is true that our own thoughts, speculations, and strongholds often oppose God's truth. These create strongholds of human reasoning that oppose God's knowledge. So, in many ways our own prideful thinking and worldly philosophies lead us astray. We cause ourselves much trouble. But there is also a force working to manipulate our thoughts and pretensions to transmogrify them into strongholds that wreck, not only our mind, but our spirit. The enemy is us, but the enemy is also "the rulers, the authorities, the powers of this dark world and the spiritual forces of evil in the heavenly realms" (Ephesians 6:12). So when we set out to identify our enemy we must admit we are guilty, but there is another who is more sinister, more determined and more successful.

### **Empowered by Faith**

Since this war is not fought with physical weapons but spiritual ones, we must adapt. Naturally most people want to lash out. Some may wonder why God doesn't just spite our enemies. It would be so easy for Him to crush them. It would make our lives so much easier. We must fight on a different battlefield. It does us no good to fight the people around us even when those people are causing problems. Faith is the answer. In faith we step into the fray with the full assurance God is with us.

In a way, faith is a muscle. The more that muscle is used the stronger it gets. The more it is used in a particular way, prayer for example, the more it develops muscle memory, and muscle memory is important when fighting a battle. Muscle memory means the muscles move instinctively without conscious thought. The muscles react. A punch is thrown, for example, an arm goes up to catch the blow or the head bobs to avoid the blow. Faith is like muscle memory. We should use faith so often we develop "faith memory" so we don't even have to think about our battle response.



**Questions for further reflection:**

1. In what ways have you fought the battle of the mind with your own power?

2. In the times you feel you are your own worst enemy, what can you do to trust the divine power to demolish the strongholds in your mind?

3. Make a list of the ways you can exercise your faith muscle and create faith memory.

**DAY 2 | WEEK 3**  
**Divinely Powerful Weapons in the**  
**Battle of the Mind**  
By: Dr. John Freeland

“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”  
(2 Corinthians 10:3-5)

## DIVINELY POWERFUL WEAPONS IN THE BATTLE OF THE MIND DAY 2 | WEEK 3

### **Unveiling the Deceptive Thoughts**

It would be nice if there were a carwash for the mind. Imagine, you pull in, tap to pay, press the “Manager’s Special” button, select “Optional Wax” and “Tire Sparkle.” The automated sprayers and brushes do the rest. Instantly your mind is free of dirt and sparkling clean. Bad memories, negative thoughts and horrible images would be gone for good. That would be a miracle. Too bad it doesn’t work that way. Instead, in our inability to cleanse our minds, we attempt to hide the dirt and trash between the seat and the console in the land of long-lost French fries.

The minds of Paul’s fellow Jews were hardened because the “veil remained unlifted” (2 Corinthians 3:14). Many Jewish converts to Christianity in Corinth struggled to fully embrace the teachings of Christ because of “the veil.” The veil was their pre-Christian understanding of the Old Testament Law. Their minds were locked in the past, hardened by the demands of the Law of Moses. They waffled between opinions and cherished arguments and pretensions. In the case of Paul’s Jewish brethren, even those who had converted to Christ, the battlefield was very much in their own minds.

What are your arguments and pretensions? Whatever they are they are enemies to be conquered and destroyed. These arguments and pretensions challenge God’s truth and attempt to elevate human reasoning above God’s revelation. God revealed the nature of the human mind to the prophet Isaiah:

*“For My thoughts are not your thoughts, Nor are your ways My ways,” declares the LORD. For as the heavens are higher than the earth, so are My ways higher than your ways. And My thoughts than your thoughts.”*  
(Isaiah 55:8-9)

We attempt to be self-sufficient and thus independent of God. Those bad memories, negative thoughts, and horrible images you hide between the seats and the console in your mind will later rear their ugly heads to create deceptive thoughts. Eventually, and naturally, we run in opposition to Scripture. We call this the 12-inch war. It is the continuing struggle between your mind and your spirit; and your spirit, submitted to the Holy Spirit, absolutely needs to win.

## Identifying Destructive Thought Patterns

As much as it pains me to tell you this there was a time in my life when I was hypersensitive. I held myself in such disdain I could not believe anyone else could possibly think anything other than ill of me. I saw nothing of value in myself, so I couldn't believe anyone else could. My actions quickly revealed what I believed about myself. I had developed patterns of thinking, stinking thinking. Every piece of information and everything that happened, positive or negative, ran through that pattern of thinking. I was angry. I was hurt. I felt rejected. No matter what was said or done I was either angry, hurt or rejected. Frequently the stench of my thinking gave me away. Proverbs 23:7 puts it this way, "For as a man thinks in his heart, so is he."

