

Sermon discussion questions

SERMON TITLE: Staying Healthy in Crisis:
A Fight for your Mind

SPEAKER: Pastor Steve Milazzo

DATE: May 24, 2020

KEY SCRIPTURE: 1 Thessalonians 5:23

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²³May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

OPENING QUESTIONS:

- What are you celebrating in your life this week?
- What's challenging you this week?

SCRIPTURE: Read the scripture out loud.

DISCUSSION QUESTIONS:

- What are some things that rage war for our minds and what emotions are the result of this war?

According to Romans 8:6, what must we do to have life and peace?

Transformation of life begins with the mind. How is this true?

According to Isaiah 26:3-4, how do we need to think so our feelings might change?

Are your thoughts faith-filled or are they fear-filled? Why is this so?

- What are you allowing to fester in your mind and how can you clean the thoughts in your mind?
- Is your mind set on things above? How can you nourish and give God your mind?

PRAYER: Take time to pray for one another. Pray that we would desire & pursue the healthy mind God wants for us. May we unlock the secret to happiness as we guard our minds from things that do not glorify God.