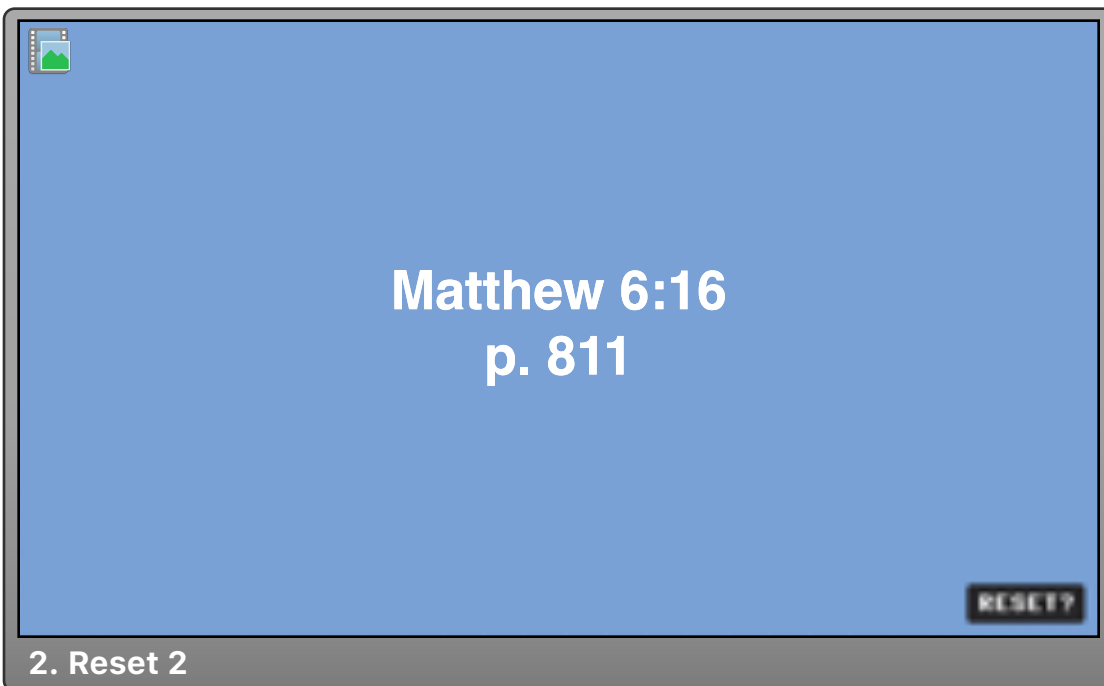





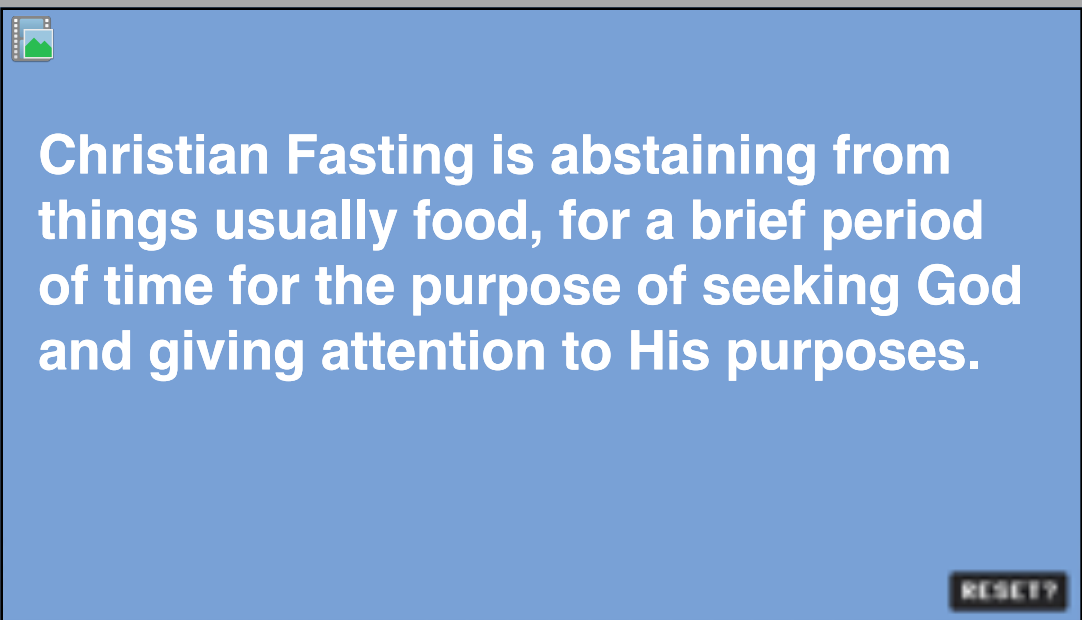
1. [Group]



