

## WHO IS JESUS

March 15, 2026

*“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?” (Matthew 6:25-26)*

Many are not generous because they worry that they won’t have enough.

Be generous because your Heavenly Father has more than enough.

*Can any one of you by worrying add a single hour to your life?” (Matthew 6:27)*

Worry is not healthy.

What we are worried about is often not as bad as the worry itself.

*“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?” (Matthew 6:28-30)*

God can and will supply us with what we need.

*The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. (Psalm 23:1-3)*

Are you submitted to the leading of the Shepherd?

Do you trust God?

*The Israelites said to them, “If only we had died by the Lord’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.” Moses also said, “You will know that it was the Lord when he gives you meat to eat in the evening and all the bread you want in the morning, because he has heard your grumbling against him. Who are we? You are not grumbling against us, but against the Lord.” (Exodus 16)*

Grumbling and worry reveals which eye we are seeing the world through.

*So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. (Matthew 6:31-32)*

Does your worry cover your “light”?

*But seek first his kingdom and his righteousness, and all these things will be given to you as well. (Matthew 6:33)*

We are not supposed to worry about what the world worries about.

*Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. (1 Peter 5:6-7)*

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7)*

We worry when we get disconnected.

*Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. (Matthew 6:34)*

*And I’ll say to myself, “You have plenty of grain laid up for many years. Take life easy; eat, drink and be merry.” “But God said to him, ‘You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?’ (Luke 12:19-20)*

*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. (Philippians 4:8)*

Stop looking around and look for the Kingdom.

