



Communication: The Lifeblood of Your Marriage.

1. Marriage Maintains Itself Linguistically.

- Fighting for your marriage means fighting with your _____, not _____ your spouse.
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2. Healthy Communication Means You Talk It Out Before You Walk It Out.

- Genesis 2:15-25, Genesis 3:1-5
 - When we let little things get in between our communication, it _____ and brings _____ to our relationships.
 - When the enemy's lies start speaking into your life, _____.
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3. Silence In the Garden Led to a Mess in the Marriage.

- Genesis 3:6-7
 - The enemy doesn't need a _____ to attack your marriage—he just needs your _____.
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4. If you don't talk it through, you'll act it out.

- Genesis 3:8-15
 - Communication is the _____—and the way you speak...and when you speak determines if your marriage _____ or hemorrhages.
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5. Connection Breaks Down When Communication Breaks Off.

- What do we do practically?
 - Own _____ feelings.
 - Practice _____ listening
 - _____ when necessary
 - Communicate through _____, too! (Married folks!)
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Reflection and Discussion

1. Where in your relationships have you experienced the breakdown of communication, and how did it affect your connection?
 2. What are some practical ways you can “talk it out before you walk it out” in your current season of life?
 3. How can you recognize when silence is creating distance instead of peace in your relationship?
 4. In what areas do you need to stop communicating with the enemy’s lies and start communicating with God’s truth?
 5. Which of the practical tools—owning your feelings, reflective listening, apologizing, or physical affection—do you most need to grow in this week?
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Upcoming Events

May 25th, Clem Ferris – Fighting for your Family



*You were created to change the world -
Manna Church exists to help.*