It is important to be honest about the way you see things and think about them. For better or worst you have a deep-seated thought life. Start with thinking about how quickly you react to certain things. Are you easily angered, or easily hurt? Seek the truth in the light of Scripture. Repetitive worries, fears, anger, or bitterness can be signs of destructive thought patterns. Paul addresses thought patterns and processes in Romans 8:5-8:

"Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by

the Spirit is life and peace. The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. Those who are in the realm of the flesh cannot please God."

Challenge your thoughts with scripture. When your thinking starts stinking don't ignore it, challenge it. Take those thoughts captive and make them be obedient to Christ. Wash your mind with the "water of the Word" (Ephesians 5:26). Disobedient thinking needs to be held accountable to the "knowledge of God" which is characterized by love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23). Think on these things. Practice these things.

### Inappropriate Prayer?

Ephesians 6:18 tells us to, "Pray in the Spirit on all occasions." This means there are no occasions that are inappropriate for prayer. You will never enter a situation where prayer is inappropriate. Our prayer life needs to take on new meaning and new power. But for prayer to be powerful it can never be about getting something from God. It must be about being in the image of God.

When it comes to the battle of the mind, prayer isn't about victory. The victory is already won. Hear that again, "The victory is already won!" Jesus did that for us on the cross and in the tomb. We pray because prayer helps us live in the victory. Prayer helps us live in God's strength. Considering our weakness prayer helps us take our thoughts captive to the obedience of Christ.



Prayer helps us be immersed in, and filled with, the Holy Spirit. Prayer is a way of cooperating with the Holy Spirit's work in our lives. It is a way of inviting the Holy Spirit to work in our thoughts. Spiritual warfare without prayer is not spiritual at all. It is just a veiled attempt at controlling our own destiny.

How much prayer is enough prayer? No one ever prayed too much, but our attempt to quantify prayer reduces it to a task to be completed. Our attempt to qualify prayer reduces it to something to be achieved. How much prayer is enough? Try this, pray until you and God finish your conversation, then come back in a few minutes and see if either of you have anything to add.

**Questions for further reflection:**

1. What are your arguments and pretensions?
2. When you react quickly or overreact what do think is driving those reactions?
3. What is the most important thing you have been asking of God? How can you make that about being in the image of God?

**DAY 3 | WEEK 3**  
**Demolishing Destructive Strongholds**  
**in the Battle of the Mind**

By: Dr. John Freeland

“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

(2 Corinthians 10:3-5)

## DEMOLISHING DESTRUCTIVE STRONGHOLDS IN THE BATTLE OF THE MIND DAY 3 | WEEK 3

### **Arguments and Pretensions**

In 2 Corinthians 10:4, “strongholds” has two meanings. First is the idea of something physical with a military purpose, a castle, stronghold, or a fortress. The second meaning is less concrete; “anything on which one relies” specifically, “the arguments and reasonings used by an adversary to fortify his opinion.” These fortresses represent entrenched patterns of negativity and the strongholds of doubt and fear, self-reliance, and pride we’ve built up over time. These are the enemies of truth and faith. Through God’s power we can tear them down and replace them with a foundation of truth and faith.

Do you talk to yourself? When you encounter a problem, your mind begins to analyze and work out a solution. It does this through reflexive, internal dialogue. The downside of this reflexive, internal dialogue is when we entertain internal debates, doubts, or philosophies that challenge our faith in God. These are “arguments” (2 Corinthians 10:5). This word the NIV translates as “arguments” (“speculations” in the NASB) means reasonings that are contrary to the Christian faith. The word the NIV translates as “pretension” (“lofty thing” in the NASB) means an “elevated structure”

or a barrier or rampart. In other words, “arguments” are directly opposed to God and “pretensions” are elevated structures that block Truth. These two are a dangerous combination that challenge God’s truth and prevent us from moving forward in faith.

One time a grapefruit got pushed to the back of our refrigerator. When it was finally found it was a ball of gray fuzzy mold. Funny thing was it didn’t smell. Would you leave rotting fruit in the refrigerator of your mind? That’s what we do when we ignore the arguments and pretensions that have taken root in our minds. These thoughts are like rotting fruit. They may not stink, but they introduce a spiritual mold into our thought processes and memories. It doesn’t matter that they are shoved to the back of your “ice box” or that they don’t smell, they affect the way you think, but they also affect your ability to move forward in faith.

### **Exposing Lies with Scripture**

Truth and light have a lot in common. Both contain the power of revelation. Turn on the light and the roaches scatter. Turn on the light and darkness gives way to revelation. The same is true for Truth. Truth brings revelation and lies scatter like

roaches. Not a pretty picture, but my drama is intentional. We need to feel the weight of Truth. Filling your mind with scripture is a sure way to demolish arguments and pretensions that set themselves up against the knowledge of God. Truth tears down the strongholds of doubt and fear, self-reliance, and pride.

