

FRUITS OF THE SPIRIT

Sisterhood Saturday

GALATIANS 5:16-26

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THE FRUITS OF THE SPIRIT

love, joy, peace, patience,
kindness, goodness, faithfulness,
gentleness, self-control

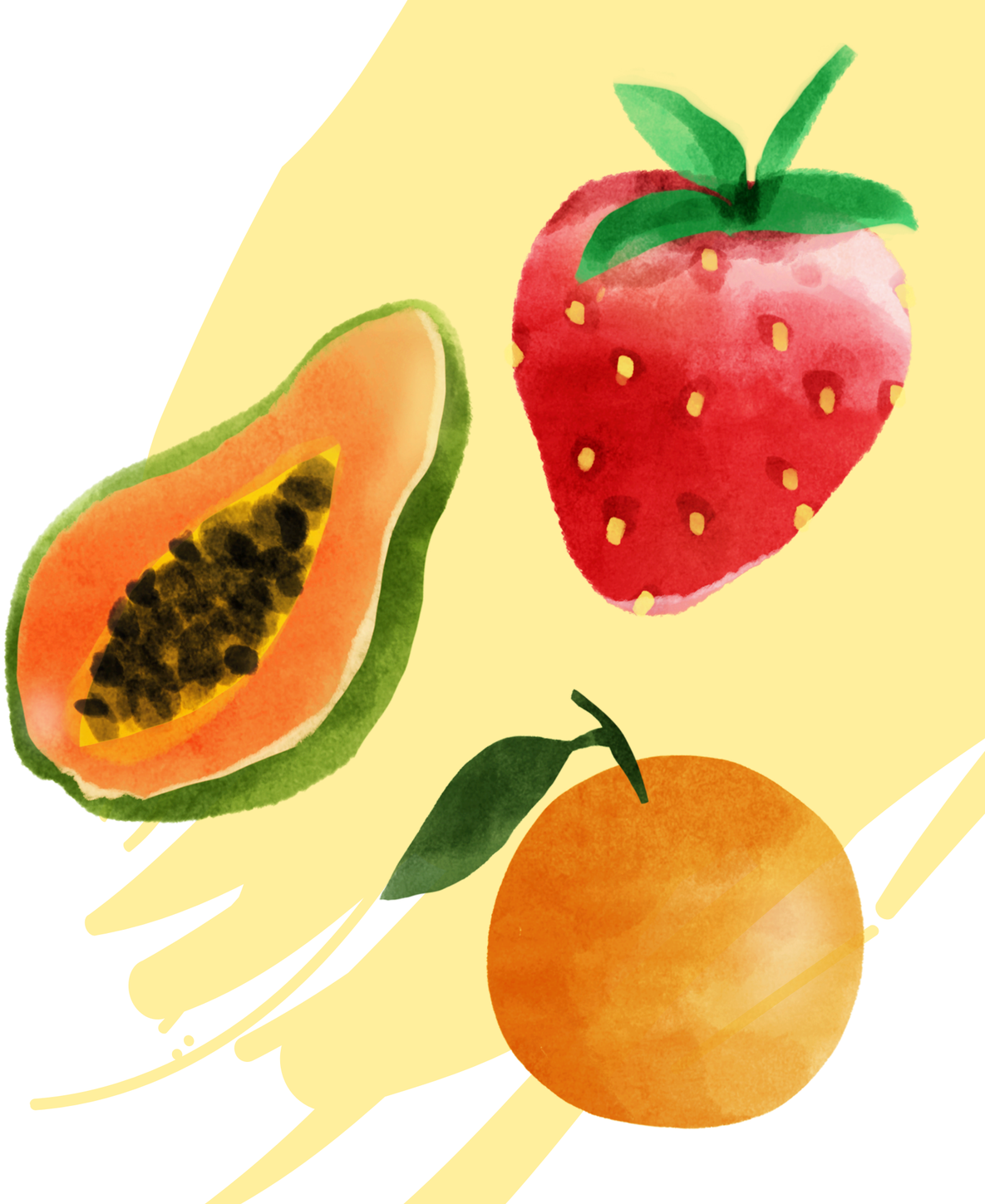
LOVE

Greek – agapé

Divine love. unconditional. sacrificial. rooted in God's nature

Same word used to describe how God loves

John 3:16 – For God loved the world in this way: He gave his one and only Son. so that everyone who believes in him will not perish but have eternal life



