

The Integrity Question

- **You** are not the only person **IMPACTED** by **your** decisions.
- Your **decisions** determine the **STORY** of your life.
- (Super-Power) **Ask** / Answer **Honestly** / Act with **Integrity**

Big Idea: Rigorous Honesty is the First Rule of Recovery

Question #1 INTEGRITY Question: Am I being _____ with myself... _____?

- **Proverbs 27:12**

The **WISE** see danger and **take refuge**, but the simple keep going and pay the penalty (stupid tax).

The human understanding when it has once adopted an opinion... draws all things else to support and agree with it. And though there be a greater number and weight of instances to be found on the other side, yet these it either neglects or despises, or else by some distinction sets aside and rejects.

— Sir Francis Bacon

- As soon as you start _____ you on anything, hit _____.

Kings Dumb and Dumber

- **2 Chronicles 36:12**

He did _____ in the eyes of the LORD his God and did not humble himself before Jeremiah the prophet, who spoke the word of the LORD.

- **Jeremiah 17:9**

The heart is **deceitful** above all things and beyond cure. Who can understand it?

- **Genesis 8:21b**

...every inclination of the human heart is **evil** ...

**** Rigorous _____ is the first rule of recovery.**

- **Jeremiah 17:10**

"I the LORD search the heart and examine the mind, to reward each person according to their conduct, according to what their deeds deserve."

Good Decision:

I will not **lie to** _____ even when the truth makes me feel **bad about** _____.

Best Decision:

Devotion to _____ is the place where the human heart is most _____.

The Integrity Question

Rigorous HONESTY is the first rule of recovery.

Discuss and Apply

Use the following questions to help you formulate age-appropriate questions to stimulate meaningful conversations. Please share your ideas and experiences with us at connect@manna.church.

1. If a sales associate in a retail establishment said to you the kinds of things, you say to yourself... when **selling** yourself... how would you **respond**?
2. Where do you struggle most telling yourself the truth? What are your **go-to justifications**?
3. Jesus said **knowing** the truth can set us **free** (John 8:32). But **acknowledging** what's true can be **terrifying**. Is it possible that **fear** of what you discover about yourself by being honest with yourself is an **obstacle** to the freedom you desire?

Prayer

Father,

I confess that I have been my own worst enemy. Selling myself on decisions that please and serve me. Today, I ask you to search my heart (Ps 139:23) and help us to respond honestly and deeply. Help me change courses (repent), deliver me from my own foolishness and redeem my life story. Help me to be painfully honest with myself and with you.

By faith Father, I receive your forgiveness and commit my heart to you, I want to be satisfied in and by YOU. Empower me to make wise decisions in the coming year.

In Jesus Name

At Manna Church, We believe

There is one living and true God, infinite in glory, wisdom, holiness, justice, power, and love, one in His essence but eternally substantial in three persons: Father, Son, and Holy Spirit.

We strive to provide “worship experiences” that impart and inspire a passionate pursuit of the Presence of God and make much of His glory.