One lie that takes up residence in our mind is fear. Fear enters especially when we take up arguments contrary to God's Word. Rather than act in faith we imagine all the outcomes. Soon we lose the ability to imagine Christ-centered outcomes. Fear is all we are left with. "For God has not given us a spirit of timidity, but of power and love and discipline" (2 Timothy 1:7). This word "discipline" is translated from the Greek in various ways in English including self-discipline, self-control, and sound mind. "Sound mind" seems to be among the most accurate for the context. When we depend on our mind alone, we lose the ability to hear the voice of God.

Aligning your thoughts with Christ is part of the process of sanctification. Deception, whether induced by the world's darkness or by our own vain imaginations, tears us away from Christ. Scripture reveals just how incompatible these vain imaginations are with the Gospel of Christ. But studying Scripture isn't enough. There must be divine power; and that is the promise of 2 Corinthians 10:4.

Maybe you want to ask, "Now what?" Spend time actively examining your thought patterns. Identify areas where arguments or strongholds might be hindering your faith. Don't get in too big of a hurry, but don't let yourself fall into lethargy either. God works with us as fast as we are able. Be of good cheer and grow in hope. Through your faith in Christ and the power of the Holy Spirit, you will demolish any stronghold that opposes the knowledge of God.



**Questions for further reflection:**

1. What is keeping you from moving forward in faith?

2. Read 2 Timothy 1:7. How prevalent is fear in your life? What would it mean to you to have self-discipline, self-control, and sound mind?

3. Work over the next several days and weeks to memorize 2 Timothy 1:7; Romans 12:2; 1 Peter 1:13; Philippians 4:8

**DAY 4 | WEEK 3**  
**Taking Every Thought Captive in the**  
**Battle of the Mind**  
By: Dr. John Freeland

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## TAKING EVERY THOUGHT CAPTIVE IN THE BATTLE OF THE MIND DAY 4 | WEEK 3

It's not "one and done." Renewing our minds and taking every thought captive is an ongoing process. We are constantly bombarded with overt and covert messages that are contrary to Scripture. It is impossible to take every thought captive on our own strength. We must rely on the Holy Spirit to empower us to discern truth and transform our minds into the image of Christ. Still, we are assaulted by imaginations, doubts, and reasonings. We must take these things to the Cross and test them with the Word of God.

### **Demolishing Strongholds with the Sword of the Spirit**

The thoughts in your mind that are contrary to the mind and heart of God are not your master. You can master them, but you will need the help of the Holy Spirit and the Holy Bible. The sword of the Spirit is a truly offensive weapon. The sword of the Spirit is the Word of God. These two together, the Sword and the Spirit, are a powerful combination. The Word is too much for the human mind, therefore we need the Holy Spirit to clarify it for us. Take these two, Sword and Spirit, to a worldly thought and that thought hasn't a chance of survival. At the same time, Scripture renews our minds according to God's will. The Bible is our greatest weapon. It is the

inspired Word of God, and it has the power to tear down every stronghold of the enemy in our minds.

Arguments and pretensions set themselves up against the knowledge of God. The sword of the Spirit cuts away these arguments and pretensions like a hot knife through butter on the Fourth of July. Hebrews 4:12 says, "The Word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints, and marrow; it judges the thoughts and attitudes of the heart." When we submit our thoughts to be obedient to Christ, we begin to think Godly thoughts which leads to Godly action, which lead to a Godly life.

### **The Guidance of the Holy Spirit**

The battle of the mind is vitally important because when our mind is in control, we cannot respond appropriately to the Holy Spirit. Without the Holy Spirit we would simply continue our way in a blissful ignorance of miserable darkness unable to receive the knowledge of God. It cannot be overemphasized how much we need the Holy Spirit. Whatever weapons mentioned in 2 Corinthians 10:4 are "divinely powerful" because of the presence of the Holy Spirit in the believer's life.



The Holy Spirit convicts us of wrong thinking, guides us towards truth and empowers us to align our thoughts with Christ. It is the Holy Spirit that enables us to discern truth, tear down mental strongholds and be obedient to Christ.

### **Replacing Habitual Patterns of Thought with God's Truth**

Certainly, more than ninety percent of us sit in the same place at Sunday worship. Some may even get upset if a guest sits in their "spot." In a previous church one lady had her "spot." One Sunday morning she made her way down the aisle to discover a strange man sitting there. "You're in my spot," she said. He slid over. She sat down. They began to talk and became good friends even though there was a 40-year difference in their ages. We are creatures of habit.