JOY

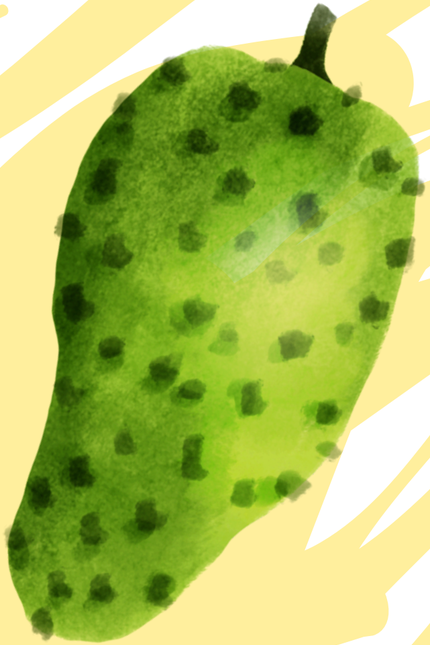
Greek – chara

The awareness of God's grace, favor, joy, grace recognized, joy because of grace

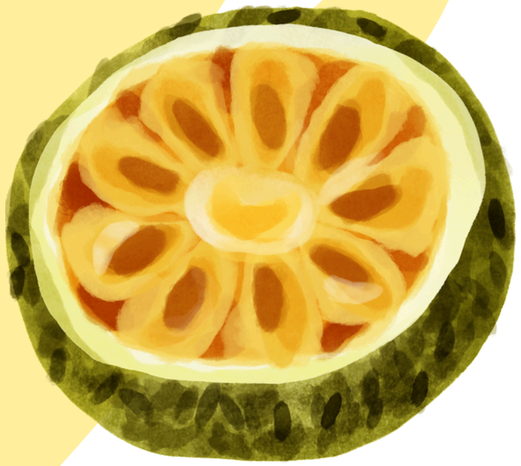
Deep-seated gladness, calm delight not dependent on outward circumstances – JOY OF THE LORD

Nehemiah 8:10 – Then he said to them, "Go and eat what is rich, drink what is sweet, and send portions to those who have nothing prepared, since today is holy to our Lord. Do not grieve, because the joy of the Lord is your strength.









PEACE

Greek – eiréné

Peace, quietness, rest

"eiréné" may come from "eiro" meaning to join, tie together into a whole

Wholeness (when all essential parts are joined together) → God's gift of wholeness

PATIENCE

Greek – makrothumia

True patience. long suffering. divinely regulated patience only produced by the Lord

Long suffering – waiting a sufficient time before expressing anger

Embraces steadfastness and staying in power or self-control

1 Peter 3:20 – who in the past were disobedient. when God patiently waited in the days of Noah while the ark was being prepared. In it a few – that is. eight people – were saved through water.



KINDNESS

Greek – chréstotés

Useful kindness. excellence in character and demeanor. well-fit for use. kindness that is also serviceable

Meeting real needs. in God's way. in His timing

Titus 3:4-5 – But when the kindness of God our Savior and his love for mankind appeared. he saved us – not by works of righteousness that we had done. but according to his mercy – through the washing of regeneration and renewal by the Holy Spirit.

The kind of kindness that gives new life and restoration







GOODNESS

Greek – agathosune

Intrinsic goodness, uprightness of heart and life, morally excellent

Seeks the benefit of others combining moral integrity with generous action

Mark 10:18 – "Why do you call me good?" Jesus asked him. "No one is good except God alone."

