

WHO ARE YOU FOLLOWING?

August 24, 2025

As Jesus was walking beside the Sea of Galilee, he saw two brothers, Simon called Peter and his brother Andrew. They were casting a net into the lake, for they were fishermen. "Come, follow me," Jesus said, "and I will send you out to fish for people." (Matthew 4:18-19)

How can I be more like Jesus?

And do not be conformed to this world [any longer with its superficial values and customs], but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes], so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you]. (Romans 12:2 AMP)

And all of us, as with unveiled face, [because we] continued to behold [in the Word of God] as in a mirror the glory of the Lord, are constantly being transfigured into His very own image in ever increasing splendor and from one degree of glory to another; [for this comes] from the Lord [Who is] the Spirit. (2 Corinthians 3:18 AMPC)

Jesus wants to transform us to be like Him.

Spiritual formation is not a Christian thing; it is a human thing.

Habits & The stories we believe.

Relationships & Environment

Time & Experience

Time matters.

Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. (Exodus 20:8-10)

One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?" Then he said to them, "The Sabbath was made for man, not man for the Sabbath. (Mark 2:23-27)

The Sabbath is worship.

The Sabbath is healthy.

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. (Psalm 23:1-3)

The Sabbath is communal.

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We cannot ignore the principle God is trying to use to form us.