2. Reset 2



3. Reset 2



Christian Fasting is abstaining from things usually food, for a brief period of time for the purpose of seeking God and giving attention to His purposes.

4. Reset 2



Matthew 6: 16 “**And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.**

¹⁷ But when you fast, anoint your head and wash your face, ¹⁸ that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

RESET?

5. Reset 2



FASTING IS NORMAL AND EXPECTED FOR THE FOLLOWER OF JESUS

RESET?

6. Reset 2



And Jesus said to them, “Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast.

Matthew 9:15

RESET?

7. Reset 2



FASTING IS NOT FLEXING SPIRITUALLY

RESET?

8. Reset 2



Matthew 6: 16 “**And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.**

¹⁷ But when you fast, anoint your head and wash your face, ¹⁸ that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

RESET?

9. Reset 2



**FASTING IS POINTED TOWARDS GOD
AS THE REWARD**

RESET?

10. Reset 2



Matthew 6: 16 “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.

¹⁷ But when you fast, anoint your head and wash your face, ¹⁸ that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

RESET?

11. Reset 2



Some Rewards from God for fasting

RESET?

12. Reset 2



Some Rewards from God for fasting

- Passion for God

RESET?

13. Reset 2



Some Rewards from God for fasting

- Passion for God
- Revelation of sin and power to forsake sin

RESET?

14. Reset 2



Some Rewards from God for fasting

- Passion for God
- Revelation of sin and power to forsake sin
- Hearing from God

RESET?

15. Reset 2



² While they were worshiping the Lord and fasting, the Holy Spirit said, “Set apart for me Barnabas and Saul for the work to which I have called them.”

Acts 13:2

RESET?

16. Reset 2



Some Rewards from God for fasting

- Passion for God
- Revelation of sin and power to forsake sin
- Hearing from God
- A move of the Spirit

RESET?