Strictly biblical term – doesn't seem to appear in secular Greek works

FAITHFULNESS

Greek – pistis

Be persuaded. come to trust. moral conviction of the truthfulness of God. God's divine persuasion

A gift from God

Hebrews 12:2 – keeping our eyes on Jesus. the pioneer and perfecter of our faith.



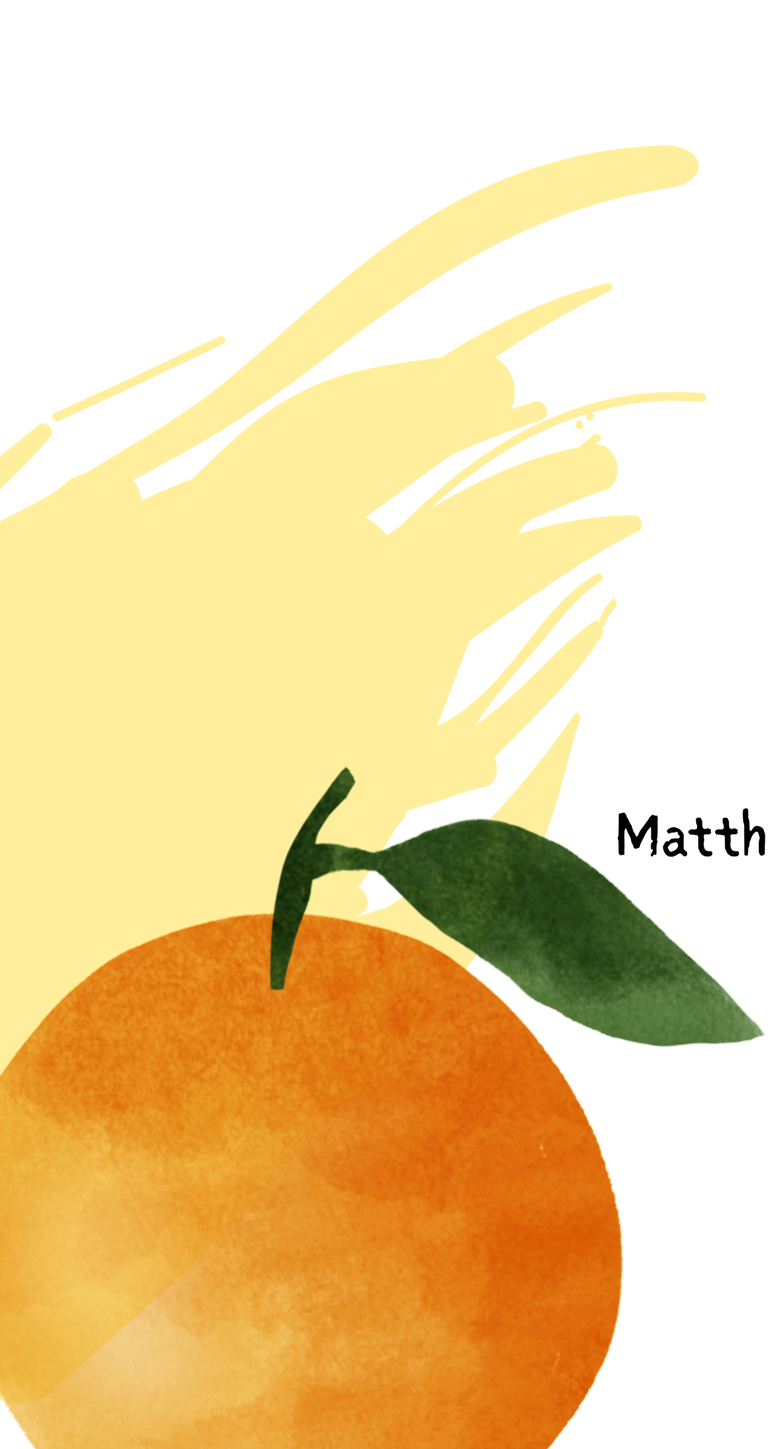
GENTLENESS

Greek – prautes

Meekness. humility

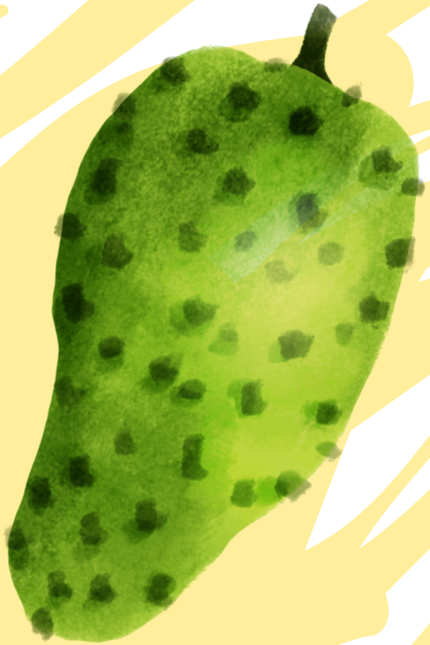
gentle strength. strength under control

Matthew 5:5 – Blessed on the humble (meek). for they will inherit the earth.

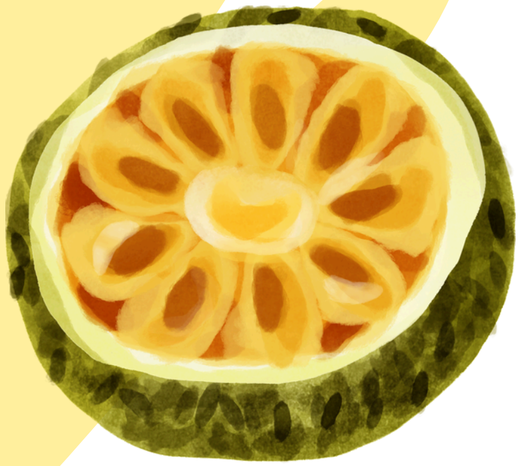












SELF-CONTROL

Greek – egkrateia

Dominion within, mastery, temperance

From oneself, but not by oneself

Self-restraint in actions, thoughts, speech, physical appetites

staying calm under pressure

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WORKS OF THE FLESH

sexual immorality
moral impurity
promiscuity
idolatry
sorcery
hatreds
strife
jealousy

outbursts of anger
selfish ambitions
dissensions
factions
envy
drunkenness
carousing
and anything similar



ROMANS 8:5-9

For those who live according to the flesh have their minds set on the things of the flesh, but those who live according to the Spirit have their minds set on the things of the Spirit. Now the mindset of the flesh is death, but the mindset of the Spirit is life and peace. The mindset of the flesh is hostile to God because it does not submit to God's law. Indeed, it is unable to do so. Those who are in the flesh cannot please God. You, however, are not in the flesh, but in the Spirit, if indeed the Spirit of God lives in you. If anyone does not have the Spirit of Christ, he does not belong to him.

FRUITS VS. WORKS





Now the mindset of the flesh is death, but the mindset of the Spirit is life and peace

Fruits of the Spirit are opposite of the works of the flesh

Table Talk – match up the fruits with the works they replace in our lives



GALATIANS 6:7-9

Don't be deceived: God is not mocked. For whatever a person sows he will also reap, because the one who sows to his flesh will reap destruction from the flesh, but the one who sows to the Spirit will reap eternal life from the Spirit. Let us not get tired of doing good, for we will reap at the proper time if we don't give up.



HOW DO WE WALK BY THE SPIRIT?

JOHN 14:15-17

If you love me, you will keep my commands. And I will ask the Father, and he will give you another Counselor to be with you forever. He is the Spirit of truth. The world is unable to receive him because it doesn't see him or know him. But you do know him, because he remains with you and will be in you.



HOW DO WE WALK BY THE SPIRIT?

