Study Guide: John 6:25-59 - The Bread of Life

This study guide is designed to help you delve deeper into the themes of the sermon, encouraging both personal reflection and practical application. As you work through these questions, invite the Holy Spirit to guide your thoughts and actions toward greater alignment with Christ's teachings.

Read It

- John 6:25-59
- Isaiah 55:1-2
- Romans 4:5

Get Thinking

- Reflect on a time when you felt a deep longing or hunger in your life. What did you do to satisfy it?
- How do you currently understand Jesus' statement, "I am the bread of life"?

Dig In

- What is the significance of Jesus referring to Himself as the "bread of life" in John 6:35?
- How does the context of the feeding of the 5,000 (John 6:1-14) contribute to understanding this passage?
- Explore the repeated use of the word "bread" in John 6:25-59. What does this repetition emphasize?

Make It Real

- How does the concept of Jesus as the "bread of life" challenge or affirm your current beliefs about spiritual nourishment?
- Compare John 6:35 with Isaiah 55:1-2. What similarities and differences do you observe?
- What does Romans 4:5 suggest about the relationship between faith and works in the context of salvation?

Live It Out

- In what ways can you seek spiritual nourishment from Jesus in your daily life?
- Identify one area in your life where you might be "laboring for food that perishes" and plan a step to redirect your focus to eternal matters.
- How can you share the message of Jesus as the bread of life with someone in your community this week?

 Consider fasting from a physical meal this week. Use that time to meditate on Jesus as the source of your spiritual sustenance. What insights do you gain from this experience?