

Pursuing a Godly Life

Spiritual Disciplines

June 4, 2023

"...for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come."

1 Timothy 4:7-8 (ESV)

Big Idea: Pursuing a Godly Life benefits you now and will leave a legacy when you die.

How we should pursue a Godly Life

Prayer - _____

Practices for Effective Prayer:

1. Approach God with a humble heart and a spirit of reverence.
2. Pray regularly, both individually and corporately.
3. Pray with faith, believing that God hears and answers our prayers.
4. Practice different forms of prayer, such as intercession, thanksgiving, confession, and supplication.
5. Develop a consistent prayer life, incorporating scheduled prayer times and spontaneous conversations with God.

"Prayer is the natural out-gushing of our soul in communion with Jesus" ~Charles Spurgeon

Reading God's Word (Bible) - _____

Practices for Effective Bible Time:

1. Prioritize daily Bible reading, setting aside dedicated time for it.
2. Choose a study method that suits your learning style: verse-by-verse, topical, or devotional reading.
3. Engage with the text by taking notes, highlighting passages, or journaling.
4. Seek understanding by cross-referencing different passages, using concordances and commentaries, and participating in Bible studies.

Worship - _____

Practices for Effective Worship Time:

1. Engage in corporate worship by participating in church services and gatherings.
2. Cultivate a heart of gratitude, expressing thankfulness for God's grace, love, and faithfulness.
3. Seek to glorify God in all areas of life, treating everything we do as an act of worship.

It's Small Group Sunday – Join a Group in the Café' Lobby!

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Discuss and Apply

Use the following questions to help you formulate age-appropriate questions to stimulate meaningful conversations. Please share your ideas and experiences with us at connect@manna.church.

I promise to:

_____ **to a time of daily prayer** - Talk to God like a friend – John 15:15-17

_____ **God's Word** – Start with the Gospel of John and find the other “I am” statements – Psalm 119:11

_____ **a life of Worship** – Be obedient to what God calls you to do. – Romans 12:1

1. What steps can you take to develop a consistent prayer life that incorporates both scheduled prayer times and spontaneous conversations with God? How can you make prayer a priority in your daily routine?
 2. Consider your commitment to prayer, Bible reading, and worship. How are these practices shaping your relationship with God and impacting your daily life? Are there any adjustments or areas where you feel called to grow deeper in your connection with Him?
 3. How can you align your obedience to God's calling and His Word with your worship? What steps can you take to live a life of worship that glorifies God in all areas of your life?
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Prayer

Heavenly Father,

I commit to abiding in Christ, finding joy in His presence. I will pray regularly, with a humble heart and unwavering faith. In my daily Bible reading, I will seek understanding and will allow Your Word to transform me. I will worship You with a grateful heart, in all areas of my life. May my commitment deepen my relationship with You and bring glory to Your name.

In Jesus' name, Amen.

At Manna, We Believe...The Bible is the Handbook for Life!

The books that form the canon of the Old and New Testaments as originally given are plenary inspired and free from all error in the whole and part. These books constitute the written word of God, the only infallible rule of faith and practice.