JOHN 15:4-5

Remain in me, and I in you. Just as a branch is unable to produce fruit by itself unless it remains on the vine, neither can you unless you remain in me. I am the vine, you are the branches. The one who remains in me and I in Him produces much fruit, because you can do nothing without me.

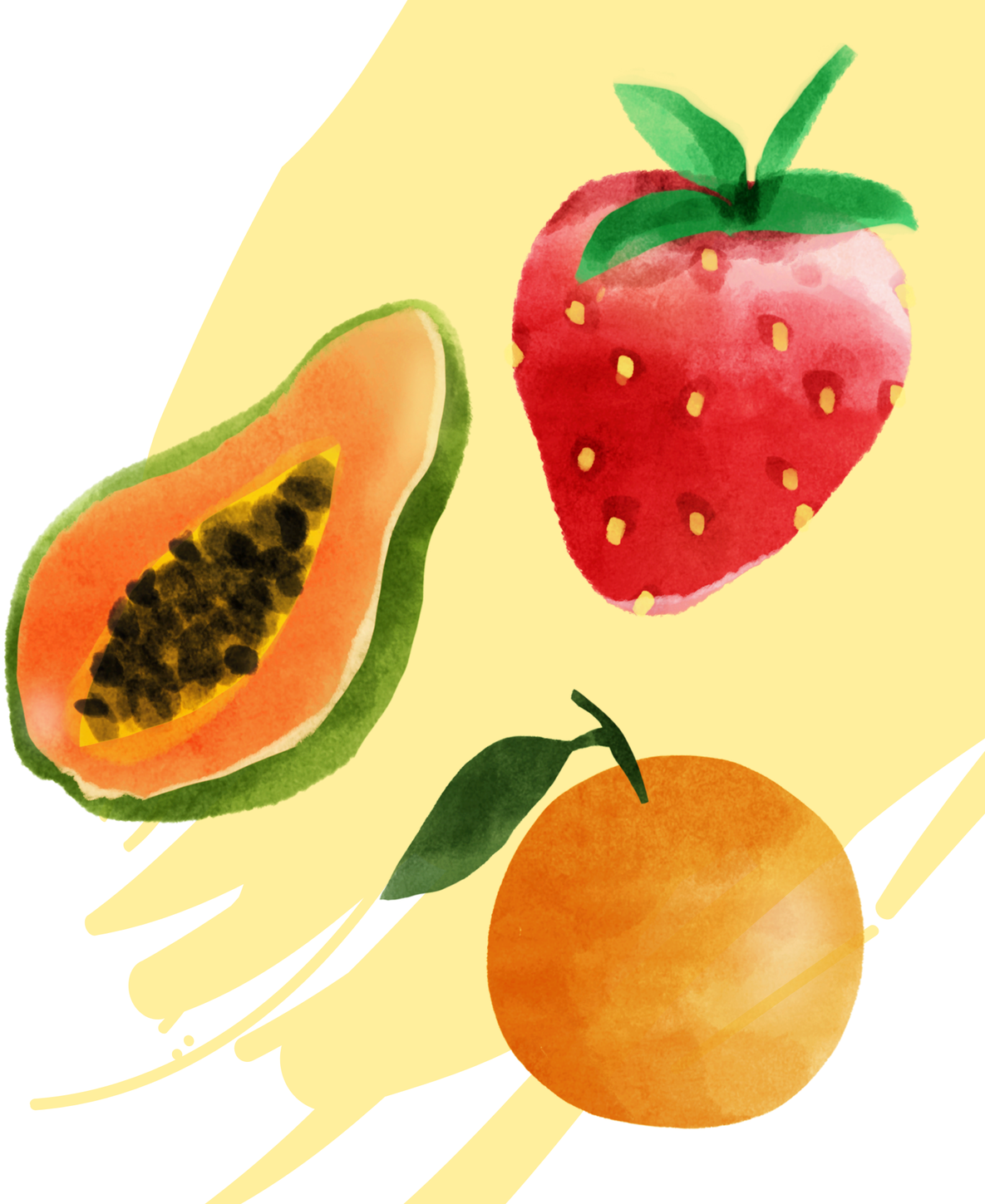
REMAIN

The branches of the lemon tree will not grow lemons unless it remains attached to the tree.

