

# Study Guide: Puzzling Together Life With Jesus

## Reading

- Matthew 11:28-30
- Psalm 148
- John 1:35-39

## Warm Up

- Reflect on a time in your life when you felt overwhelmed or burdened. How did you seek rest or relief during that period?
- How do you currently incorporate spending time with Jesus into your daily routine? What challenges do you face?

## Scripture Exploration

- Read Matthew 11:28-30. What does Jesus promise to those who come to Him? How does this passage define His character?
- Examine Psalm 148. How is creation encouraged to praise the Lord? What elements of creation are mentioned, and how do they contribute to the theme of worship?
- In John 1:35-39, what invitation does Jesus extend to His first disciples? How does this invitation relate to the concept of following Jesus in everyday life?

## Personal Reflection

- What does it mean for Jesus to be a "gentle and humble" shepherd as described in Matthew 11:29? How does this understanding affect your relationship with Him?
- Consider the role of worship as described in Psalm 148. How does recognizing God as Creator influence your daily actions and attitudes?
- Reflect on the call to "come and see" in John 1:39. How does this invitation challenge your current understanding of discipleship?

## Personal Application

January 26, 2025

- Identify one practical way you can "come to Jesus" this week to find rest for your soul. What steps will you take to make this a regular practice?
- Think of a person in your community who might benefit from the rest and peace Jesus offers. How can you share this message with them?
- Plan a specific time each day this week to engage in prayer or Scripture reading. How will you ensure this time is protected and meaningful?
- Consider participating in a church activity or mission that aligns with your gifts and passions. How can you contribute to the community while growing in your faith?