It comes as no surprise then that our brains are wired and even mis-wired with habits. When new information doesn't fit our narrative, we attempt to rewire it to make it fit. Preconceived ideas have a lot to do with what we think. Philippians 4:8 tells us, "whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things." When we begin dwelling in the Word, we create new pathways in the way we process information, and we begin to see with new eyes.

We are inundated with information every day. The great majority of us carry a little computer in our pocket. It beeps, chirps and rings to get us to ingest more information. Our world is no longer silent. If our pocket isn't begging for our attention, everything around us is. To dwell on the things of God, we must put some things aside, at least for a while. One choice you can make is what you will focus on. "Set your mind on the things above, not on the things that are on earth" (Colossians. 3:2). With God's help, we can transform our thought patterns and experience lasting victory in the Battle of the Mind.

**Questions for further reflection:**

1. Which is in control, your mind, or your spirit? If your spirit is in control, it has final say over what you eat, watch, where you go, etc. Ask God to help your spirit be in control. Tell you mind to settle down and listen to what the Spirit says.

2. Is the Holy Spirit convicting you? Repent.

**DAY 5 | WEEK 3**  
**Renewing Your Mind**  
By: Dr. John Freeland

“Therefore, I urge you, brothers, and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing, and perfect will.”  
(Romans 12: 1-2)



## RENEWING YOUR MIND DAY 5 | WEEK 3

### Filling Your Mind with God's Word

Since water is denser than oil, oil and water don't mix. Slowly add enough water and the oil will be forced out of the container. Truth has greater density than falsehood. As you add truth, falsehoods are forced out of the mind. Now that is an extremely simple and imperfect example, but hopefully you get the point. The more you fill your mind with the Truth of God's Word the less room you have for falsehood and lies. In this case Truth is a strong defense against the lies of the enemy. Ignatius of Antioch, a first century Church Father, suggests, "Let us fill our hearts with the divine Scriptures, that by their means, through the recollection of them, we may quench the fiery darts of the wicked."

Imagine a mind full of the knowledge of God; filled with truth and wisdom. That mind would be so far removed from the things of this world the schemes of the Devil wouldn't be able to touch it (Ephesians 6:11). Set a foundation in your mind of the knowledge of God. Do this and you will know and come to understand God's character and plans.

### Renewing Your Mind

Let's revisit stinking thinking. After being married 44 years I recently purchased our first new car. After buying used cars, sometimes very used, for years that new car smell was a strange thing. I wasn't even sure I liked it at first, but Linda was quite fond of it. We get used to stinking thinking and anything else is just plain weird. Our thought patterns have been distorted so long we've grown used to them. In the world stinking thinking is hardly noticed, if at all. In fact, not only is it hardly noticed, but it is also embraced and celebrated. Two extreme examples are gender dysphoria and abortion.

Romans 12:2 gives us a whole new way to look at this: "Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing, and perfect will." We must make a choice and choose what will we allow to influence us. Paul is saying, "Don't let the world be your influence." The world produces stinking thinking. The Word renews and transforms. Be renewed in your mind and you will be transformed to discover the will of God for your life.

## **Renewing Your Mind Through Worship**

Romans 8:5 reveals a key factor in renewing the mind: “live in accordance with the Spirit and what the Spirit desires.” Being transformed by Scripture is important, but let’s not stop there. Worship is how we focus on God’s greatness and goodness as we sing songs of praise and lift our hands in worship. I recently had a conversation with someone who had no worship experience outside a Sunday worship service. This person didn’t listen to Christian music in the car or the home. They didn’t study the Bible or have much of a prayer life. Then one day it clicked. They began listening to sermons, then worship music. Pretty soon they stopped listening to secular music altogether. Household chores became a time of worship — just folding laundry for Jesus.

In John 4, Jesus told the woman at the well, “true worshipers will worship the Father in spirit and truth.” What!? This must have been the craziest thing she had ever heard. What He said didn’t fit her narrative. She couldn’t process this truth. All her life worship had been limited to a particular place. This was one of the big divides between the Jews and the Samaritans. Jews worshipped in Jerusalem. Samaritans worshipped on Mount Gerissim. Jesus brought her a new revelation. Worship is not about where. Worship is about Who.

There is no true worship apart from the Holy Spirit, and the Holy Spirit doesn’t do things the way we usually do. Worship begins when we take a breath, lay aside our expectations and look up — then begins the renewal of our minds through worship.

**Questions for further reflection:**

1. What changes do you need to make to set a foundation in your mind of the knowledge of God?

2. In what ways are you susceptible to the stinking thinking of the world?

3. When, where, and how often do you worship? Write down some ways you feel this renews your mind.









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## OUR MISSION

To lead people to trade the pursuit of more for a life worth pursuing in Jesus Christ.



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