Remaining in Jesus is remaining in the Word

<u>John 1:1</u>

In the beginning was the Word, and the Word was with God, and the Word was God.

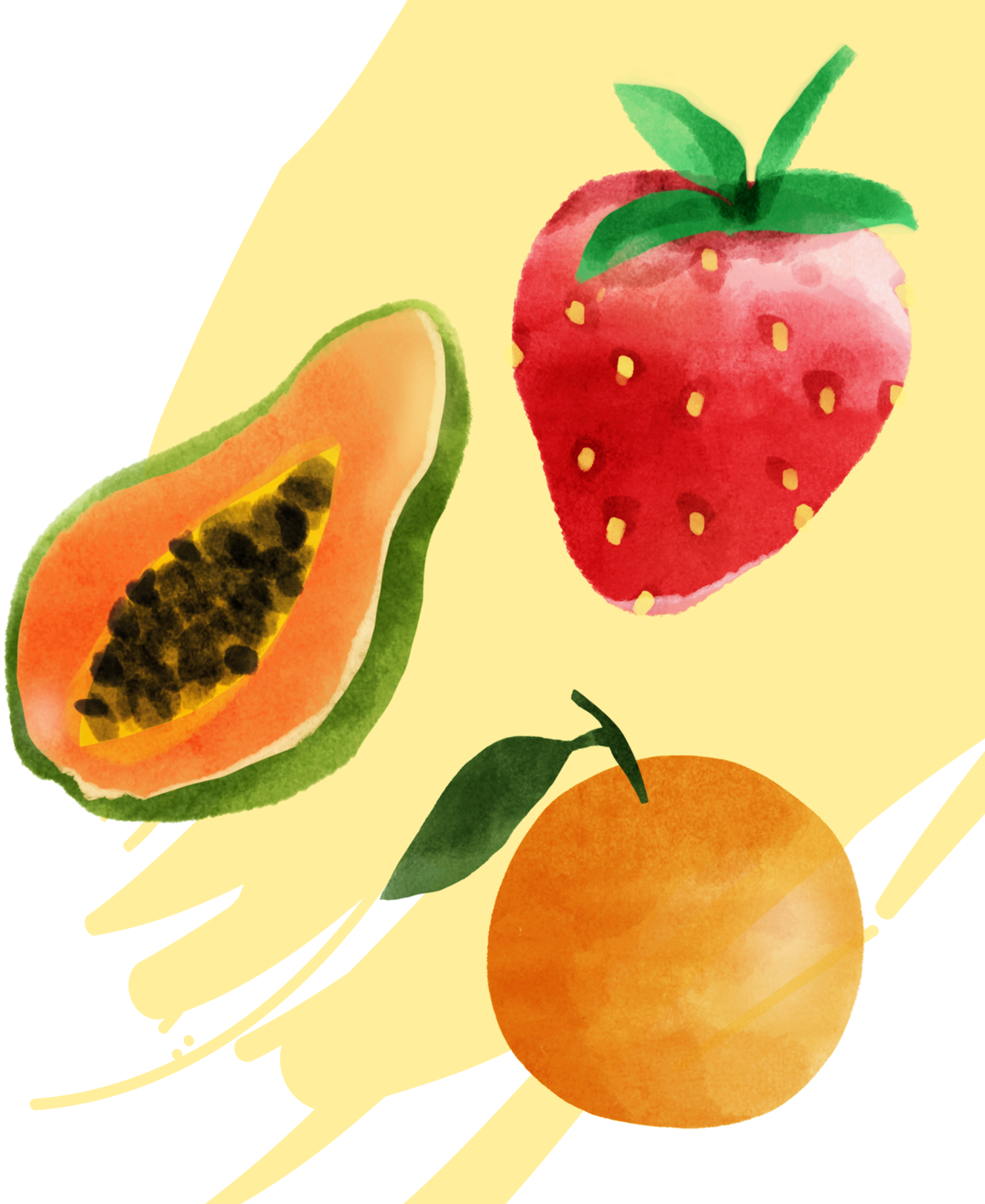


REMAIN

Remaining in Jesus is walking as He walked.

