

Steadfastness: The Habit That Will Strengthen Your Heart

"The human heart is the most deceitful of all things and desperately wicked. Who really knows how bad it is?" (Jeremiah 17:9 NLT)

**If you want to change your LIFE, change your habits.
If you want to change your habits, let God change your HEART.**

"Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain. (1 Cor. 15:58)

Habits of a Healthy Heart

- | | | |
|----------------|------------------------|--------------|
| – Self-Exam | – Sharing | – Simplicity |
| – Godly Sorrow | – Steadfastness | – Solitude |

Four Habits that will _____ Your Heart.

Jonah, a cautionary tale.

- | | |
|----------------------------|--|
| 1. - Avoided Hard Things. | (Knew better than God) |
| 2. - Quit too Early. | (Throw me overboard) |
| 3. - Negative self-talk. | (Discouraged himself) |
| 4. - Blinded by prejudice. | (Rejected in God's mercy for the lost) |

Four Habits that Develop Spiritual G.R.I.T.

- | | |
|-------------------|----------------------|
| 1. <u>G</u> _____ | (2 Corinthians 12:9) |
| 2. <u>R</u> _____ | (Galatians 6:9) |
| 3. <u>I</u> _____ | (Proverbs 11:3) |
| 4. <u>T</u> _____ | (Proverbs 22:29) |

"Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain. 1 Corinthians 15:58 NLT

A steadfast heart enables me to **tap into God's:**

- **Grace** to sustain me in times of **AFFLICTION**.
- **Power** to strengthen me in times of **CONFLICT**.
- **Hope** that carries me in **times of UNCERTAINTY**

Talk it Over

1. What is the Holy Spirit speaking to you through today's message?
2. Read Jonah 1 – avoided hard things
What does this reveal about Jonah Character?
3. Read Jonah 2 – Quit too early (rather die)
What does this tells us about his motivation?
4. Read Jonah 3 – Focused on the negative talk
What does this reveal about his perspectives?
5. Read Jonah 4 – Disappointed in God outcome. (Ninevah could have been evangelized – changing their destiny, instead they returned to their former ways and became a byline in history.

Next Week

Habits of a Healthy Heart pt 5

Justin Klinger

UPCOMING EVENTS

JANUARY

TODAY
19

SMALL GROUP SUNDAY

SUNDAY
26

SMALL GROUP CYCLE BEGINS

FEBRUARY

SUNDAY
2

Growth Track Starts

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Small Groups

Life change happens in small groups!

Scan this QR code to see all the groups offered for this cycle!



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