

SESSION EIGHT

STAYING ON THE RIGHT PATH

WATCH *Session Eight - Connect: The Power of Relationships*

Big Idea

Choosing our relationships carefully is vital to staying healthy. God doesn't just call us to nurture and initiate meaningful relationships, His Word also tells us to stay away from harmful relationships and to restore our broken ones. Developing strong relationships takes work, but we can do it. Be intentional with the people in your sphere of influence. Take the time to cultivate Godly relationships with your church family, friends, and coworkers. Growing the right relationships is important because "we" is always better than "me."

A mirror reflects a man's face, but what he is really like is shown by the kind of friends he chooses.

PROVERBS 27:19

Think

What were your biggest takeaways about how Hamp described the key to spiritual growth?

Think about a time when you walked through a difficult season on your own. How do you believe the support of a Group would have impacted the way you experienced that season?

Can you think of any relationships in your life that feel negative, draining, or unhealthy? What are ways you could start to step away from those relationships?

What new relationships do you need to start? How could those existing relationships be strengthened?

Prayer Focus

Pray to have healthy relationships. Ask God to help restore any relationships that have been broken, and for the strength and wisdom to sever harmful ones.

Next Steps

Ask God to show you any relationships in your life that need to be restored. Take a small step towards reconciliation. Starting may be as simple as making a phone call.

Common Questions

Why do I need to forgive someone when they are the ones that wronged me?

In order to experience the fruit of our own forgiveness, we need to forgive others. Forgiving others allows us to overcome feelings of anger, bitterness, and revenge. Forgiveness can heal spiritual wounds and bring the peace and love that only God can give.

What do I tell people who knew the “old me”?

Just be honest. Your story of life change can have a tremendous impact on the people in your sphere of influence. You can tell them that God has changed you on the inside. Some people will understand, some won't. Remember 1 Corinthians 1:18, which says, “For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.”

Can I still be friends with people who aren't Christians?

Absolutely. God's light in you will be attractive, so don't be surprised if people are drawn to you - especially people who are far from God. Jesus had a wide range of friends and ministered to them on a daily basis just by being Himself.

- For More information see the LifeSwitch E-Zine Why Groups - www.bit.ly/LifeSwitch02