1 John 2:3-6

This is how we know that we know him: if we keep His commands. The one who says, 'I have come to know him' and yet doesn't keep his commands, is a liar, and the truth is not in him. But whoever keeps his word, truly in him the love of God is made complete. This is how we know we are in him: the one who says he remains in Him should walk just as he walked.



EVIDENCE OF FAITH

Our fruits are the evidence of our faith in action.

<u>Luke 3:8</u>

...produce fruit consistent with repentance...

Repentance is turning from our sin → pruning

Pruning the dead, unproductive branches helps to produce an abundance of fruit

PURPOSE OF THE FRUIT





HEBREWS 12:1-2

Therefore, since we also have such a large cloud of witnesses surrounding us, let us lay aside every hindrance and the sin that so easily ensnares us. Let us run with endurance the race that lies before us, keeping our eyes on Jesus, the pioneer and perfecter of our faith. For the joy that lay before him, he endured the cross, despising the shame, and sat down at the right hand of the throne of God.

PURPOSE OF THE FRUIT



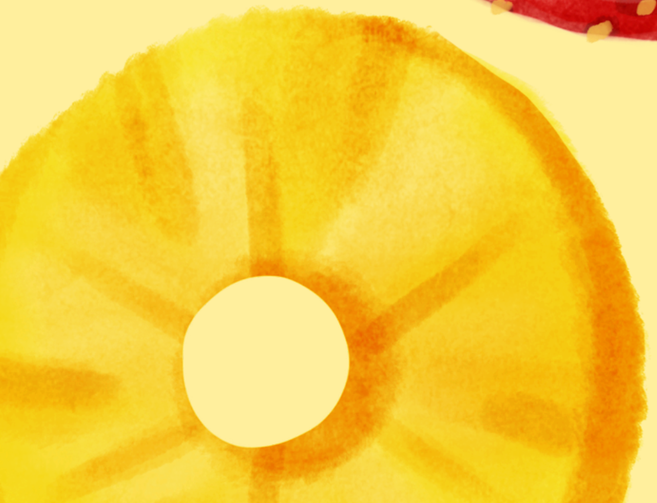


"Since we also have such a large cloud of witnesses surrounding us"

The fruit we produce is not for us.

It is for the benefit of the people around us. that they may see the love and light of Christ.





PERSONAL REFLECTION

Sit with the Lord. and ask:

- Where have I been walking in my flesh?
- What do I need to do to keep in step with the Spirit?
- What fruits do I need more of to show the love of Christ?
- Help me to sow to the Spirit to produce good fruit to be a light to others.



FRUITS OF THE SPIRIT

LOVE	
JOY	
PEACE	
PATIENCE	
KINDNESS	
GOODNESS	
FAITHFULNESS	
GENTLENESS	
SELF-CONTROL	



FRUITS OF THE SPIRIT

NOTES:

FRUITS VS. WORKS

FRUITS	WORKS
LOVE	SEXUAL IMMORALITY
JOY	MORAL IMPURITY
PEACE	PROMISCUITY
PATIENCE	IDOLATRY
KINDNESS	SORCERY
GOODNESS	HATREDS
FAITHFULNESS	STRIFE
GENTLENESS	JEALOUSY
SELF-CONTROL	OUTBURSTS OF ANGER
	SELFISH AMBITIONS
	DISSENSIONS
	FACTIONS
	ENVY
	DRUNKENNESS
	CAROUSING
	AND ANYTHING SIMILAR: