

## SESSION ONE

# WHO IS GOD?

**WATCH** *Session One - God: The Father Son and Holy Spirit*

## Big Idea

Who is God, and how can we live in relationship with Him? God is Father, Son, and Holy Spirit. He loves us so much that He sent His Son, Jesus, to save us from our sin and set us free. The cost was heavy, and it was one that only God Himself could pay. Then, He sent His Holy Spirit to empower and guide us in this life. God is our Father, and He wants His children to know Him, not just through a set of rules to follow, but through a genuine, vibrant relationship. God gives us life. He gives us His Son. He gives us Himself. It is the joy of our lives to know, pursue, love, and live in relationship with God our Father.

*I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty.*

**2 CORINTHIANS 6:18**

# Think

From the video, which view of God do or did you relate to most? Has your view of God changed as your relationship with Him has changed? If so, how has it changed?

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What is your relationship with your earthly father like? How could that affect your relationship with your heavenly Father?

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Relationships are a two-way street. What does your part in the relationship with God look like?

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What one thing if you started doing this week would improve your relationship with God?

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# Prayer Focus

In your daily prayer time, pray using Jeremiah 29:13 – “You will seek Me and find Me when you seek Me with all your heart”. Ask God to reveal His character to you, and prepare to seek Him with all of your heart. Renew your commitment to Jesus each day.

## Next Steps

Spend time with God this week and develop a personal time of connection with Him. Don’t worry about being formal. Try calling God by a different name like “Father”, “Dad”, or “Abba”. Just be real, and watch how your time with God transforms.

## Common Questions

### **How can God be three persons at one time?**

That’s a great question. God is Father, Son, and Spirit. This is one of the great mysteries of the faith. We know that it’s true because the Bible makes it clear over and over again, but we can’t fully understand how it works. One of the greatest proofs of the reality of God is that there’s much about Him we can’t understand. Isaiah 55:8 tells us that “His thoughts are not our thoughts, and His ways are not our ways.”

### **How can I trust God if I don’t fully understand Him?**

There are lots of things in life that we trust but don’t completely understand. To trust God is to have faith in God. Faith is defined as “trust or confidence in something or someone.” When you sit in a chair for the first time you are showing faith that the chair will hold you. Until you sit, you really don’t know if the chair will stay together. We trust God based on His history, character, and promises. Over time, as you grow closer to God, trusting Him will become more natural.

## **I don't have a good relationship with my father, so how am I supposed to trust God as a father?**

Sometimes, our experience with our biological father doesn't match up well with the standard that God sets, and that can be really difficult. God models the role of "father" as it should be, not the other way around. God is the father who loves fully and unconditionally. He will never leave, and He will always forgive. He builds up, equips, frees, and empowers. God sets the standard for fatherhood. The critical thing to remember is that God was the first Father, and He always fills that role perfectly.

## **Why does God love us so much?**

He chooses to - He freely loves us. More than a feeling, love is a choice. John tells us in 1 John 4:8 that God is love, so He is really the embodiment of that choice in action. It's even more beautiful when we understand that God isn't forced to love us because of a feeling. He chooses to love us, unconditionally and always, out of His own free will.