

Jonah pt. 1

January 9, 2022

Hebrews 12:1

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

Lessons from a Reluctant Prophet

Jonah 1:1-17

Introduction

- Prophet = 2 Kings 14:25 - Jonah = Dove - Amattai = Truth - Nineveh = Enemy #1

1. God still _____

- Jonah 1:1 - Job 33:14-18 - Psalm 119:105

Join Manna's Daily Reading Plan

- Manna App - Invitation

2. God will often ask you to do things you don't _____ to do

- Jonah 1:2 - Obey = Reward - Disobey = Retribution

Big Questions	What is your heart _____?
	What is really at _____?

3. OUTREACH is HEARTBEAT of God

- Geneses 1:26-28 - Genesis 12:1-4 - Matthew 28:18-20

4. You can always find a boat sailing in the _____ direction.

- Jonah 1:3 - Jonah went _____ ... - Proverbs 17:25

5. God may send a storm to grab your _____.

- Jonah 1:4 - Exodus 20:5-6 - Jonah 1:8-10, 12

6. Jonah's worst nightmare was exactly what he _____.

- Jonah 1:15-17 - - Romans 8:35-39



Lessons from a Reluctant Prophet

Jonah Chapter 1

Discuss and Apply

Use the following questions to help you formulate age-appropriate questions to stimulate conversation that matter. Please share your ideas and experiences with us at connect@manna.church.

1. What is God asking you to do that you don't want to do? In what way are you running from God?
 2. What do you need to surrender and what attitudes do you need to change in order to be obedient to God? What steps will you take this week to be obedient?
 3. Pastor Tom described **Outreach as the Heartbeat of God**. How do the following passages illustrate this truth? Gen 1:26-28, Gen 12:1-4, Jonah 1:1 and Matt 28:18-20.
 4. Who or what is currently your Nineveh? With whom in your life have you refused to share God's message of mercy and grace? Are you withholding God's message because of fear, bitterness, judgment, or something else?
 5. Confess your disobedience to God and receive His grace to obey. Forgive your enemies and pray for them. Ask God to give you another opportunity to share His message of love and grace.
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Prayer

Father, thank you for your amazing grace. Thank you for defining my identity by Your love for me rather than the mistakes I've made. Please remove any lies I've believed about myself or others because of bad choices. I confess my disobedience and repent. I ask for Your help in receiving and extending Your forgiveness. Thank you for Your grace and power to obey.

At Manna We Believe

the Bible (the sixty-six books which form) the Old and New testaments as originally given are plenary (fully) inspired and free from all error in the whole and in the part. These books constitute (special revelation) the written word of God, the only infallible rule of faith and practice.