

Be an Encourager

Hebrews 12:1 Therefore, since we are surrounded by such a huge **crowd of witnesses to the life of faith**, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

Big Idea: “Encouragement makes all the difference.”

TWO Lessons from Deborah...

✓ Be an _____; don't worry about who gets the _____.

— Judges 4:8 NLT

— Judges 4:14 NLT

✓ We need to be _____

— Judges 5:7 NLT

— Joshua 1:9 NLT

Being brave is not a _____; it is a _____.

We (I) can be brave because:

1. I _____ who I am

2. Heaven is my _____

— Philippians 3:20 NLT

— Ephesians 2:6 NLT

— 2Corinthians 5:20 NLT

3. God _____ all things to _____ for good

— Romans 8:26-29 NLT

Deborah: Be an Encourager

Discuss and Apply

Use the following questions to help you formulate age-appropriate questions to stimulate meaningful conversations. Please share your ideas and experiences with us at connect@manna.church.

1. Talk about a time when God used someone's encouragement to help you overcome an obstacle. What did they do to encourage you? Why was their encouragement effective?
 2. Discuss the concept of "everyday bravery." It takes bravery to forgive. Turning the other cheek requires bravery. What daily decisions are you facing in which you need to be brave? What will empower you to take those brave steps?
 3. Talk about the fact that God works all things together for good. How do you go about releasing fear and trusting God in your life? How can you choose joy during the unknown?
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Prayer

Heavenly Father, I pray for discernment to see the people around me who need encouragement, and I ask you Father to give me words of life to speak over them. Thank God for making your power and the forces of Heaven's armies available to me. Instill in me the courage to stand my ground and to take ground against the enemy. Thank you, Jesus, for working all things together for good.

In Jesus' name, Amen

At Manna, We Believe

Upon trusting Jesus as God and Savior, a person's life begins to change as God works in him and as he continues to submit to Him. The Christian life is marked by obedience to the Lord and the Bible. Believers should increasingly bear the fruit of the Spirit as listed in *Galatians* 5:22-23 and demonstrate faith through good works according to the gifts, talents, and abilities the Lord has provided.