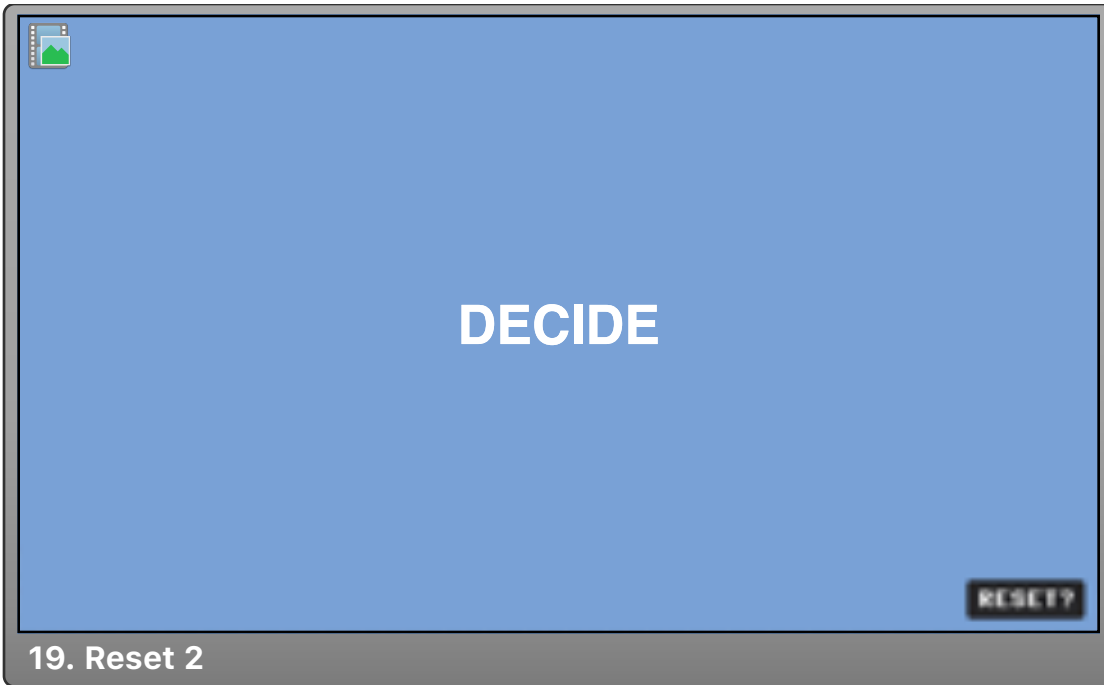
17. Reset 2



John Piper “A Hunger for God” – “There is an appetite for God. And it can be awakened. I invite you to turn from the dulling effects of food and the dangers of idolatry, and to say with some simple fast” ‘This much, O God, I want You.’”

RESET?

18. Reset 2

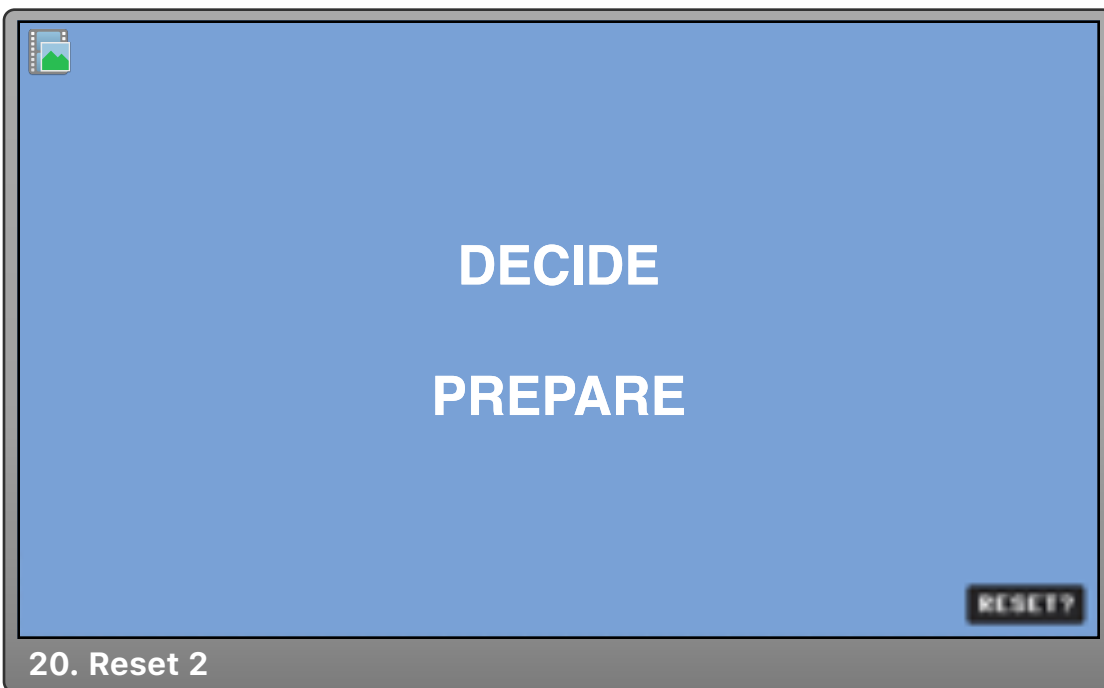


19. Reset 2

DECIDE

RESET?

This slide features a blue background with a small icon in the top-left corner. The word "DECIDE" is centered in white. A "RESET?" button is located in the bottom-right corner. The slide title "19. Reset 2" is positioned at the bottom left.



20. Reset 2

DECIDE

PREPARE

RESET?

This slide features a blue background with a small icon in the top-left corner. The words "DECIDE" and "PREPARE" are centered in white. A "RESET?" button is located in the bottom-right corner. The slide title "20. Reset 2" is positioned at the bottom left.



DECIDE
PREPARE
FAST

RESET?

21. Reset 2



“Pray for me as I fast during these 21 Days.”

RESET?

22.

