



## Message Series Guide

### Without Ceasing

### Part 5 – When the Holy Spirit Prays for Us

### Romans 8:26-27

The third person of the Trinity has been called the forgotten God. We often miss the work of the Holy Spirit by simply forgetting who He is and what He is doing in our lives. Scripture reveals that the Holy Spirit helps us in our weaknesses. That means He is always with us, helping us in our walk with Jesus. Specifically, if we don't know how or what to pray, He does our praying for us, making prayer out of our wordless sighs and our aching groans. He intercedes for us, meaning He "acts on our behalf." He knows us far better than we know ourselves, and He is in perfect harmony with God the Father. That's why we can be so sure that every detail in our lives is being worked into something good for the glory of God.

## READ:

**Romans 8:26-27 • Ecclesiastes 6:12 • 1 Peter 3:12 • John 14:16 & 26 • Romans 8:28**

- When it comes to your prayer life, what are some areas you are weak in? What is the role of the Holy Spirit in our weaknesses? How is the Holy Spirit our "helper" in regard to carrying difficult burdens?
- Have you ever been in a difficult or complex situation and didn't really know what to pray? Explain. What did you do? How did you know that God heard and answered your prayer?
- What does it mean that the Holy Spirit prays for us with groanings? How is the Holy Spirit like a spiritual translator? How does this truth bring you comfort when you are uncertain what to pray?
- What role does each member of the triune God play in our prayer life (God the Father, God the Son, God the Holy Spirit)?
- What confidence does it give you that the Holy Spirit always intercedes according to the Father's will? How does the truth that "God works all things together for good" (Romans 8:28) impact your prayer life?

## DISCUSS:

- Have you ever prayed for a specific situation only to find the outcome was the exact opposite of what you prayed for? How did you deal with that? Did God hear your prayers? Why or why not?
- How does our weakened human condition often affect our prayer life? Is it easier or harder to pray when you know you are weak? Why is recognizing our weakness such an important step to finding hope through prayer?
- If the Holy Spirit faithfully intercedes for us, and the Father faithfully answers our prayers according to His perfect will, do we still need to pray? Why or why not?
- "Romans 8:26-27 is about God praying to God in God's name on behalf of God's children." As you consider the reality that the trinitarian God is involved in helping you in prayer, how is that specifically encouraging to you?

## PRAY:

Pray that God gives you the faith to know that He hears every prayer, both spoken and unspoken, and that He answers every prayer according to His perfect timing and will.

## RESPOND:

Whether you don't feel you can pray because you haven't prayed in far too long, or because the prayer requests that fill your heart are too big to utter, may you know the peace that comes from believing that the Holy Spirit is interceding for you today.